



LA FRANCE EN COURANT
36ème Tour du 19 Juillet au 2 août 2025
jeudi, 24 juillet 2025

5ème Etape

Etape de 188 Km OLRON St MARIE (64) CAZAUBON (32)

Dis-Part	km parcouru	km parcourus	Commune - Lieu Dit	Commune Traversée	ROUTE Suivie	Altitude	Heures de passages					
							16km/h	15km/h	14 km/h	13 km/h	12 km/h	
64-PYRENES-ATLANTIQUES												
0.0	188.0	0	Oloron-Sainte-Marie	Oloron-Sainte-Marie		415	03:00	03:00	03:00	03:00	03:00	
2.5	185.5	2.5	Rue NAVARROT		VC	230	03:09	03:10	03:10	03:11	03:12	
1.0	184.5	3.5	Estos	Estos	D9	220	03:13	03:14	03:15	03:16	03:17	
1.0	183.5	4.5	Ledeux	Ledeux	D9		03:16	03:18	03:19	03:20	03:22	
1.5	182.0	6.0	Inter D9 D110		D110	245	03:22	03:24	03:25	03:27	03:30	
	182.0	6.0		Verdets	D110	230	03:22	03:24	03:25	03:27	03:30	
9.0	173.0	15.0	Lucq-de-Béarn	Lucq-de-Béarn	D110	190	03:56	04:00	04:04	04:09	04:15	
1.5	171.5	16.5	Inter D110 D2		D2	267	04:01	04:06	04:10	04:16	04:22	
1.0	170.5	17.5	Inter D110 D2		D2	288	04:05	04:10	04:15	04:20	04:27	
2.5	168.0	20.0	Inter D2 Ch De Coustette	Monein	VC	250	04:15	04:20	04:25	04:32	04:40	
0.5	167.5	20.5	Int Ch du Moulin d'Ayres		VC	140	04:16	04:22	04:27	04:34	04:42	
2.0	165.5	22.5	Int Ch M D'Ayres D109		D109	145	04:24	04:30	04:36	04:43	04:52	
	165.5	22.5		Lucq-de-Béarn	D109	150	04:24	04:30	04:36	04:43	04:52	
	165.5	22.5		Monein	D109	160	04:24	04:30	04:36	04:43	04:52	
6.0	159.5	28.5	Cardesse	Cardesse	D9	180	04:46	04:54	05:02	05:11	05:22	
9.5	150.0	38.0	Monein	Monein	D9	145	05:22	05:32	05:42	05:55	06:10	
1.5	148.5	39.5	Inter D2 D9		D9	135	05:28	05:38	05:49	06:02	06:17	
3.5	145.0	43.0	Lahourcade	Lahourcade	D9	125	05:41	05:52	06:04	06:18	06:35	
2.0	143.0	45.0	Mourenx	Mourenx	D281	105	05:48	06:00	06:12	06:27	06:45	
2.5	140.5	47.5	Inter D281 D33		D33	103	05:58	06:10	06:23	06:39	06:57	
	140.5	47.5		Os-Marsillon	D33	102	05:58	06:10	06:23	06:39	06:57	
2.0	138.5	49.5	Abidos	Abidos	D33	93	06:05	06:18	06:32	06:48	07:07	
2.5	136.0	52.0	Int D33 D817	Lacq	D817		06:15	06:28	06:42	07:00	07:20	
1.0	135.0	53.0	Int D817 D31		D31	91	06:18	06:32	06:47	07:04	07:25	
2.0	133.0	55.0	Passage sur A64	Mont	D31	121	06:26	06:40	06:55	07:13	07:35	
4.5	128.5	59.5	Arthez-de-Béarn	Arthez-de-Béarn	D946	208	06:43	06:58	07:15	07:34	07:57	
2.5	126.0	62.0	Inter D946 D31		D31	122	06:52	07:08	07:25	07:46	08:10	
3.5	122.5	65.5	Inter D31 D945	Hagetaubin	D945	114	07:05	07:22	07:40	08:02	08:27	
4.0	118.5	69.5	Inter D945 D946	Morlanne	D946	126	07:20	07:38	07:57	08:20	08:47	
	118.5	69.5		Casteide-Candau	D946		07:20	07:38	07:57	08:20	08:47	
4.5	114.0	74.0	Morlanne	Morlanne	D946	170	07:37	07:56	08:17	08:41	09:10	
3.0	111.0	77.0	Inter D262 D945	Garos	D946	185	07:48	08:08	08:30	08:55	09:25	
	111.0	77.0		Piets-Plasence-Moustrou	D946		07:48	08:08	08:30	08:55	09:25	
5.0	106.0	82.0	Inter D270 D946	Louvigny	D946	100	08:07	08:28	08:51	09:18	09:50	
5.0	101.0	87.0	Arzacq-Arraziguet	Arzacq-Arraziguet	D944	233	08:26	08:48	09:12	09:41	10:15	
3.0	98.0	90.0	40 LANDES			D944	174	08:37	09:00	09:25	09:55	10:30
1.5	96.5	91.5	Inter D432 D944	Philondenx	D944	171	08:43	09:06	09:32	10:02	10:37	
2.0	94.5	93.5	Inter D449 D944	Lacajunte	D944	166	08:50	09:14	09:40	10:11	10:47	
	94.5	93.5		Arboucave	D944	157	08:50	09:14	09:40	10:11	10:47	
7.5	87.0	101.0	Samadet	Samadet	D944	126	09:18	09:44	10:12	10:46	11:25	
4.0	83.0	105.0	Aubagnan	Aubagnan	D944	134	09:33	10:00	10:30	11:04	11:45	
3.5	79.5	108.5	Coudures	Coudures	D944	100	09:46	10:14	10:45	11:20	12:02	
4.5	75.0	113.0	Eyres-Moncube	Eyres-Moncube	D944		10:03	10:32	11:04	11:41	12:25	
5.0	70.0	118.0	Saint-Sever	Saint-Sever	D944	100	10:22	10:52	11:25	12:04	12:50	
Départ de la 2ème demi étape												
0.0	70.0	118.0	Saint-Sever	Saint-Sever			11:30	11:30	11:30	11:30	11:30	
	70.0	118.0	Ch de Pouraille		VC		11:30	11:30	11:30	11:30	11:30	
	70.0	118.0	VC Alexis		VC		11:30	11:30	11:30	11:30	11:30	
4.5	65.5	122.5	Inter VC D25		D25	112	11:46	11:48	11:49	11:50	11:52	
2.5	63.0	125.0	Montsoué	Montsoué	D52	97	11:56	11:58	12:00	12:02	12:05	
1.5	61.5	126.5	Inter 52 D387	Montgaillard	D387	55	12:01	12:04	12:06	12:09	12:12	
3.5	58.0	130.0	Inter D387 D352		D352		12:15	12:18	12:21	12:25	12:30	
6.5	51.5	136.5	Larrivière-Saint-Savin	Larrivière-Saint-Savin	D11	55	12:39	12:44	12:49	12:55	13:02	
1.0	50.5	137.5	Grenade-sur-l'Adour	Grenade-sur-l'Adour	D11		12:43	12:48	12:53	13:00	13:07	
7.5	43.0	145.0	Maurrin	Maurrin	D11	101	13:11	13:18	13:25	13:34	13:45	
1.5	41.5	146.5	Int D11 D30 D11		D11	114	13:16	13:24	13:32	13:41	13:52	
3.0	38.5	149.5	Pas Inf A65	Pujo-le-Plan	D11		13:28	13:36	13:45	13:55	14:07	
4.0	34.5	153.5	Int D11 D934 D354	Villeneuve-de-Marsan	D354	90	13:43	13:52	14:02	14:13	14:27	
3.0	31.5	156.5	Perquie	Perquie	D354		13:54	14:04	14:15	14:27	14:42	
2.5	29.0	159.0	Arthez-d'Armagnac	Arthez-d'Armagnac	D354	95	14:03	14:14	14:25	14:39	14:55	
5.5	23.5	164.5	Inter D354 D11	Le Frêche	D11		14:24	14:36	14:49	15:04	15:22	
	23.5	164.5		Saint-Justin	D11		14:24	14:36	14:49	15:04	15:22	
6.0	17.5	170.5	Labastide-d'Armagnac	Labastide-d'Armagnac	D11	95	14:46	15:00	15:15	15:32	15:52	
2.0	15.5	172.5	Betbezer-d'Armagnac	Betbezer-d'Armagnac	D11	121	14:54	15:08	15:23	15:41	16:02	
1.5	14.0	174.0	Inter D11 D35	Saint-Julien-d'Armagnac	D35	134	15:00	15:14	15:30	15:48	16:10	
4.5	9.5	178.5	Créon-d'Armagnac	Créon-d'Armagnac	D51	150	15:16	15:32	15:49	16:09	16:32	
3.0	6.5	181.5	Lagrange	Lagrange	D51	112	15:28	15:44	16:02	16:23	16:47	
	6.5	181.5	32-GERS			D235	100	15:28	15:44	16:02	16:23	16:47
	6.5	181.5					15:28	15:44	16:02	16:23	16:47	
6.5	0.0	188.0	Cazaubon	Cazaubon			15:52	16:10	16:30	16:53	17:20	



LA FRANCE EN COURANT
36ème Tour du 19 Juillet au 2 août 2025
vendredi, 25 juillet 2025

6ème Etape

Etape de 192 Km

CAZAUBON (32) MONFLANQUIN (47)

Dis-Part	km	parcours	parcours	Commune - Lieu Dit	Commune Traversée	ROUTE	Altitude	Heures de passages						
								Suivie	16km/h	15km/h	14 km/h	13 km/h	12 km/h	
				9 GERS										
0.0	192.0	0		Cazaubon	Cazaubon	D626	140	03:00	03:00	03:00	03:00	03:00	03:00	
	192.0	0.0			40 LANDES									
	192.0	0.0			Labastide-d'Armagnac	D626		03:00	03:00	03:00	03:00	03:00	03:00	
	192.0	0.0			9 GERS									
4.0	188.0	4.0		Inter D33 D626	Monclar	D626	137	03:15	03:16	03:17	03:18	03:20		
	188.0	4.0			40 LANDES									
7.5	180.5	11.5		Labastide-d'Armagnac	Labastide-d'Armagnac	D11	95	03:43	03:46	03:49	03:53	03:57		
2.0	178.5	13.5		Betbezer-d'Armagnac	Betbezer-d'Armagnac	D11	100	03:50	03:54	03:57	04:02	04:07		
2.0	176.5	15.5		D11 D35	Saint-Julien-d'Armagnac	D35		03:58	04:02	04:06	04:11	04:17		
4.0	172.5	19.5		Créon-d'Armagnac	Créon-d'Armagnac	D51	150	04:13	04:18	04:23	04:30	04:37		
4.0	168.5	23.5		Inter D51 D933n > D323	Estigarde	D323	140	04:28	04:34	04:40	04:48	04:57		
5.5	163.0	29.0		Vielle-Soubiran	Vielle-Soubiran	VC		04:48	04:56	05:04	05:13	05:25		
7.0	156.0	36.0		VC S24										
4.0	152.0	40.0		Losse	N524 Piste	VC	145	05:30	05:40	05:51	06:04	06:20		
	152.0	40.0			47 LOT et GARONNE									
12.0	140.0	52.0		Allons	Allons	D433	122	06:15	06:28	06:42	07:00	07:20		
	140.0	52.0			33 GIRONDE									
7.0	133.0	59.0			Lartigue	D12e4	121	06:41	06:56	07:12	07:32	07:55		
2.0	131.0	61.0		Inter D12E4 D12E5		D12e5	108	06:48	07:04	07:21	07:41	08:05		
	131.0	61.0			47 LOT et GARONNE									
3.0	128.0	64.0		Inter D445 VC	Pindères	VC		07:00	07:16	07:34	07:55	08:20		
5.0	123.0	69.0		Sauméjan	Sauméjan	D 157	135	07:18	07:36	07:55	08:18	08:45		
4.5	118.5	73.5		Pindères VC Préjouans	Pindères	VC		07:35	07:54	08:15	08:39	09:07		
3.0	115.5	76.5		Ptéjouans	Beauziac	D291	116	07:46	08:06	08:27	08:53	09:22		
5.0	110.5	81.5		Casteljaloux	Casteljaloux	D261	70	08:05	08:26	08:49	09:16	09:47		
	110.5	81.5			La Réunion	D261	111	08:05	08:26	08:49	09:16	09:47		
	110.5	81.5			Anzex	D261	144	08:05	08:26	08:49	09:16	09:47		
10.0	100.5	91.5		Villefranche-du-Queyran	Villefranche-du-Queyran	D120	65	08:43	09:06	09:32	10:02	10:37		
	100.5	91.5			Leyritz-Moncassin	D120		08:43	09:06	09:32	10:02	10:37		
7.0	93.5	98.5		Inter D143 D120	Razimet	D120	51	09:09	09:34	10:02	10:34	11:12		
2.5	91.0	101.0		Inter D300 D120	Villeton	D120	28	09:18	09:44	10:12	10:46	11:25		
	91.0	101.0				D120		09:18	09:44	10:12	10:46	11:25		
	91.0	101.0						09:18	09:44	10:12	10:46	11:25		
5.0	86.0	106.0		Tonneins	Tonneins			09:37	10:04	10:34	11:09	11:50		
				Départ de la 2ème demi étape										
0.0	86.0	106.0		Tonneins	Tonneins	D120		10:15	10:15	10:15	10:15	10:15		
5.0	81.0	111.0		Varès	Varès	D120	48	10:33	10:35	10:36	10:38	10:40		
3.0	78.0	114.0		Inter D301 D120	Gratoloup-Saint-Gayrand	D120	44	10:45	10:47	10:49	10:51	10:55		
2.0	76.0	116.0		Inter D120 D299	Verteuil-d'Agenais	D299	48	10:52	10:55	10:57	11:01	11:05		
4.5	71.5	120.5		Hautesvignes	Hautesvignes	D299		11:09	11:13	11:17	11:21	11:27		
0.5	71.0	121.0		Inter D299 VC5 vers AGNE		VC	137	11:11	11:15	11:19	11:24	11:30		
	71.0	121.0			Labretonie			11:11	11:15	11:19	11:24	11:30		
4.0	67.0	125.0		Agmé	Agmé	D265	71	11:26	11:31	11:36	11:42	11:50		
4.0	63.0	129.0		Saint-Barthélemy-d'Agenais	Saint-Barthélemy-d'Agenais	D124	90	11:41	11:47	11:53	12:01	12:10		
6.0	57.0	135.0		Inter D124 D275	Tourtrès	D275		12:03	12:11	12:19	12:28	12:40		
1.0	56.0	136.0		Inter D667 D254	Tombebeœuf	D254	128	12:07	12:15	12:23	12:33	12:45		
	56.0	136.0			Villebramar			12:07	12:15	12:23	12:33	12:45		
1.0	55.0	137.0		Inter D275 D 254	Tombebeœuf	D254	127	12:11	12:19	12:27	12:38	12:50		
2.0	53.0	139.0		Inter D254 VC		VC		12:18	12:27	12:36	12:47	13:00		
3.0	50.0	142.0		Inter VC VC	Lavergne	VC		12:30	12:39	12:49	13:01	13:15		
1.5	48.5	143.5		Inter VC D266	Laperche	D266	121	12:35	12:45	12:55	13:08	13:22		
3.5	45.0	147.0		Inter D266 D227	Lavergne	D227		12:48	12:59	13:10	13:24	13:40		
1.0	44.0	148.0		La Mothe d'Alès		D227	85	12:52	13:03	13:15	13:28	13:45		
2.5	41.5	150.5		Montignac-de-Lauzun	Montignac-de-Lauzun	D227		13:01	13:13	13:25	13:40	13:57		
2.5	39.0	153.0		Inter D227 D254 D145	Monbahus	D145	134	13:11	13:23	13:36	13:51	14:10		
5.0	34.0	158.0		Monbahus		D145		13:30	13:43	13:57	14:15	14:35		
0.5	33.5	158.5		Inter D145 D241		D241	143	13:31	13:45	14:00	14:17	14:37		
	33.5	158.5			Monviel	D241		13:31	13:45	14:00	14:17	14:37		
	33.5	158.5			Moulinet	D241		13:31	13:45	14:00	14:17	14:37		
	33.5	158.5			Saint Maurice de lestapel	D241		13:31	13:45	14:00	14:17	14:37		
9.0	24.5	167.5		Lougratte	Lougratte	D218	135	14:05	14:21	14:38	14:58	15:22		
	24.5	167.5			Saint Etrope de Born	D218		14:05	14:21	14:38	14:58	15:22		
5.0	19.5	172.5		Montaut	Montaut	D218	155	14:24	14:41	15:00	15:21	15:47		
5.0	14.5	177.5		Inter D218 D2	Bournel	D2	99	14:43	15:01	15:21	15:45	16:12		
2.0	12.5	179.5		Villereal	Villereal	D676	80	14:50	15:09	15:30	15:54	16:22		
2.5	10.0	182.0		Inter D153 D676	Saint-Etienne-de-Villereal	D676	107	15:00	15:19	15:40	16:05	16:35		
	10.0	182.0			Laussou	D676		15:00	15:19	15:40	16:05	16:35		
	10.0	182.0			Saint Etrope de Born	D676		15:00	15:19	15:40	16:05	16:35		
10.0	0.0	192.0		Monflanquin	Monflanquin	D676	142	15:37	15:59	16:23	16:51	17:25		