

LA FRANCE EN COURANT

16è Tour

Mercredi 21 juillet 2004

Feuille d'itinéraire détaillé

4ème étape : NIEUL SUR MER JONZAC

191.5 km

| km à parcourir | km parcourus | Lieu | ROUTE Suivie | Altitude | Heures de passages | | | | | |
|-----------------------------|-----------------|-------|-----------------------------|----------|--------------------|--------------|--------------|--------------|--------------|--------------|
| | | | | | 16km/h | 15km/h | 14 km/h | 13 km/h | 12 km/h | |
| 17 CHARENTE MARITIME | | | | | | | | | | |
| 0.0 | 191.5 | 0 | Nieul sur Mer D107 | D107 | | 03:30 | 03:30 | 03:30 | 02:30 | 02:30 |
| 5.0 | 186.5 | 5.0 | St Xandre | D107 | | 03:48 | 03:50 | 03:51 | 02:53 | 02:55 |
| 4.0 | 182.5 | 9.0 | Dompierre sur Mer | D107 | | 04:03 | 04:06 | 04:08 | 03:11 | 03:15 |
| 4.5 | 178.0 | 13.5 | Bourgneuf | D107 | | 04:20 | 04:24 | 04:27 | 03:32 | 03:37 |
| 4.5 | 173.5 | 18.0 | Fompatour D112 | D112 | | 04:37 | 04:42 | 04:47 | 03:53 | 04:00 |
| 4.0 | 169.5 | 22.0 | St Christophe | D112 | | 04:52 | 04:58 | 05:04 | 04:11 | 04:20 |
| 1.0 | 168.5 | 23.0 | Intersection D112 D108 | D108 | | 04:56 | 05:02 | 05:08 | 04:16 | 04:25 |
| 3.5 | 165.0 | 26.5 | Virson | D108 | | 05:09 | 05:16 | 05:23 | 04:32 | 04:42 |
| 1.5 | 163.5 | 28.0 | Intersection D108 D205e4 | D205e4 | | 05:15 | 05:22 | 05:30 | 04:39 | 04:50 |
| 4.0 | 159.5 | 32.0 | Chambon D117 | D117 | | 05:30 | 05:38 | 05:47 | 04:57 | 05:10 |
| 8.0 | 151.5 | 40.0 | Gué Charreau D112 | D112 | 6 | 06:00 | 06:10 | 06:21 | 05:34 | 05:50 |
| 0.5 | 151.0 | 40.5 | Intersection D112 D117 | D117 | | 06:01 | 06:12 | 06:23 | 05:36 | 05:52 |
| 3.0 | 148.0 | 43.5 | Muron D117 | D117 | | 06:13 | 06:24 | 06:36 | 05:50 | 06:07 |
| 8.0 | 140.0 | 51.5 | Intersection D117 VC | VC | | 06:43 | 06:56 | 07:10 | 06:27 | 06:47 |
| 1.5 | 138.5 | 53.0 | Champservé | VC | | 06:48 | 07:02 | 07:17 | 06:34 | 06:55 |
| 1.0 | 137.5 | 54.0 | Intersection VC D 214 | D214 | | 06:52 | 07:06 | 07:21 | 06:39 | 07:00 |
| 3.5 | 134.0 | 57.5 | TONNAY CHARENTE D124 | D124 | 5 | 07:05 | 07:20 | 07:36 | 06:55 | 07:17 |
| 10.0 | 124.0 | 67.5 | Bords D118 | D118 | | 07:43 | 08:00 | 08:19 | 07:41 | 08:07 |
| 5.5 | 118.5 | 73.0 | Beurlay | D118 | | 08:03 | 08:22 | 08:42 | 08:06 | 08:35 |
| 2.5 | 116.0 | 75.5 | Intersection D118 D125 | D125 | | 08:13 | 08:32 | 08:53 | 08:18 | 08:47 |
| 1.0 | 115.0 | 76.5 | Ste Radegonde | D125 | | 08:16 | 08:36 | 08:57 | 08:23 | 08:52 |
| 1.0 | 114.0 | 77.5 | Intersection D125 D117 | D117 | | 08:20 | 08:40 | 09:02 | 08:27 | 08:57 |
| 4.0 | 110.0 | 81.5 | Trizay VC | VC | 12 | 08:35 | 08:56 | 09:19 | 08:46 | 09:17 |
| 2.5 | 107.5 | 84.0 | Intersection VC D123 | D123 | | 08:45 | 09:06 | 09:30 | 08:57 | 09:30 |
| 3.0 | 104.5 | 87.0 | St AGNANT | D125 | 12 | 08:56 | 09:18 | 09:42 | 09:11 | 09:45 |
| 8.0 | 96.5 | 95.0 | Intersection D125 D3 | D3 | | 09:26 | 09:50 | 10:17 | 09:48 | 10:25 |
| 2.0 | 94.5 | 97.0 | Moêze | D3 | | 09:33 | 09:58 | 10:25 | 09:57 | 10:35 |
| 6.0 | 88.5 | 103.0 | Brouage | D3 | 5 | 09:56 | 10:22 | 10:51 | 10:25 | 11:05 |
| 3.0 | 85.5 | 106.0 | Hiers | D3 | | 10:07 | 10:34 | 11:04 | 10:39 | 11:20 |
| 5.5 | 80.0 | 111.5 | MARENNES | | 5 | 10:28 | 10:56 | 11:27 | 11:04 | 11:47 |
| <i>Départ 2è demi étape</i> | | | | | | | | | | |
| 0.0 | 80.0 | 111.5 | MARENNES D241 | D241 | | 12:00 | 12:00 | 12:00 | 11:15 | 11:15 |
| 5.0 | 75.0 | 116.5 | Luzac | D241 | | 12:18 | 12:20 | 12:21 | 11:38 | 11:40 |
| 7.0 | 68.0 | 123.5 | Nieul sur Seudre | D241 | | 12:45 | 12:48 | 12:51 | 12:10 | 12:15 |
| 4.5 | 63.5 | 128.0 | Chalon Inter D733 D241 | D241 | | 13:01 | 13:06 | 13:10 | 12:31 | 12:37 |
| 2.0 | 61.5 | 130.0 | Le Gua D1 | D1 | | 13:09 | 13:14 | 13:19 | 12:40 | 12:47 |
| 3.5 | 58.0 | 133.5 | Intersection D1 D136 | D136 | 4 | 13:22 | 13:28 | 13:34 | 12:56 | 13:05 |
| 11.0 | 47.0 | 144.5 | Meursac | D136 | | 14:03 | 14:12 | 14:21 | 13:47 | 14:00 |
| 3.0 | 44.0 | 147.5 | Intersection D114 D136 | D136 | | 14:15 | 14:24 | 14:34 | 14:01 | 14:15 |
| 2.5 | 41.5 | 150.0 | Montpellier de Médillan | D136 | | 14:24 | 14:34 | 14:45 | 14:12 | 14:27 |
| 2.5 | 39.0 | 152.5 | Rioux | D136 | | 14:33 | 14:44 | 14:55 | 14:24 | 14:40 |
| 5.0 | 34.0 | 157.5 | Tesson D142 | D142 | | 14:52 | 15:04 | 15:17 | 14:47 | 15:05 |
| 4.5 | 29.5 | 162.0 | Villars en Pons | D142 | 41 | 15:09 | 15:22 | 15:36 | 15:08 | 15:27 |
| 7.0 | 22.5 | 169.0 | PONS D249 | D249 | | 15:35 | 15:50 | 16:06 | 15:40 | 16:02 |
| 5.5 | 17.0 | 174.5 | Fléac sur Segne D144 | D356 | | 15:56 | 16:12 | 16:30 | 16:05 | 16:30 |
| 1.5 | 15.5 | 176.0 | Intersection D144 D134 | D134 | | 16:01 | 16:18 | 16:36 | 16:12 | 16:37 |
| 3.5 | 12.0 | 179.5 | Mosnac | D134 | | 16:15 | 16:32 | 16:51 | 16:28 | 16:55 |
| 2.0 | 10.0 | 181.5 | St Georges de Cubillac | D134 | | 16:22 | 16:40 | 17:00 | 16:38 | 17:05 |
| 0.5 | 9.5 | 182.0 | Intersection D150 D134 | D134 | | 16:24 | 16:42 | 17:02 | 16:40 | 17:07 |
| 9.5 | 0.0 | 191.5 | JONZAC | D134 | 40 | 17:00 | 17:20 | 17:42 | 17:24 | 17:55 |

Les communes en lettres majuscules sont des chefs-lieux de cantons, sous-préfectures ou préfectures