



LA FRANCE EN COURANT

21 ème Tour

Mardi 28 Juillet 2009

Feuille d'itinéraire détaillé

10ème étape : CARMAUX BRIVE la GAILLARDE

195.0 km

km			Lieu	ROUTE	Altitude	Heures de passages				
Int	à parcourir	parcourus				Suivie	16km/h	15km/h	14 km/h	13 km/h
			81 TARN							
0.0	195.0	0.0	CARMAUX			02:30	02:30	02:30	02:30	02:30
3.0	192.0	3.0	Inter N88 D905	D905		02:41	02:42	02:42	02:43	02:45
10.0	182.0	13.0	Mirandol Bourgnounac	D905		03:18	03:22	03:25	03:30	03:35
5.0	177.0	18.0	12 AVEYRON							
9.0	168.0	27.0	LA SALVETAT-PEYRALES	D905		04:11	04:18	04:25	04:34	04:45
11.5	156.5	38.5	RIEUPEYROUX D61	D61		04:54	05:04	05:15	05:27	05:42
10.0	146.5	48.5	Prévinquières	D61		05:31	05:44	05:57	06:13	06:32
8.0	138.5	56.5	Anglars sT Félix	D61		06:01	06:16	06:32	06:50	07:12
4.5	134.0	61.0	Inter D994 D5	D5		06:18	06:34	06:51	07:11	07:35
2.0	132.0	63.0	MONTBAZENS D994	D994		06:26	06:42	07:00	07:20	07:45
9.0	123.0	72.0	Les Albres D144	D144		07:00	07:18	07:38	08:02	08:30
8.0	115.0	80.0	Bouillac D840	D840		07:30	07:50	08:12	08:39	09:10
0.5	114.5	80.5	46 LOT							
1.0	113.5	81.5	Inter D840 D31	D31		07:35	07:56	08:19	08:46	09:17
1.0	112.5	82.5	Cuzac	D31		07:39	08:00	08:23	08:50	09:22
3.5	109.0	86.0	Felzins	D31		07:52	08:14	08:38	09:06	09:40
2.0	107.0	88.0	Anglars Saint Félix D206	D206		08:00	08:22	08:47	09:16	09:50
1.5	105.5	89.5	Saint Jean Mirabel D31	D31		08:05	08:28	08:53	09:23	09:57
5.0	100.5	94.5	Inter N122 D 31	D31		08:24	08:48	09:15	09:46	10:22
0.5	100.0	95.0	Inter D31 D76	D76		08:26	08:50	09:17	09:48	10:25
7.0	93.0	102.0	Predeignes	D76		08:52	09:18	09:47	10:20	11:00
6.0	87.0	108.0	Sabardel Latronquièrre	D76		09:15	09:42	10:12	10:48	11:30
4.0	83.0	112.0	Inter D76 D 653	D653		09:30	09:58	10:30	11:06	11:50
7.5	75.5	119.5	Saint Maurice en Quercy	D653		09:58	10:28	11:02	11:41	12:27
3.0	72.5	122.5	LACAPELLE MARIVAL			10:09	10:40	11:15	11:55	12:42
			<i>Départ 2è demi étape</i>							
0.0	72.5	122.5	LACAPELLE MARIVAL	D48		11:45	11:45	11:45	11:45	11:45
3.5	69.0	126.0	Inter D 48 D 205	D205		11:58	11:59	12:00	12:01	12:02
0.5	68.5	126.5	Epeyroux VC	VC		12:00	12:01	12:02	12:03	12:05
2.5	66.0	129.0	Inter VC D 48	D 48		12:09	12:11	12:12	12:15	12:17
1.0	65.0	130.0	Leyme	D48		12:13	12:15	12:17	12:19	12:22
12.0	53.0	142.0	Saint CERE D673	D673		12:58	13:03	13:08	13:15	13:22
3.0	50.0	145.0	Inter D673 D 30	D30		13:09	13:15	13:21	13:28	13:37
11.5	38.5	156.5	Carennac D43	D43		13:52	14:01	14:10	14:21	14:35
4.5	34.0	161.0	Mezels	D43		14:09	14:19	14:30	14:42	14:57
1.5	32.5	162.5	Inter D43 D80	D80		14:15	14:25	14:36	14:49	15:05
2.0	30.5	164.5	inter D803 D80	D80		14:22	14:33	14:45	14:58	15:15
0.5	30.0	165.0	Inter D803 D32	D32		14:24	14:35	14:47	15:01	15:17
7.0	23.0	172.0	Les Quatres Routes du Lot D820	D820		14:50	15:03	15:17	15:33	15:52
6.0	17.0	178.0	19 CORREZE							
3.0	14.0	181.0	Turenne	D8		15:13	15:27	15:42	16:01	16:22
4.0	10.0	185.0	Jugeals Nazareth	D8		15:24	15:39	15:55	16:15	16:37
2.5	7.5	187.5	Inter D8 D38	D8		15:39	15:55	16:12	16:33	16:57
7.5	0.0	195.0	BRIVE LA GAILLARDE	D38		15:48	16:05	16:23	16:45	17:10
						16:16	16:35	16:55	17:19	17:47