



LA FRANCE EN COURANT
36ème Tour du 19 Juillet au 2 août 2025
dimanche, 27 juillet 2025
8ème Etape

Etape de		194	Km	BARBEZIEUX-ST-HILAIRE (16) XANTON-CHASSENON (85)			Heures de passages						
Dis-Part	km	parcouru	parcours	Commune - Lieu Dit	Commune Traversée	ROUTE	Altitude	16km/h	15km/h	14 km/h	13 km/h	12 km/h	
16 CHARENTE													
0.0	194.0	0		Barbezieux-Saint-Hilaire	Barbezieux-Saint-Hilaire	D1	90	03:00	03:00	03:00	03:00	03:00	
4.5	189.5	4.5		Intere D126 D1	Saint-Médard	D1	50	03:16	03:18	03:19	03:20	03:22	
4.0	185.5	8.5		Inter D420 D153 D1	Bellevigne	D1	102	03:31	03:34	03:36	03:39	03:42	
2.5	183.0	11.0		Inter D1 D699	Lignières-Ambleville	D699	71	03:41	03:44	03:47	03:50	03:55	
1.0	182.0	12.0		Lignières-Ambleville		D699	54	03:45	03:48	03:51	03:55	04:00	
5.5	176.5	17.5		Inter D699 D151	Criteuil-la-Magdeleine	D151	31	04:05	04:10	04:15	04:20	04:27	
2.5	174.0	20.0		Inter D418 D151	Verrières	D151	28	04:15	04:20	04:25	04:32	04:40	
4.5	169.5	24.5		Saint-Fort-sur-le-Né	Saint-Fort-sur-le-Né	D151	22	04:31	04:38	04:45	04:53	05:02	
2.5	167.0	27.0		Angle Inter D151 D52	Salles-d'Angles	D52	19	04:41	04:48	04:55	05:04	05:15	
167.0	27.0			17 CHARENTE MARITME			D52		04:41	04:48	04:55	05:04	05:15
2.0	165.0	29.0		Germignac	Germignac	D128	24	04:48	04:56	05:04	05:13	05:25	
2.0	163.0	31.0		Saint-Martial-sur-Né	Saint-Martial-sur-Né	D128	30	04:56	05:04	05:12	05:23	05:35	
3.0	160.0	34.0		Lonzac	Lonzac	D128	37	05:07	05:16	05:25	05:36	05:50	
160.0	34.0				Celles	D128		05:07	05:16	05:25	05:36	05:50	
3.5	156.5	37.5		Coulonges	Coulonges	D128	24	05:20	05:30	05:40	05:53	06:07	
4.0	152.5	41.5			Pérignac	D232e1	42	05:35	05:46	05:57	06:11	06:27	
4.5	148.0	46.0		Saint-Seurin-de-Palenne	Saint-Seurin-de-Palenne	D232e1	20	05:52	06:04	06:17	06:32	06:50	
1.0	147.0	47.0		Inter D232e1 D134		D134		05:56	06:08	06:21	06:36	06:55	
147.0	47.0			Inter D136 D134	Montils	D134	19	05:56	06:08	06:21	06:36	06:55	
8.0	139.0	55.0		Inter D128 D134	Saint-Sever-de-Saintonge	D134	8	06:26	06:40	06:55	07:13	07:35	
2.0	137.0	57.0		D134 D24 D134	Chaniers	D134	9	06:33	06:48	07:04	07:23	07:45	
3.0	134.0	60.0		Section D134 N141 D134 Neutralisé					06:45	07:00	07:17	07:36	08:00
1.5	132.5	61.5		Saint-Sauvant	Saint-Sauvant	D134	20	06:50	07:06	07:23	07:43	08:07	
1.5	131.0	63.0		Saint-Césaire	Saint-Césaire			06:56	07:12	07:30	07:50	08:15	
2.0	129.0	65.0		Inter D134 D129e3		D129e3	39	07:03	07:20	07:38	08:00	08:25	
129.0	65.0				Saint-Bris-des-Bois	D129e3		07:03	07:20	07:38	08:00	08:25	
4.0	125.0	69.0		Inter D129 D129e2	Vénérand	D129e3	93	07:18	07:36	07:55	08:18	08:45	
125.0	69.0				Écoveux	D129e3		07:18	07:36	07:55	08:18	08:45	
2.5	122.5	71.5		Vénérand	Inter D150 D129e2	D129e2	73	07:28	07:46	08:06	08:30	08:57	
122.5	71.5				Le Douhet	D129*e2		07:28	07:46	08:06	08:30	08:57	
5.5	117.0	77.0		Inter D129e2 VC vers D127	Saint-Vaize	VC	27	07:48	08:08	08:30	08:55	09:25	
117.0	77.0			Inter D 231 D127	Taillebourg	D127	25	07:48	08:08	08:30	08:55	09:25	
4.5	112.5	81.5		Annepont	Annepont	D127	20	08:05	08:26	08:49	09:16	09:47	
3.0	109.5	84.5		CD124 CD230	Grandjean	D 230	47	08:16	08:38	09:02	09:30	10:02	
1.0	108.5	85.5		Grandjean		D230	13	08:20	08:42	09:06	09:34	10:07	
0.5	108.0	86.0		D127e3 VC vers Fenioux		VC		08:22	08:44	09:08	09:36	10:10	
1.5	106.5	87.5		Fenioux	Fenioux	VC	58	08:28	08:50	09:15	09:43	10:17	
0.5	106.0	88.0		Inter VC D127		D127	58	08:30	08:52	09:17	09:46	10:20	
3.5	102.5	91.5		Mazeray	Mazeray	D127		08:43	09:06	09:32	10:02	10:37	
102.5	91.5					D739e		08:43	09:06	09:32	10:02	10:37	
4.5	98.0	96.0		Faubourg Taillebourg	Saint-Jean-d'Angély		17	09:00	09:24	09:51	10:23	11:00	
1.0	97.0	97.0		Saint-Jean-d'Angély	Saint-Jean-d'Angély			09:03	09:28	09:55	10:27	11:05	
Départ de la 2ème demi étape													
0.0	97.0	97.0		R Jean Moulin J Richard	Saint-Jean-d'Angély	D939		09:30	09:30	09:30	09:30	09:30	
4.0	93.0	101.0		Inter D939 D120	La Vergne	D120	23	09:45	09:46	09:47	09:48	09:50	
6.0	87.0	107.0		La Benatre	Essouvert	D120	70	10:07	10:10	10:12	10:16	10:20	
3.0	84.0	110.0		Courant	Courant	D120	56	10:18	10:22	10:25	10:30	10:35	
2.5	81.5	112.5		Inter D120 D119e1	Bernay-Saint-Martin	D119e1	31	10:28	10:32	10:36	10:41	10:47	
2.5	79.0	115.0		Bernay-Saint-Martin		D119	25	10:37	10:42	10:47	10:53	11:00	
1.5	77.5	116.5		Inter D119 VC Vers Parança		VC		10:43	10:48	10:53	11:00	11:07	
1.0	76.5	117.5		Parança		D107e3	21	10:46	10:52	10:57	11:04	11:12	
76.5	117.5				Puyrolland	D107e3		10:46	10:52	10:57	11:04	11:12	
1.5	75.0	119.0		Inter D107e3 D107		D107	18	10:52	10:58	11:04	11:11	11:20	
75.0	119.0				Breuil-la-Réorte	D107		10:52	10:58	11:04	11:11	11:20	
4.5	70.5	123.5		Chervette	La Devise	D107		11:09	11:16	11:23	11:32	11:42	
4.5	66.0	128.0		Vandré		D107	20	11:26	11:34	11:42	11:53	12:05	
3.0	63.0	131.0		Inter D911 D107	Saint-Pierre-La-Noue	D107	20	11:37	11:46	11:55	12:06	12:20	
0.5	62.5	131.5		Saint Germain de Marecennes		D107		11:39	11:48	11:57	12:09	12:22	
3.0	59.5	134.5		Péré		D209		11:50	12:00	12:10	12:23	12:37	
1.5	58.0	136.0		Inter D117 D209 VC	Chambon	VC		11:56	12:06	12:17	12:30	12:45	
1.0	57.0	137.0		Le Cher		D208		12:00	12:10	12:21	12:34	12:50	
1.5	55.5	138.5		Les Egaux de Chambon		VC		12:05	12:16	12:27	12:41	12:57	
3.5	52.0	142.0		La Maissonette	Forges	VC		12:18	12:30	12:42	12:57	13:15	
52.0	142.0				Le Thou			12:18	12:30	12:42	12:57	13:15	
1.0	51.0	143.0		VC D112		D112		12:22	12:34	12:47	13:02	13:20	
1.0	50.0	144.0		Puydrouard	Forges	D739d		12:26	12:38	12:51	13:06	13:25	
1.0	49.0	145.0		Inter D939 D939d D112	Aigrefeuille-d'Aunis	D112		12:30	12:42	12:55	13:11	13:30	
2.0	47.0	147.0		Aigrefeuille-d'Aunis		D113		12:37	12:50	13:04	13:20	13:40	
3.5	43.5	150.5			Saint-Christophe			12:50	13:04	13:19	13:36	13:57	
0.5	43.0	151.0			Virson	D108		12:52	13:06	13:21	13:39	14:00	
2.0	41.0	153.0		Inter D108 D107 Les Haies		D116		13:00	13:14	13:30	13:48	14:10	
3.0	38.0	156.0		Bouhet	Bouhet	D116		13:11	13:26	13:42	14:02	14:25	
1.5	36.5	157.5		Inter D115 D116		D116		13:16	13:32	13:49	14:09	14:32	
4.0	32.5	161.5		Benon	Benon	D116		13:31	13:48	14:06	14:27	14:52	
5.0	27.5	166.5		Courçon	Courçon	D116		13:50	14:08	14:27	14:50	15:17	
4.5	23.0	171.0		Margot	Saint-Cyr-du-Doret	D116		14:07	14:26	14:47	15:11	15:40	
2.5	20.5	173.5		La Ronde	La Ronde	D116		14:16	14:36	14:57	15:23	15:52	
20.5	173.5			85 VENDEE			D151		14:16	14:36	14:57	15:23	15:52
5.5	15.0	179.0		Inter D25 D15	Maillezais	D15		14:37	14:58	15:21	15:48	16:20	
5.5	9.5	184.5		Maillezais	Maillezais	D15		14:58	15:20	15:45	16:13	16:47	
1.0	8.5	185.5		La Porte de l'Ile	Saint-Pierre-le-Vieux	D15		15:01	15:24	15:49	16:18	16:52	
4.0	4.5	189.5		Inter D148 D15	Rives-d'Autise	D15		15:16	15:40	16:06	16:36	17:12	
4.5	0.0	194.0		Xanton-Chassenon	Xanton-Chassenon			15:33	15:58	16:25	16:57	17:35	



LA FRANCE EN COURANT
36ème Tour du 19 Juillet au 2 août 2025
lundi, 28 juillet 2025

9ème Etape

Etape de 191 Km XANTON-CHASSENON (85) BRISSAC-LOIRE-AUBANCE (49)

Dis-Part	km	parcouru	parcours	Commune - Lieu Dit	Commune Traversée	ROUTE	Altitude	Heures de passages				
								Suivie	16km/h	15km/h	14 km/h	13 km/h
85 VENDEE												
0.0	191.0	0		Saint-Hilaire-des-Loges	Saint-Hilaire-des-Loges	D15	48	03:00	03:00	03:00	03:00	03:00
3.5	187.5	3.5		Xanton-Chassenon	Xanton-Chassenon	D104	21	03:13	03:14	03:15	03:16	03:17
5.5	182.0	9.0		Saint-Michel-le-Cloucq	Saint-Michel-le-Cloucq	D104		03:33	03:36	03:38	03:41	03:45
2.0	180.0	11.0		Inter D104 D65	L'Orbrie	D65	99	03:41	03:44	03:47	03:50	03:55
2.5	177.5	13.5		Inter D65 D116	Mervent	D116	90	03:50	03:54	03:57	04:02	04:07
2.0	175.5	15.5		Inter D116 D99		D99	39	03:58	04:02	04:06	04:11	04:17
0.5	175.0	16.0		Mervent		D99	72	04:00	04:04	04:08	04:13	04:20
	175.0	16.0			Pissotte	D99	80	04:00	04:04	04:08	04:13	04:20
	175.0	16.0			Sérigné			04:00	04:04	04:08	04:13	04:20
4.0	171.0	20.0		Int D938t D99	Bourneau	D99	88	04:15	04:20	04:25	04:32	04:40
2.0	169.0	22.0		Bourneau		D99	90	04:22	04:28	04:34	04:41	04:50
2.0	167.0	24.0		Borseguin	Bourneau	D110	108	04:30	04:36	04:42	04:50	05:00
3.0	164.0	27.0		Inter D63 D110	Saint-Cyr-des-Gâts	D110	126	04:41	04:48	04:55	05:04	05:15
4.5	159.5	31.5		Inter D110 D31	Rives-du-Fougerais	D31	80	04:58	05:06	05:15	05:25	05:37
2.0	157.5	33.5		Thouarsais Bouildroux		D39	75	05:05	05:14	05:23	05:34	05:47
3.0	154.5	36.5		Inter D39 D8	Bazoges-en-Pareds	D8	90	05:16	05:26	05:36	05:48	06:02
5.0	149.5	41.5		Mouilleron-Saint-Germain	Mouilleron-en Pareds	D89		05:35	05:46	05:57	06:11	06:27
0.5	149.0	42.0		Inter D949b D89		D89	110	05:37	05:48	06:00	06:13	06:30
2.0	147.0	44.0		Int D114 D89	Tallud-Sainte-Gemme	D89	120	05:45	05:56	06:08	06:23	06:40
5.0	142.0	49.0		Chavagnes-les-Redoux	Chavagnes-les-Redoux	D23	99	06:03	06:16	06:30	06:46	07:05
4.0	138.0	53.0		Monsireigne	Monsireigne	D23	99	06:18	06:32	06:47	07:04	07:25
2.0	136.0	55.0		D25 D960b D25	Saint-Prouant		100	06:26	06:40	06:55	07:13	07:35
0.5	135.5	55.5		Int D25 D26		D26		06:28	06:42	06:57	07:16	07:37
5.0	130.5	60.5		Le Boupère	Le Boupère	D79	140	06:46	07:02	07:19	07:39	08:02
6.5	124.0	67.0		Inter D755 D79	Sèvremont	D79		07:11	07:28	07:47	08:09	08:35
1.0	123.0	68.0		Saint-Mars-la-Réorthe	Saint-Mars-la-Réorthe	D79	140	07:15	07:32	07:51	08:13	08:40
4.0	119.0	72.0		Les Epesses	Les Epesses	D11	190	07:30	07:48	08:08	08:32	09:00
4.0	115.0	76.0		Inter D11 D72		D72	140	07:45	08:04	08:25	08:50	09:20
3.5	111.5	79.5		Saint-Malô-du-Bois	Saint-Malô-du-Bois	D752	198	07:58	08:18	08:40	09:06	09:37
4.0	107.5	83.5		Saint-Laurent-sur-Sèvre	Saint-Laurent-sur-Sèvre	D752	113	08:13	08:34	08:57	09:25	09:57
	107.5	83.5						08:13	08:34	08:57	09:25	09:57
79 - Deux-Sèvres												
1.0	106.5	84.5		La Trique	Mauléon	D752	143	08:16	08:38	09:02	09:30	10:02
	106.5	84.5			85 VENDEE	Mortagne-sur-Sèvre		08:16	08:38	09:02	09:30	10:02
	106.5	84.5			49 - Maine-et-Loire			08:16	08:38	09:02	09:30	10:02
	106.5	84.5			Cholet	D732		08:16	08:38	09:02	09:30	10:02
5.0	101.5	89.5		Le Puy St Bonnet	VCR ue du Ruisseaux	VC 2	147	08:35	08:58	09:23	09:53	10:27
	101.5	89.5		Rue du Poitou	Saint-Christophe-du-Bois			08:35	08:58	09:23	09:53	10:27
4.5	97.0	94.0		Saint-Christophe-du-Bois		D202	102	08:52	09:16	09:42	10:13	10:50
	97.0	94.0			85 VENDEE			08:52	09:16	09:42	10:13	10:50
4.5	92.5	98.5		Inter D63 D149	Mortagne-sur-Sèvre	D149	136	09:09	09:34	10:02	10:34	11:12
	92.5	98.5			49 - Maine-et-Loire			09:09	09:34	10:02	10:34	11:12
4.5	88.0	103.0		Inter D949 D91	Sèvremoine	D91	120	09:26	09:52	10:21	10:55	11:35
4.5	83.5	107.5		Inter D91 D753 >> D91	La Romagne	D91	120	09:43	10:10	10:40	11:16	11:57
6.5	77.0	114.0		St André La Marche	Sèvremoine	D91	104	10:07	10:36	11:08	11:46	12:30
2.0	75.0	116.0		St Macaire en Mauges		D91	96	10:15	10:44	11:17	11:55	12:40
Départ de la 2ème demi étape												
0.0	75.0	116.0		St Macaire en Mauges	Sèvremoine	D147		11:15	11:15	11:15	11:15	11:15
4.5	70.5	120.5		Bégrolles-en-Mauges	Bégrolles-en-Mauges	D147	101	11:31	11:33	11:34	11:35	11:37
4.0	66.5	124.5		Le May-sur-Èvre	Le May-sur-Èvre	D15	107	11:46	11:49	11:51	11:54	11:57
3.5	63.0	128.0		La Jubaudière	Beaupréau-en-Mauges	D15		12:00	12:03	12:06	12:10	12:15
3.5	59.5	131.5		Jallais		D756	90	12:13	12:17	12:21	12:26	12:32
5.5	54.0	137.0		La Chapelle Roussein	Chemillé-en-Anjou	D349	107	12:33	12:39	12:45	12:51	13:00
5.0	49.0	142.0		St Lézin		D199	100	12:52	12:59	13:06	13:15	13:25
1.5	47.5	143.5		Inter D121 D199		D199	100	12:58	13:05	13:12	13:21	13:32
4.5	43.0	148.0		La Jumellière		D199	86	13:15	13:23	13:32	13:42	13:55
3.5	39.5	151.5		Inter D199 D121		D121	97	13:28	13:37	13:47	13:58	14:12
2.0	37.5	153.5		Inter D160 D121		D121	90	13:35	13:45	13:55	14:08	14:22
2.5	35.0	156.0		Chanzeau		D212	60	13:45	13:55	14:06	14:19	14:35
6.5	28.5	162.5		Valajou		D54		14:09	14:21	14:34	14:49	15:07
3.5	25.0	166.0		Int D54 VC Des Chailloux	Bellevigne-en-Layon	VC		14:22	14:35	14:49	15:05	15:25
2.5	22.5	168.5		Inter VC D199		D199	70	14:31	14:45	15:00	15:17	15:37
0.5	22.0	169.0		Inter D199 D208		D208	63	14:33	14:47	15:02	15:19	15:40
3.5	18.5	172.5		Int D208 D133 VC La Maison Neuve		VC	59	14:46	15:01	15:17	15:35	15:57
2.5	16.0	175.0		Thouarsais		D24	38	14:56	15:11	15:27	15:47	16:10
2.0	14.0	177.0		Bonnezeaux		D24	84	15:03	15:19	15:36	15:56	16:20
1.0	13.0	178.0		Int D24 VCLa Coucheyière	Terranjou	VC	90	15:07	15:23	15:40	16:01	16:25
3.5	9.5	181.5		Le Sablon D55	Bellevigne-en-Layon	D55	96	15:20	15:37	15:55	16:17	16:42
5.5	4.0	187.0		Vauchrézien	Brissac Loire Aubance	D55	67	15:41	15:59	16:19	16:42	17:10
	4.0	187.0						15:41	15:59	16:19	16:42	17:10
	4.0	187.0						15:41	15:59	16:19	16:42	17:10
	4.0	187.0						15:41	15:59	16:19	16:42	17:10
4.0	0.0	191.0		Brissac Loire Aubance			44	15:56	16:15	16:36	17:01	17:30



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36ème Tour du 19 Juillet au 2 août 2025
mardi, 29 juillet 2025

10ème Etape

Etape de 190.0 Kms BIZONNES (73) BAS EN BASSET (38)

Dis-Part	km	parcours	Commune - Lieu Dit	Commune Traversée	ROUTE	Altitude	Heures de passage					
							Suivie	16km/h	15km/h	14 km/h	13 km/h	12 km/h
49 - Maine-et-Loire												
0.0	190.0	0	Brissac Loire Aubance	Brissac Loire Aubance	D130	44	03:00	03:00	03:00	03:00	03:00	
3.5	186.5	3.5	Inter D127 D130			74	03:13	03:14	03:15	03:16	03:17	
3.5	183.0	7.0	La Marzelle	Soulaines-sur-Aubance	D130	90	03:26	03:28	03:30	03:32	03:35	
3.0	180.0	10.0	Mozé-sur-Louet	Mozé-sur-Louet	D130	70	03:37	03:40	03:42	03:46	03:50	
1.0	179.0	11.0	Inter D160 D130		D130	84	03:41	03:44	03:47	03:50	03:55	
3.5	175.5	14.5	Denée	Denée	D751	38	03:54	03:58	04:02	04:06	04:12	
4.5	171.0	19.0	Rochefort-sur-Loire	Rochefort-sur-Loire	D106	25	04:11	04:16	04:21	04:27	04:35	
2.5	168.5	21.5		Béhuard	D106	18	04:20	04:26	04:32	04:39	04:47	
1.0	167.5	22.5	R Ducanal Vc Leglou	Savennières	D106	20	04:24	04:30	04:36	04:43	04:52	
5.0	162.5	27.5	Inter D106 D126		D126	70	04:43	04:50	04:57	05:06	05:17	
4.5	158.0	32.0	Inter D725 D126	Saint-Martin-du-Fouilloux	D126	77	05:00	05:08	05:17	05:27	05:40	
	158.0	32.0		Saint-Georges-sur-Loire	D126		05:00	05:08	05:17	05:27	05:40	
6.0	152.0	38.0	Inter D126 D951	Saint-Augustin-des-Bois	D951	74	05:22	05:32	05:42	05:55	06:10	
1.5	150.5	39.5	Saint-Augustin-des-Bois		D102	67	05:28	05:38	05:49	06:02	06:17	
	150.5	39.5		Val d'Erdre-Auxence	D102	60	05:28	05:38	05:49	06:02	06:17	
8.5	142.0	48.0	Villemoisan		D102	60	06:00	06:12	06:25	06:41	07:00	
	142.0	48.0		Champtocé-sur-Loire	D102		06:00	06:12	06:25	06:41	07:00	
4.5	137.5	52.5	St Sigidmond	Ingrandes-le-Fresne-sur-Loir	D102	69	06:16	06:30	06:45	07:02	07:22	
	137.5	52.5	Inter D102 D6 > D8				06:16	06:30	06:45	07:02	07:22	
4.0	133.5	56.5	44 LOIRE ATLANTIQUE		D8	84	06:31	06:46	07:02	07:20	07:42	
5.5	128.0	62.0	Belligné	Loireauxence	D22	58	06:52	07:08	07:25	07:46	08:10	
6.0	122.0	68.0	Maumusson	Vallons-de-l'Erdre		53	07:15	07:32	07:51	08:13	08:40	
3.5	118.5	71.5	Inter D923 D22		D22		07:28	07:46	08:06	08:30	08:57	
	118.5	71.5		Pouillé-les-Côteaux	D22	58	07:28	07:46	08:06	08:30	08:57	
2.0	116.5	73.5	Inter D878 D22	Pannecé	D951	35	07:35	07:54	08:15	08:39	09:07	
4.0	112.5	77.5	Inter D22 D9				07:50	08:10	08:32	08:57	09:27	
1.5	111.0	79.0	Pannecé		D18	32	07:56	08:16	08:38	09:04	09:35	
6.0	105.0	85.0	Riaillé	Riaillé	D14	32	08:18	08:40	09:04	09:32	10:05	
9.0	96.0	94.0	Grand-Auverné	Grand-Auverné	D14	63	08:52	09:16	09:42	10:13	10:50	
2.5	93.5	96.5	Inter D14 D29	Moisdon-la-Rivière	D29	44	09:01	09:26	09:53	10:25	11:02	
3.5	90.0	100.0	Moisdon-la-Rivière		D29	56	09:15	09:40	10:08	10:41	11:20	
6.0	84.0	106.0	Issé	Issé	D29	38	09:37	10:04	10:34	11:09	11:50	
6.5	77.5	112.5	Rue du Soleil Levant	Treffieux	VC		10:01	10:30	11:02	11:39	12:22	
	77.5	112.5	Passage sous D771 Ht Limité 2m50					10:01	10:30	11:02	11:39	12:22
	77.5	112.5					10:01	10:30	11:02	11:39	12:22	
	77.5	112.5					10:01	10:30	11:02	11:39	12:22	
	77.5	112.5					10:01	10:30	11:02	11:39	12:22	
	77.5	112.5					10:01	10:30	11:02	11:39	12:22	
	77.5	112.5					10:01	10:30	11:02	11:39	12:22	
	77.5	112.5					10:01	10:30	11:02	11:39	12:22	
	77.5	112.5	Treffieux			25	10:01	10:30	11:02	11:39	12:22	
Départ de la 2ème demi étape												
0.0	77.5	112.5	Treffieux	Treffieux	D29		10:00	10:00	10:00	10:00	10:00	
5.0	72.5	117.5	Inter D29 VC La Chesnaie	Jans	VC	26	10:18	10:20	10:21	10:23	10:25	
2.0	70.5	119.5	Jans		D39	24	10:26	10:28	10:30	10:32	10:35	
0.5	70.0	120.0	Inter D39 VC Les Plachette		VC		10:28	10:30	10:32	10:34	10:37	
1.5	68.5	121.5	Passage Sup N137		PS		10:33	10:36	10:38	10:41	10:45	
4.0	64.5	125.5	Inter D44 VC Le Fosse neuf	Marsac-sur-Don	VC		10:48	10:52	10:55	11:00	11:05	
0.5	64.0	126.0	Inter VC D124	Derval	D124	32	10:50	10:54	10:57	11:02	11:07	
5.5	58.5	131.5	Conquereuil	Conquereuil	D124	37	11:11	11:16	11:21	11:27	11:35	
6.5	52.0	138.0	Guéméné-Penfao	Guéméné-Penfao	D15		11:35	11:42	11:49	11:57	12:07	
0.5	51.5	138.5	Inter D15 D125		D125		11:37	11:44	11:51	12:00	12:10	
6.5	45.0	145.0	Int 125 Lande de la Croix	Massérac	VC		12:01	12:10	12:19	12:30	12:42	
1.0	44.0	146.0	Inter VC D46		D46	25	12:05	12:14	12:23	12:34	12:47	
5.5	38.5	151.5	Avessac	Avessac	D255	56	12:26	12:36	12:47	13:00	13:15	
3.5	35.0	155.0	35 - Ile-et-Vilaine					12:39	12:50	13:02	13:16	13:32
1.5	33.5	156.5	D255 VC Groussibais	Sainte-Marie	VC	10	12:45	12:56	13:08	13:23	13:40	
1.0	32.5	157.5	Inter VC D65		D65		12:48	13:00	13:12	13:27	13:45	
2.5	30.0	160.0	Maupertuis		D65	30	12:58	13:10	13:23	13:39	13:57	
	30.0	160.0		Redon			12:58	13:10	13:23	13:39	13:57	
2	28.0	162.0	R de la Bigotaie > R De Sainte Marie > R Jean Vinouze		VC		13:05	13:18	13:32	13:48	14:07	
2.0	26.0	164.0	R Louis Guilloux > D3117 > R de la Visille Ville > D873		D873	25	13:13	13:26	13:40	13:57	14:17	
	26.0	164.0	R de Cotio > R de Mussain > D 65		D65		13:13	13:26	13:40	13:57	14:17	
	26.0	164.0	Bains-sur-Oust				13:13	13:26	13:40	13:57	14:17	
	26.0	164.0	56 - Morbihan					13:13	13:26	13:40	13:57	14:17
2.5	23.5	166.5	La Graë	Saint-Perreux	D764	20	13:22	13:36	13:51	14:09	14:30	
6.5	17.0	173.0	Saint-Vincent-sur-Oust	Saint-Vincent-sur-Oust	D764	50	13:46	14:02	14:19	14:39	15:02	
3.5	13.5	176.5	Peillac	Peillac	D764	63	14:00	14:16	14:34	14:55	15:20	
5.0	8.5	181.5	Saint-Gravé	Saint-Gravé	D764	76	14:18	14:36	14:55	15:18	15:45	
1.0	7.5	182.5	Inter D764 D112		D112	81	14:22	14:40	15:00	15:23	15:50	
4.5	3.0	187.0	Inter D112 D774	Pluherlin	D774		14:39	14:58	15:19	15:43	16:12	
3.0	0.0	190.0	Pleucadeuc	Pleucadeuc		70	14:50	15:10	15:32	15:57	16:27	