



# LA FRANCE EN COURANT

21 ème Tour

Mercredi 29 Juillet 2009

## Feuille d'itinéraire détaillé

11ème étape : BRIVE la GAILLARDE St ELOY les Mines

193.0 km

km			Lieu	ROUTE	Altitude	Heures de passages				
Int	à parcourir	parcourus				Suivie	16km/h	15km/h	14 km/h	13 km/h
			<b>19 CORREZE</b>							
0.0	193.0	0.0	<b>BRIVE LA GAILLARDE</b>			<b>02:30</b>	<b>02:30</b>	<b>02:30</b>	<b>02:30</b>	<b>02:30</b>
3.0	190.0	3.0	MALEMORT SUR CORREZE D44	D44		02:41	02:42	02:42	02:43	02:45
8.0	182.0	11.0	Ste Féréole	D44		03:11	03:14	03:17	03:20	03:25
6.0	176.0	17.0	Inter D9 D44	D44		03:33	03:38	03:42	03:48	03:55
3.0	173.0	20.0	St Mexant	D44		03:45	03:50	03:55	04:02	04:10
7.5	165.5	27.5	St Clément	D44		04:13	04:20	04:27	04:36	04:47
4.5	161.0	32.0	SEILHAC VC	VC		04:30	04:38	04:47	04:57	05:10
6.0	155.0	38.0	Saint Salvador D44	D44		04:52	05:02	05:12	05:25	05:40
5.0	150.0	43.0	Inter D142 D44	D44	504	05:11	05:22	05:34	05:48	06:05
1.5	148.5	44.5	Inter D173 D44	D44		05:16	05:28	05:40	05:55	06:12
3.0	145.5	47.5	Aiguepanade Inter D26 D44	D44		05:28	05:40	05:53	06:09	06:27
2.5	143.0	50.0	Inter D44 VC	VC		05:37	05:50	06:04	06:20	06:40
1.0	142.0	51.0	Feugeas	VC		05:41	05:54	06:08	06:25	06:45
1.5	140.5	52.5	Inter VC D121	D121		05:46	06:00	06:15	06:32	06:52
4.0	136.5	56.5	Inter D121 D128	D128		06:01	06:16	06:32	06:50	07:12
3.0	133.5	59.5	Inter D128 D32	D32	824	06:13	06:28	06:45	07:04	07:27
3.0	130.5	62.5	Inter D16 D32	D32		06:24	06:40	06:57	07:18	07:42
5.0	125.5	67.5	Gourdon Murat	D32	821	06:43	07:00	07:19	07:41	08:07
6.0	119.5	73.5	BUGEAT D164	D164		07:05	07:24	07:45	08:09	08:37
11.0	108.5	84.5	St Merd les Oussines	D164		07:46	08:08	08:32	09:00	09:32
5.5	103.0	90.0	Millevaches D36	D36	928	08:07	08:30	08:55	09:25	10:00
2.0	101.0	92.0	Inter D36 D21	D21		08:15	08:38	09:04	09:34	10:10
9.5	91.5	101.5	Sornac D172	D172		08:50	09:16	09:45	10:18	10:57
7.0	84.5	108.5	<b>23 CREUSE</b>			09:16	09:44	10:15	10:50	11:32
1.5	83.0	110.0	<b>La Courtine</b>		793	09:22	09:50	10:21	10:57	11:40
			<b>Départ 2è demi étape</b>							
0.0	83.0	110.0	<b>La Courtine</b>	D996		<b>11:00</b>	<b>11:00</b>	<b>11:00</b>	<b>11:00</b>	<b>11:00</b>
7.5	75.5	117.5	<b>St Oradoux de Chirouze</b>	D996		11:28	11:30	11:32	11:34	11:37
7.0	68.5	124.5	Flayat D30	D30		11:54	11:58	12:02	12:06	12:12
5.0	63.5	129.5	<b>63 PUY de DOME</b>			12:13	12:18	12:23	12:30	12:37
3.5	60.0	133.0	Giat	D13		12:26	12:32	12:38	12:46	12:55
12.0	48.0	145.0	St Avit	D13		13:11	13:20	13:30	13:41	13:55
9.5	38.5	154.5	Montel de Gelat	D13		13:46	13:58	14:10	14:25	14:42
8.5	30.0	163.0	Charensat	D13		14:18	14:32	14:47	15:04	15:25
3.0	27.0	166.0	Inter D80 D13	D13		14:30	14:44	15:00	15:18	15:40
6.5	20.5	172.5	Espinasse D18	D18		14:54	15:10	15:27	15:48	16:12
2.5	18.0	175.0	St Julien la Geneste	D18		15:03	15:20	15:38	16:00	16:25
4.5	13.5	179.5	Gouttières D18	D18		15:20	15:38	15:57	16:20	16:47
2.0	11.5	181.5	Inter D18 D110	D110		15:28	15:46	16:06	16:30	16:57
0.5	11.0	182.0	Inter D524 D110	D110		15:30	15:48	16:08	16:32	17:00
7.0	4.0	189.0	Montjoie	D110		15:56	16:16	16:38	17:04	17:35
4.0	0.0	193.0	<b>Saint Eloy les Mines</b>			16:11	16:32	16:55	17:23	17:55