



LA FRANCE EN COURANT

21 ème Tour

Lundi 20 juillet 2009

Feuille d'itinéraire détaillé

2ème étape : La GACILLY THOUARCE

192.0 km

km			Lieu	ROUTE	Altitude	Heures de passages				
Int	à parcourir	parcourus				Suivie	16km/h	15km/h	14 km/h	13 km/h
			<b>56-MORBIHAN</b>							
0.0	192.0	0.0	LA GACILLY	D773		<b>02:30</b>	<b>02:30</b>	<b>02:30</b>	<b>02:30</b>	<b>02:30</b>
1.0	191.0	1.0	<b>35 ILE ET VILAINE</b>	D777		02:33	02:34	02:34	02:34	02:35
4.0	187.0	5.0	Sixt Sf	D777		02:48	02:50	02:51	02:53	02:55
11.0	176.0	16.0	PIPRIAC	D59		03:30	03:34	03:38	03:43	03:50
3.0	173.0	19.0	Inter D177 D59	D59		03:41	03:46	03:51	03:57	04:05
10.0	163.0	29.0	<b>44 LOIRE ATLANTIQUE</b>			04:18	04:26	04:34	04:43	04:55
1.0	162.0	30.0	Beslé D46	D46		04:22	04:30	04:38	04:48	05:00
2.5	159.5	32.5	Inter D46 D129	D129		04:31	04:40	04:49	05:00	05:12
5.5	154.0	38.0	Inter D3 D129	D129		04:52	05:02	05:12	05:25	05:40
2.0	152.0	40.0	Inter D775 D129	D129		05:00	05:10	05:21	05:34	05:50
3.0	149.0	43.0	Conquereuil	D42		05:11	05:22	05:34	05:48	06:05
5.5	143.5	48.5	Dastre	D42		05:31	05:44	05:57	06:13	06:32
3.0	140.5	51.5	Inter D2 D42	D42		05:43	05:56	06:10	06:27	06:47
5.0	135.5	56.5	la Grave	D42		06:01	06:16	06:32	06:50	07:12
5.5	130.0	62.0	BLAIN	D42		06:22	06:38	06:55	07:16	07:40
8.5	121.5	70.5	Inter D16 D42	D42		06:54	07:12	07:32	07:55	08:22
3.0	118.5	73.5	N D des Landes	D42		07:05	07:24	07:45	08:09	08:37
5.5	113.0	79.0	Le Paquelais	D49		07:26	07:46	08:08	08:34	09:05
7.0	106.0	86.0	Treillieres D49	D49		07:52	08:14	08:38	09:06	09:40
8.0	98.0	94.0	Sucé sur Erdre	D37		08:22	08:46	09:12	09:43	10:20
6.0	92.0	100.0	<b>CARQUEFOU</b>			08:45	09:10	09:38	10:11	10:50
			<b>Départ 2è demi étape</b>							
0.0	92.0	100.0	<b>CARQUEFOU</b>	D37		<b>10:15</b>	<b>10:15</b>	<b>10:15</b>	<b>10:15</b>	<b>10:15</b>
6.5	85.5	106.5	Thouaré sur Loire	D37		10:39	10:41	10:42	10:45	10:47
1.0	84.5	107.5	La Loire	D751		10:43	10:45	10:47	10:49	10:52
0.5	84.0	108.0	Le Bout des Ponts	D751		10:45	10:47	10:49	10:51	10:55
9.5	74.5	117.5	<b>49 MAINE et LOIRE</b>			11:20	11:25	11:30	11:35	11:42
1.5	73.0	119.0	La Varenne	D751		11:26	11:31	11:36	11:42	11:50
6.0	67.0	125.0	CHAMPTOCEAUX	D751		11:48	11:55	12:02	12:10	12:20
5.0	62.0	130.0	Drain	D751		12:07	12:15	12:23	12:33	12:45
3.5	58.5	133.5	Liré	D751		12:20	12:29	12:38	12:49	13:02
4.0	54.5	137.5	Bouzillé	D751		12:35	12:45	12:55	13:08	13:22
8.5	46.0	146.0	St FLORENT LE VIEIL	D751		13:07	13:19	13:32	13:47	14:05
6.5	39.5	152.5	Le Mesnil en Vallée	D751		13:31	13:45	14:00	14:17	14:37
6.5	33.0	159.0	Montjean sur Loire	D751		13:56	14:11	14:27	14:47	15:10
9.0	24.0	168.0	CHALONNES SUR LOIRE	D751		14:30	14:47	15:06	15:28	15:55
6.0	18.0	174.0	Inter D751 D54	D54		14:52	15:11	15:32	15:56	16:25
5.5	12.5	179.5	Le Breuil	D54		15:13	15:33	15:55	16:21	16:52
3.5	9.0	183.0	Beaulieu sur Layon	D55		15:26	15:47	16:10	16:38	17:10
5.0	4.0	188.0	Faye d'Anjou	D120		15:45	16:07	16:32	17:01	17:35
4.0	0.0	192.0	<b>THOUARCE</b>			16:00	16:23	16:49	17:19	17:55