



**LA FRANCE EN COURANT**  
36ème Tour du 19 Juillet au 2 août 2025  
vendredi, 25 juillet 2025

6ème Etape

Etape de 192 Km

CAZAUBON (32) MONFLANQUIN (47)

Dis-Part	km	parcours	parcours	Commune - Lieu Dit	Commune Traversée	ROUTE	Altitude	Heures de passages						
								Suivie	16km/h	15km/h	14 km/h	13 km/h	12 km/h	
				9 GERS										
0.0	192.0	0		Cazaubon	Cazaubon	D626	140	03:00	03:00	03:00	03:00	03:00	03:00	
	192.0	0.0			40 LANDES									
	192.0	0.0			Labastide-d'Armagnac	D626		03:00	03:00	03:00	03:00	03:00	03:00	
	192.0	0.0			9 GERS									
4.0	188.0	4.0		Inter D33 D626	Monclar	D626	137	03:15	03:16	03:17	03:18	03:20	03:20	
	188.0	4.0			40 LANDES									
7.5	180.5	11.5		Labastide-d'Armagnac	Labastide-d'Armagnac	D11	95	03:43	03:46	03:49	03:53	03:57	03:57	
2.0	178.5	13.5		Betbezer-d'Armagnac	Betbezer-d'Armagnac	D11	100	03:50	03:54	03:57	04:02	04:07	04:07	
2.0	176.5	15.5		D11 D35	Saint-Julien-d'Armagnac	D35		03:58	04:02	04:06	04:11	04:17	04:17	
4.0	172.5	19.5		Créon-d'Armagnac	Créon-d'Armagnac	D51	150	04:13	04:18	04:23	04:30	04:37	04:37	
4.0	168.5	23.5		Inter D51 D933n > D323	Estigarde	D323	140	04:28	04:34	04:40	04:48	04:57	04:57	
5.5	163.0	29.0		Vielle-Soubiran	Vielle-Soubiran	VC		04:48	04:56	05:04	05:13	05:25	05:25	
7.0	156.0	36.0		VC S24										
4.0	152.0	40.0		Losse	N524 Piste	VC	145	05:30	05:40	05:51	06:04	06:20	06:20	
	152.0	40.0			47 LOT et GARONNE									
12.0	140.0	52.0		Allons	Allons	D433	122	06:15	06:28	06:42	07:00	07:20	07:20	
	140.0	52.0			33 GIRONDE									
7.0	133.0	59.0			Lartigue	D12e4	121	06:41	06:56	07:12	07:32	07:55	07:55	
2.0	131.0	61.0		Inter D12E4 D12E5		D12e5	108	06:48	07:04	07:21	07:41	08:05	08:05	
	131.0	61.0			47 LOT et GARONNE									
3.0	128.0	64.0		Inter D445 VC	Pindères	VC		07:00	07:16	07:34	07:55	08:20	08:20	
5.0	123.0	69.0		Sauméjan	Sauméjan	D 157	135	07:18	07:36	07:55	08:18	08:45	08:45	
4.5	118.5	73.5		Pindères VC Préjouans	Pindères	VC		07:35	07:54	08:15	08:39	09:07	09:07	
3.0	115.5	76.5		Ptéjouans	Beauziac	D291	116	07:46	08:06	08:27	08:53	09:22	09:22	
5.0	110.5	81.5		Casteljaloux	Casteljaloux	D261	70	08:05	08:26	08:49	09:16	09:47	09:47	
	110.5	81.5			La Réunion	D261	111	08:05	08:26	08:49	09:16	09:47	09:47	
	110.5	81.5			Anzex	D261	144	08:05	08:26	08:49	09:16	09:47	09:47	
10.0	100.5	91.5		Villefranche-du-Queyran	Villefranche-du-Queyran	D120	65	08:43	09:06	09:32	10:02	10:37	10:37	
	100.5	91.5			Leyritz-Moncassin	D120		08:43	09:06	09:32	10:02	10:37	10:37	
7.0	93.5	98.5		Inter D143 D120	Razimet	D120	51	09:09	09:34	10:02	10:34	11:12	11:12	
2.5	91.0	101.0		Inter D300 D120	Villeton	D120	28	09:18	09:44	10:12	10:46	11:25	11:25	
	91.0	101.0				D120		09:18	09:44	10:12	10:46	11:25	11:25	
	91.0	101.0						09:18	09:44	10:12	10:46	11:25	11:25	
5.0	86.0	106.0		Tonneins	Tonneins			09:37	10:04	10:34	11:09	11:50	11:50	
				Départ de la 2ème demi étape										
0.0	86.0	106.0		Tonneins	Tonneins	D120		10:15	10:15	10:15	10:15	10:15	10:15	
5.0	81.0	111.0		Varès	Varès	D120	48	10:33	10:35	10:36	10:38	10:40	10:40	
3.0	78.0	114.0		Inter D301 D120	Gratoloup-Saint-Gayrand	D120	44	10:45	10:47	10:49	10:51	10:55	10:55	
2.0	76.0	116.0		Inter D120 D299	Verteuil-d'Agenais	D299	48	10:52	10:55	10:57	11:01	11:05	11:05	
4.5	71.5	120.5		Hautesvignes	Hautesvignes	D299		11:09	11:13	11:17	11:21	11:27	11:27	
0.5	71.0	121.0		Inter D299 VC5 vers AGNE		VC	137	11:11	11:15	11:19	11:24	11:30	11:30	
	71.0	121.0			Labretonie			11:11	11:15	11:19	11:24	11:30	11:30	
4.0	67.0	125.0		Agmé	Agmé	D265	71	11:26	11:31	11:36	11:42	11:50	11:50	
4.0	63.0	129.0		Saint-Barthélemy-d'Agenais	Saint-Barthélemy-d'Agenais	D124	90	11:41	11:47	11:53	12:01	12:10	12:10	
6.0	57.0	135.0		Inter D124 D275	Tourtrès	D275		12:03	12:11	12:19	12:28	12:40	12:40	
1.0	56.0	136.0		Inter D667 D254	Tombebeœuf	D254	128	12:07	12:15	12:23	12:33	12:45	12:45	
	56.0	136.0			Villebramar			12:07	12:15	12:23	12:33	12:45	12:45	
1.0	55.0	137.0		Inter D275 D 254	Tombebeœuf	D254	127	12:11	12:19	12:27	12:38	12:50	12:50	
2.0	53.0	139.0		Inter D254 VC		VC		12:18	12:27	12:36	12:47	13:00	13:00	
3.0	50.0	142.0		Inter VC VC	Lavergne	VC		12:30	12:39	12:49	13:01	13:15	13:15	
1.5	48.5	143.5		Inter VC D266	Laperche	D266	121	12:35	12:45	12:55	13:08	13:22	13:22	
3.5	45.0	147.0		Inter D266 D227	Lavergne	D227		12:48	12:59	13:10	13:24	13:40	13:40	
1.0	44.0	148.0		La Mothe d'Alès		D227	85	12:52	13:03	13:15	13:28	13:45	13:45	
2.5	41.5	150.5		Montignac-de-Lauzun	Montignac-de-Lauzun	D227		13:01	13:13	13:25	13:40	13:57	13:57	
2.5	39.0	153.0		Inter D227 D254 D145	Monbahus	D145	134	13:11	13:23	13:36	13:51	14:10	14:10	
5.0	34.0	158.0		Monbahus		D145		13:30	13:43	13:57	14:15	14:35	14:35	
0.5	33.5	158.5		Inter D145 D241		D241	143	13:31	13:45	14:00	14:17	14:37	14:37	
	33.5	158.5			Monviel	D241		13:31	13:45	14:00	14:17	14:37	14:37	
	33.5	158.5			Moulinet	D241		13:31	13:45	14:00	14:17	14:37	14:37	
	33.5	158.5			Saint Maurice de lestapel	D241		13:31	13:45	14:00	14:17	14:37	14:37	
9.0	24.5	167.5		Lougratte	Lougratte	D218	135	14:05	14:21	14:38	14:58	15:22	15:22	
	24.5	167.5			Saint Eutrope de Born	D218		14:05	14:21	14:38	14:58	15:22	15:22	
5.0	19.5	172.5		Montaut	Montaut	D218	155	14:24	14:41	15:00	15:21	15:47	15:47	
5.0	14.5	177.5		Inter D218 D2	Bournel	D2	99	14:43	15:01	15:21	15:45	16:12	16:12	
2.0	12.5	179.5		Villereal	Villereal	D676	80	14:50	15:09	15:30	15:54	16:22	16:22	
2.5	10.0	182.0		Inter D153 D676	Saint-Etienne-de-Villereal	D676	107	15:00	15:19	15:40	16:05	16:35	16:35	
	10.0	182.0			Laussou	D676		15:00	15:19	15:40	16:05	16:35	16:35	
	10.0	182.0			Saint Eutrope de Born	D676		15:00	15:19	15:40	16:05	16:35	16:35	
10.0	0.0	192.0		Monflanquin	Monflanquin	D676	142	15:37	15:59	16:23	16:51	17:25	17:25	



**LA FRANCE EN COURANT**  
36ème Tour du 19 Juillet au 2 août 2025  
samedi, 26 juillet 2025  
7ème Etape

Etape de		194	Km	MONFLANQUIN (47) BARBEZIEUX-ST-HILAIRE (16)				Heures de passages				
Dis-Part	km	parcou	arcours	Commune - Lieu Dit	Commune Traversée	ROUTE	Altitude	16km/h	15km/h	14 km/h	13 km/h	12 km/h
						Suivie						
<b>47 LOT et GARONNE</b>												
0.0	194.0	0		Monflanquin	Monflanquin	D257	142	03:00	03:00	03:00	03:00	03:00
7.5	186.5	7.5		Inter D257 D153	Saint-Eutrope-de-Born	D153	95	03:28	03:30	03:32	03:34	03:37
2.0	184.5	9.5		Inter D153 D257		D257	106	03:35	03:38	03:40	03:43	03:47
5.0	179.5	14.5		Montaut	Montaut	D257	155	03:54	03:58	04:02	04:06	04:12
	179.5	14.5			Bournel	D257		03:54	03:58	04:02	04:06	04:12
4.5	175.0	19.0		Ferrensac	Ferrensac	D257	79	04:11	04:16	04:21	04:27	04:35
1.0	174.0	20.0		Inter D 257 D2	Castillonès	D2	79	04:15	04:20	04:25	04:32	04:40
2.5	171.5	22.5		Castillonès		D254	130	04:24	04:30	04:36	04:43	04:52
	171.5	22.5			Douzains	D254		04:24	04:30	04:36	04:43	04:52
7.5	164.0	30.0		Sérignac-Péboudou	Sérignac-Péboudou	D254	122	04:52	05:00	05:08	05:18	05:30
3.5	160.5	33.5		Inter D429	Ségalas	D254	116	05:05	05:14	05:23	05:34	05:47
	160.5	33.5			Saint-Colomb-de-Lauzun	D254		05:05	05:14	05:23	05:34	05:47
2.5	158.0	36.0		Salabès	Montignac-de-Lauzun	D145	121	05:15	05:24	05:34	05:46	06:00
1.0	157.0	37.0		Inter D145 D227		D227	122	05:18	05:28	05:38	05:50	06:05
	157.0	37.0			Monbahus	D227		05:18	05:28	05:38	05:50	06:05
3.0	154.0	40.0		Montignac-de-Lauzun	Montignac-de-Lauzun	D227	85	05:30	05:40	05:51	06:04	06:20
5.0	149.0	45.0		Lavergne	Lavergne	D227	83	05:48	06:00	06:12	06:27	06:45
1.0	148.0	46.0		Inter D227 VC Rt de BOURGOUNGAQUE		VC	61	05:52	06:04	06:17	06:32	06:50
3.0	145.0	49.0		Inter D1 VC 501	Bourgougnague	VC	124	06:03	06:16	06:30	06:46	07:05
	145.0	49.0		Inter D933 D19	Agnac	D19		06:03	06:16	06:30	06:46	07:05
8.0	137.0	57.0		Inter D19 D25	La Sauvetat-du-Dropt	D25	45	06:33	06:48	07:04	07:23	07:45
1.5	135.5	58.5		Inter D25 VC RT du LAC		VC	44	06:39	06:54	07:10	07:30	07:52
1.5	134.0	60.0		Le ROUBINEAU	Soumensac	VC	83	06:45	07:00	07:17	07:36	08:00
1	133.0	61.0		Inter VC Rte Des Oruniers		VC		06:48	07:04	07:21	07:41	08:05
4.5	128.5	65.5		Inter VC Rte Ste EULALIE		VC	100	07:05	07:22	07:40	08:02	08:27
<b>24 DORDOGNE</b>												
0.5	128.0	66.0		Inter VC Rte des Bergeries	Saint-Julien-Innocence-Eulalie		95	07:07	07:24	07:42	08:04	08:30
	128.0	66.0						07:07	07:24	07:42	08:04	08:30
<b>47 LOT et GARONNE</b>												
3.0	125.0	69.0		Rte de La Foret D17	Loubès-Bernac	D17	140	07:18	07:36	07:55	08:18	08:45
0.5	124.5	69.5		Bernac		VC	160	07:20	07:38	07:57	08:20	08:47
	124.5	69.5			Saint-Astier	D313		07:20	07:38	07:57	08:20	08:47
3.0	121.5	72.5		Loubès-Bernac		D313	160	07:31	07:50	08:10	08:34	09:02
3.5	118.0	76.0		<b>24 DORDOGNE</b>				07:45	08:04	08:25	08:50	09:20
	118.0	76.0			Thénac	D18	85	07:45	08:04	08:25	08:50	09:20
2.0	116.0	78.0		Couture	Monestier	D18	100	07:52	08:12	08:34	09:00	09:30
	116.0	78.0			Razac-de-Saussignac	D18	42	07:52	08:12	08:34	09:00	09:30
	116.0	78.0		<b>33 GIRONDE</b>				07:52	08:12	08:34	09:00	09:30
9.0	107.0	87.0		Saint-Philippe-du-Seignal	St-Philippe-du-Seignal	D130e9	25	08:26	08:48	09:12	09:41	10:15
	107.0	87.0			Pineuilh			08:26	08:48	09:12	09:41	10:15
1.5	105.5	88.5		InteD D936 D130e9	Saint-Avit-Saint-Nazaire	D130e9	22	08:31	08:54	09:19	09:48	10:22
1.0	104.5	89.5		Saint-Avit-Saint-Nazaire		D130e9	20	08:35	08:58	09:23	09:53	10:27
	104.5	89.5		<b>24 DORDOGNE</b>				08:35	08:58	09:23	09:53	10:27
3.5	101.0	93.0		Le Fleix	Le Fleix	D32	20	08:48	09:12	09:38	10:09	10:45
	101.0	93.0			Port-Sainte-Foy-et-Ponchapt	D32	124	08:48	09:12	09:38	10:09	10:45
7.0	94.0	100.0		Saint-Méard-de-Gurçon	Saint-Méard-de-Gurçon	D32	60	09:15	09:40	10:08	10:41	11:20
	94.0	100.0			Saint-Martin-de-Gurson	D32		09:15	09:40	10:08	10:41	11:20
	94.0	100.0			Carsac-de-Gurson	D32	82	09:15	09:40	10:08	10:41	11:20
12.0	82.0	112.0		Villefranche-de-Lonchat	Villefranche-de-Lonchat	D32	100	10:00	10:28	11:00	11:36	12:20
	82.0	112.0		<b>Départ de la 2ème demi-étape</b>								
0.0	82.0	112.0		Villefranche-de-Lonchat	Villefranche-de-Lonchat	D10		10:45	10:45	10:45	10:45	10:45
3.5	78.5	115.5		Minzac		D10e1	51	10:58	10:59	11:00	11:01	11:02
	78.5	115.5			Moulin-Neuf	D10e1		10:58	10:59	11:00	11:01	11:02
	78.5	115.5		<b>33 GIRONDE</b>				10:58	10:59	11:00	11:01	11:02
4.5	74.0	120.0		Inter D1089 D10e1	Gours	D10e1	24	11:15	11:17	11:19	11:21	11:25
1.5	72.5	121.5		Saint-Antoine-sur-l'Isle	Saint-Antoine-sur-l'Isle	D121	32	11:20	11:23	11:25	11:28	11:32
	72.5	121.5			Porchères	D121		11:20	11:23	11:25	11:28	11:32
5.0	67.5	126.5		Inter D123 D121	Saint-Christophe-de-Double	D121	84	11:39	11:43	11:47	11:51	11:57
2.5	65.0	129.0		Saint-Christophe-de-Double		D121	94	11:48	11:53	11:57	12:03	12:10
	65.0	129.0		<b>24 DORDOGNE</b>				11:48	11:53	11:57	12:03	12:10
8.5	56.5	137.5		La Roche-Chalais	La Roche-Chalais	D730	50	12:20	12:27	12:34	12:42	12:52
	56.5	137.5		<b>17 CHARENTE MARITIME</b>				12:20	12:27	12:34	12:42	12:52
2.5	54.0	140.0		Saint-Aigulin	Saint-Aigulin	D142	30	12:30	12:37	12:45	12:54	13:05
7.0	47.0	147.0		Boscammant	Boscammant	D142	90	12:56	13:05	13:15	13:26	13:40
	47.0	147.0			La Genétouze	D142		12:56	13:05	13:15	13:26	13:40
	47.0	147.0			Le Fouilloux	D142		12:56	13:05	13:15	13:26	13:40
8.0	39.0	155.0		MARTRON	Bosse-et-Martron	D142	55	13:26	13:37	13:49	14:03	14:20
4.5	34.5	159.5		Inter D156 D142	Neuviceq			13:43	13:55	14:08	14:24	14:42
	34.5	159.5			Saint-Palais-de-Négrignac			13:43	13:55	14:08	14:24	14:42
5.0	29.5	164.5		Inter D142 VC	Chevanceaux	VC	80	14:01	14:15	14:30	14:47	15:07
	29.5	164.5		CHEZ PANAUD		VC		14:01	14:15	14:30	14:47	15:07
	29.5	164.5		<b>16 CHARENTE</b>				14:01	14:15	14:30	14:47	15:07
4.5	25.0	169.0		Bors De Baignes	Bors	D132	120	14:18	14:33	14:49	15:08	15:30
3.0	22.0	172.0		PS N10	Baignes-Sainte-Radegonde	D132	135	14:30	14:45	15:02	15:21	15:45
5.0	17.0	177.0		Baignes-Sainte-Radegonde				14:48	15:05	15:23	15:45	16:10
	17.0	177.0			Touvérac	D14		14:48	15:05	15:23	15:45	16:10
	17.0	177.0			Le Tâtre			14:48	15:05	15:23	15:45	16:10
7.5	9.5	184.5		Inter D14 D46	Reignac	D46	105	15:16	15:35	15:55	16:19	16:47
2.0	7.5	186.5		Inter D731 D46		D46	87	15:24	15:43	16:04	16:28	16:57
2.0	5.5	188.5		Inter D46 D191	Salles-de-Barbezieux	D191		15:31	15:51	16:12	16:38	17:07
	5.5	188.5		Inter D191 D24		D24	62	15:31	15:51	16:12	16:38	17:07
3.5	2.0	192.0		Inter D24 D5	Barbezieux-Saint-Hilaire	D5		15:45	16:05	16:27	16:54	17:25
2.0	0.0	194.0		Barbezieux-Saint-Hilaire			90	15:52	16:13	16:36	17:03	17:35