



LA FRANCE EN COURANT
30^{ème} Tour du 14 au 28 juillet 2018
Samedi, 14 juillet 2018



Prologue

| km | | Ossuaire de Douaumont - Cne de Fleury devant Douaumont - Charny sur Meuse (55) | | 7,5 | | km | | | | | |
|-------------|-----|--|-------------------------------|-------------------------|----------|-------------------|--------|---------|---------|---------|-------|
| à parcourir | | Commune - Lieu Dit | Commune Traversée | ROUTE | Altitude | Temps de passages | | | | | |
| | | | | Suivie | | 16km/h | 15km/h | 14 km/h | 13 km/h | 12 km/h | |
| 0 | 7,5 | 0 | Parking Ossuaire de Douaumont | Fleury devant Douaumont | D913c | 350 | 16:00 | 16:00 | 16:00 | 16:00 | 16:00 |
| 0,3 | 7,2 | 0,3 | Int D913c D913 | Fleury devant Douaumont | D913 | 340 | 16:01 | 16:01 | 16:01 | 16:01 | 16:01 |
| 0,7 | 6,5 | 1 | Int D913d D913 | Fleury devant Douaumont | D913 | 347 | 16:03 | 16:04 | 16:04 | 16:04 | 16:05 |
| 0,3 | 6,2 | 1,3 | Thiaumont | Douaumont | D913 | 350 | 16:04 | 16:05 | 16:05 | 16:06 | 16:06 |
| 0,3 | 5,9 | 1,6 | Tranchée des Baïonnettes | Douaumont | D913 | 331 | 16:06 | 16:06 | 16:06 | 16:07 | 16:08 |
| 3,8 | 2,1 | 5,4 | Maison Forestière de Bras | Bras sur Meuse | D913 | 207 | 16:20 | 16:21 | 16:23 | 16:24 | 16:27 |
| 0,9 | 1,2 | 6,3 | Bras sur Meuse | Bras sur Meuse | D913 | 200 | 16:23 | 16:25 | 16:27 | 16:29 | 16:31 |
| 0,3 | 0,9 | 6,6 | Int D913 D964 | Bras sur Meuse | D964 | 193 | 16:24 | 16:26 | 16:28 | 16:30 | 16:33 |
| 0,1 | 0,8 | 6,7 | Int D964 D115 | Bras sur Meuse | D115 | 193 | 16:25 | 16:26 | 16:28 | 16:30 | 16:33 |
| 0,8 | 0 | 7,5 | Charny sur Meuse | Charny sur Meuse | | 196 | 16:28 | 16:30 | 16:32 | 16:34 | 16:37 |

Départ décalé une équipe toutes les 3 minutes

Temps de passage pour le 10^{ème} départ

| | | | | | | | | | | | |
|-----|-----|-----|-------------------------------|-------------------------|----------|-----|-------|-------|-------|-------|-------|
| 0 | 7,5 | 0 | Parking Ossuaire de Douaumont | Fleury devant Douaumont | D913c | 350 | 16:30 | 16:30 | 16:30 | 16:30 | 16:30 |
| 0,3 | 7,2 | 0,3 | Int D913c D913 | Fleury devant Douaumont | D913 | 340 | 16:31 | 16:31 | 16:31 | 16:31 | 16:31 |
| 0,7 | 6,5 | 1 | Int D913d D913 | Fleury devant Douaumont | D913 | 347 | 16:33 | 16:34 | 16:34 | 16:34 | 16:35 |
| 0,3 | 6,2 | 1,3 | Thiaumont | Douaumont | D913 | 350 | 16:34 | 16:35 | 16:35 | 16:36 | 16:36 |
| 0,3 | 5,9 | 1,6 | Tranchée des Baïonnettes | Douaumont | D913 | 331 | 16:36 | 16:36 | 16:36 | 16:37 | 16:38 |
| 3,8 | 2,1 | 5,4 | Maison Forestière de Bras | Bras sur Meuse | D913 | 207 | 16:50 | 16:51 | 16:53 | 16:54 | 16:57 |
| 0,9 | 1,2 | 6,3 | Bras sur Meuse | Bras sur Meuse | maingou | 200 | 16:53 | 16:55 | 16:57 | 16:59 | 17:01 |
| 0,3 | 0,9 | 6,6 | Int D913 D964 | Bras sur Meuse | Visembac | 193 | 16:54 | 16:56 | 16:58 | 17:00 | 17:03 |
| 0,1 | 0,8 | 6,7 | Int D964 D115 | Bras sur Meuse | D115 | 193 | 16:55 | 16:56 | 16:58 | 17:00 | 17:03 |
| 0,8 | 0 | 7,5 | Charny sur Meuse | Charny sur Meuse | | 196 | 16:58 | 17:00 | 17:02 | 17:04 | 17:07 |



LA FRANCE EN COURANT
30^{ème} Tour du 14 juillet au 28 juillet 2018
dimanche, 15 juillet 2018
1^{ère} Etape



| Etape de 199 Km | | | CHARNY sur Meuse (55) – CIREY SUR VEZOUZE (54) | | | | | | | | | | | | | |
|-----------------|----------|-------|--|-----------------------------------|--|-------------------|--------------------------|--|--------|----------|---------------|--------|---------|---------|---------|-------|
| km | | | Commune - Lieu Dit | | | Commune Traversée | | | ROUTE | Altitude | s de passages | | | | | |
| à parcourir | parcours | | | | | | | | Suivie | | 16km/h | 15km/h | 14 km/h | 13 km/h | 12 km/h | |
| | | | MEUSE (55) | | | | | | | | | | | | | |
| 0,0 | 199,0 | 0 | ○ | CHARNY Sur Meuse | | | CHARNY Sur Meuse | | | D115 | 196 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 2,5 | 196,5 | 2,5 | ○ | Bras sur Meuse | | | Bras sur Meuse | | | D964 | 193 | 03:09 | 03:10 | 03:10 | 03:11 | 03:12 |
| 4,5 | 192,0 | 7,0 | ○ | Belleville sur Meuse | | | Belleville sur Meuse | | | D964 | 229 | 03:26 | 03:28 | 03:30 | 03:32 | 03:35 |
| 1,0 | 191,0 | 8,0 | ○ | Verdun | | | Verdun | | | D603 | 202 | 03:30 | 03:32 | 03:34 | 03:36 | 03:40 |
| 2,5 | 188,5 | 10,5 | | Int D603 D34 | | | Verdun | | | D34 | 203 | 03:39 | 03:42 | 03:45 | 03:48 | 03:52 |
| | 188,5 | 10,5 | | | | | Belleray | | | D34 | 202 | 03:39 | 03:42 | 03:45 | 03:48 | 03:52 |
| 6,5 | 182,0 | 17,0 | | Dugny sur Meuse | | | Dugny sur Meuse | | | D34 | 203 | 04:03 | 04:08 | 04:12 | 04:18 | 04:25 |
| 4,5 | 177,5 | 21,5 | | Ancemont | | | Ancemont | | | D34 | 203 | 04:20 | 04:26 | 04:32 | 04:39 | 04:47 |
| 2,5 | 175,0 | 24,0 | | Les Monthairons | | | Les Monthairons | | | D34 | 207 | 04:30 | 04:36 | 04:42 | 04:50 | 05:00 |
| 3,5 | 171,5 | 27,5 | ○ | Villers sur Meuse | | | Villers sur Meuse | | | D34 | 210 | 04:43 | 04:50 | 04:57 | 05:06 | 05:17 |
| 2,0 | 169,5 | 29,5 | | Tilly sur Meuse | | | Tilly sur Meuse | | | D34 | 210 | 04:50 | 04:58 | 05:06 | 05:16 | 05:27 |
| 2,0 | 167,5 | 31,5 | | Bouquemont | | | Bouquemont | | | D34 | 218 | 04:58 | 05:06 | 05:15 | 05:25 | 05:37 |
| 2,0 | 165,5 | 33,5 | | Woimbey | | | Woimbey | | | D34 | 212 | 05:05 | 05:14 | 05:23 | 05:34 | 05:47 |
| 3,5 | 162,0 | 37,0 | ○ | Bannoncourt | | | Bannoncourt | | | D109 | 218 | 05:18 | 05:28 | 05:38 | 05:50 | 06:05 |
| 2,5 | 159,5 | 39,5 | ○ | Lacroix sur Meuse | | | Lacroix sur Meuse | | | D162 | 214 | 05:28 | 05:38 | 05:49 | 06:02 | 06:17 |
| 5,5 | 154,0 | 45,0 | | Lamorville | | | Lamorville | | | D101 | 246 | 05:48 | 06:00 | 06:12 | 06:27 | 06:45 |
| 1,0 | 153,0 | 46,0 | | Lavignéville | | | Lamorville | | | D162 | 245 | 05:52 | 06:04 | 06:17 | 06:32 | 06:50 |
| 3,5 | 149,5 | 49,5 | | Int D901 D162 | | | Valbois | | | D162 | 260 | 06:05 | 06:18 | 06:32 | 06:48 | 07:07 |
| 3,0 | 146,5 | 52,5 | | Savonnières en Woëvre | | | Valbois | | | D162 | 287 | 06:16 | 06:30 | 06:45 | 07:02 | 07:22 |
| 3,5 | 143,0 | 56,0 | | Int D3 D119 | | | Buxières sous les Côtes | | | D119 | 387 | 06:30 | 06:44 | 07:00 | 07:18 | 07:40 |
| 2,0 | 141,0 | 58,0 | | Woinville | | | Woinville | | | D119 | 261 | 06:37 | 06:52 | 07:08 | 07:27 | 07:50 |
| 5,0 | 136,0 | 63,0 | | Montsec | | | Montsec | | | D119 | 269 | 06:56 | 07:12 | 07:30 | 07:50 | 08:15 |
| 4,0 | 132,0 | 67,0 | | Richecourt | | | Gemaingoutte | | | VC | 220 | 07:11 | 07:28 | 07:47 | 08:09 | 08:35 |
| 0,5 | 131,5 | 67,5 | | | | | Wisembach | | | VC | 231 | 07:13 | 07:30 | 07:49 | 08:11 | 08:37 |
| 2,0 | 129,5 | 69,5 | ○ | Seicheprey | | | Seicheprey | | | D28e | 249 | 07:20 | 07:38 | 07:57 | 08:20 | 08:47 |
| 1,5 | 128,0 | 71,0 | | Beaumont Int D28A D958 D907 | | | Beaumont | | | D907 | 285 | 07:26 | 07:44 | 08:04 | 08:27 | 08:55 |
| | 128,0 | 71,0 | | | | | Mandres Aux Quatre Tours | | | D907 | 266 | 07:26 | 07:44 | 08:04 | 08:27 | 08:55 |
| 4,5 | 123,5 | 75,5 | | Bernécourt | | | Bernécourt | | | D907 | 246 | 07:43 | 08:02 | 08:23 | 08:48 | 09:17 |
| 3,0 | 120,5 | 78,5 | | Noviant aux Près | | | Noviant aux Près | | | D907 | 249 | 07:54 | 08:14 | 08:36 | 09:02 | 09:32 |
| 2,5 | 118,0 | 81,0 | | Manonvilles (Rue de la fontaine) | | | Manonvilles | | | VC | 249 | 08:03 | 08:24 | 08:47 | 09:13 | 09:45 |
| 3,5 | 114,5 | 84,5 | | Martincourt | | | Martincourt | | | D106 | 231 | 08:16 | 08:38 | 09:02 | 09:30 | 10:02 |
| 7,0 | 107,5 | 91,5 | | Griscourt | | | Griscourt | | | D106 | 212 | 08:43 | 09:06 | 09:32 | 10:02 | 10:37 |
| 2,0 | 105,5 | 93,5 | | Int D106 D10 | | | Dieulouard | | | D10 | 249 | 08:50 | 09:14 | 09:40 | 10:11 | 10:47 |
| 2,5 | 103,0 | 96,0 | | Dieulouard | | | Dieulouard | | | D10 | 185 | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| | 103,0 | 96,0 | | | | | Bézaumont | | | D10 | 208 | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| 4,0 | 99,0 | 100,0 | | Ville au val | | | Ville au val | | | D10 | 204 | 09:15 | 09:40 | 10:08 | 10:41 | 11:20 |
| 4,0 | 95,0 | 104,0 | | Int D10 D44 | | | Belleau | | | D44 | 225 | 09:30 | 09:56 | 10:25 | 11:00 | 11:40 |
| 5,5 | 89,5 | 109,5 | | Int D120 D44 | | | Belleau | | | D44 | 186 | 09:50 | 10:18 | 10:49 | 11:25 | 12:07 |
| | 89,5 | 109,5 | | | | | | | | | | 09:50 | 10:18 | 10:49 | 11:25 | 12:07 |
| | 89,5 | 109,5 | | | | | | | | | | 09:50 | 10:18 | 10:49 | 11:25 | 12:07 |
| | 89,5 | 109,5 | | | | | | | | | | 09:50 | 10:18 | 10:49 | 11:25 | 12:07 |
| 2,5 | 87,0 | 112,0 | ○ | NOMENY | | | Nomeny | | | | 205 | 10:00 | 10:28 | 11:00 | 11:36 | 12:20 |
| | | | | Départ 2ème demi étape | | | | | | | | | | | | |
| | | | | NOMENY | | | | | | | | | | | | |
| 0,0 | 87,0 | 112,0 | | Nomeny | | | Nomeny | | | D913 | 205 | 10:30 | 10:30 | 10:30 | 10:30 | 10:30 |
| | 87,0 | 112,0 | | | | | Abaucourt | | | D913 | 188 | 10:30 | 10:30 | 10:30 | 10:30 | 10:30 |
| 6,5 | 80,5 | 118,5 | | Int D45A D913 | | | Létricourt | | | D913 | 218 | 10:54 | 10:56 | 11:00 | 11:00 | 11:02 |
| 1,0 | 79,5 | 119,5 | | Chenicourt | | | Chenicourt | | | D913 | 198 | 10:58 | 11:00 | 11:02 | 11:04 | 11:07 |
| 2,5 | 77,0 | 122,0 | | Arraye et han | | | Arraye et han | | | D70 | 198 | 11:07 | 11:10 | 11:12 | 11:16 | 11:20 |
| 3,0 | 74,0 | 125,0 | | Armaucourt | | | Armaucourt | | | D70 | 202 | 11:18 | 11:22 | 11:25 | 11:30 | 11:35 |
| 2,5 | 71,5 | 127,5 | | Lanfroicourt | | | Lanfroicourt | | | D70 | 220 | 11:28 | 11:32 | 11:36 | 11:41 | 11:47 |
| 1,0 | 70,5 | 128,5 | | Bey sur Seille | | | Bey sur Seille | | | D70 | 209 | 11:31 | 11:36 | 11:40 | 11:46 | 11:52 |
| 3,0 | 67,5 | 131,5 | ○ | Brin sur Seille | | | Brin sur Seille | | | D70H | 200 | 11:43 | 11:48 | 11:53 | 12:00 | 12:07 |
| 3,5 | 64,0 | 135,0 | | Mazerulles (Rte Des Sangliers) | | | Mazerulles | | | VC | 235 | 11:56 | 12:02 | 12:08 | 12:16 | 12:25 |
| 3,0 | 61,0 | 138,0 | | Sornéville | | | Sornéville | | | D80b | 212 | 12:07 | 12:14 | 12:21 | 12:30 | 12:40 |
| 2,0 | 59,0 | 140,0 | | Int D80B D23 | | | Sornéville | | | D23 | 215 | 12:15 | 12:22 | 12:30 | 12:39 | 12:50 |
| 3,5 | 55,5 | 143,5 | | Int D23A D23 | | | Bezange la Grande | | | D23 | 226 | 12:28 | 12:36 | 12:45 | 12:55 | 13:07 |
| 3,5 | 52,0 | 147,0 | | Int D123 D23 | | | Athienville | | | D23 | 257 | 12:41 | 12:50 | 13:00 | 13:11 | 13:25 |
| 2,0 | 50,0 | 149,0 | | Arracourt | | | Arracourt | | | D23 | 230 | 12:48 | 12:58 | 13:08 | 13:20 | 13:35 |
| 5,0 | 45,0 | 154,0 | | Réchicourt la Petite | | | Réchicourt la Petite | | | D23 | 269 | 13:07 | 13:18 | 13:30 | 13:43 | 14:00 |
| 4,0 | 41,0 | 158,0 | | Coincourt | | | Coincourt | | | D23 | 240 | 13:22 | 13:34 | 13:47 | 14:02 | 14:20 |
| 3,0 | 38,0 | 161,0 | | Int D23 D2 | | | Mouacourt | | | D2 | 229 | 13:33 | 13:46 | 14:00 | 14:16 | 14:35 |
| 2,0 | 36,0 | 163,0 | | Xures | | | Xures | | | D21 | 240 | 13:41 | 13:54 | 14:08 | 14:25 | 14:45 |
| 6,0 | 30,0 | 169,0 | | Vaucourt | | | Vaucourt | | | D19 | 245 | 14:03 | 14:18 | 14:34 | 14:53 | 15:15 |
| 1,5 | 28,5 | 170,5 | | Int D21 D 19 | | | Xousse | | | D19 | 269 | 14:09 | 14:24 | 14:40 | 15:00 | 15:22 |
| 1,0 | 27,5 | 171,5 | | Int D21d D 19 | | | Xousse | | | D19 | 296 | 14:13 | 14:28 | 14:45 | 15:04 | 15:27 |
| 2,0 | 25,5 | 173,5 | | Emberménil | | | Emberménil | | | D185 | 246 | 14:20 | 14:36 | 14:53 | 15:13 | 15:37 |
| 4,0 | 21,5 | 177,5 | | Leintrey | | | Leintrey | | | D185 | 255 | 14:35 | 14:52 | 15:10 | 15:32 | 15:57 |
| 6,0 | 15,5 | 183,5 | | Amenoncourt | | | Amenoncourt | | | D21 | 269 | 14:58 | 15:16 | 15:36 | 16:00 | 16:27 |
| 2,0 | 13,5 | 185,5 | | Autrepierre | | | Autrepierre | | | D21 | 276 | 15:05 | 15:24 | 15:45 | 16:09 | 16:37 |
| 4,5 | 9,0 | 190,0 | | Blâmont | | | Blâmont | | | D993 | 265 | 15:22 | 15:42 | 16:04 | 16:30 | 17:00 |
| 4,0 | 5,0 | 194,0 | | Frémonville | | | Frémonville | | | D933 | 290 | 15:37 | 15:58 | 16:21 | 16:48 | 17:20 |
| 5,0 | 0,0 | 199,0 | ○ | CIREY SUR VEZOUZE | | | CIREY SUR VEZOUZE | | | | 300 | 15:56 | 16:18 | 16:42 | 17:11 | 17:45 |
| | | | ○ | AH QUE LA France EST BELLE | | | | | | | | | | | | |



LA FRANCE EN COURANT
30ème Tour du 14 juillet au 28 juillet 2018
lundi, 16 juillet 2018



Etape de 186,5 Km

CIREY SUR VEZOUZE (54) – MASEVAUX (68)

| km | | | Commune - Lieu Dit | Commune Traversée | ROUTE | Altitude | s de passages | | | | |
|-------------|-----------|-------|--|-----------------------------|----------|----------|---------------|--------------|--------------|--------------|--------------|
| à parcourir | parcourus | | | | | | Suivie | 16km/h | 15km/h | 14 km/h | 13 km/h |
| 0,0 | 186,5 | 0,0 | MEURTHE ET MOSELLE (54) CIREY SUR VEZOUZE | CIREY SUR VEZOUZE | D180 | 300 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| | 186,5 | 0,0 | | Petimont | D180 | 314 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 6,5 | 180,0 | 6,5 | Parux | Parux | D180 | 328 | 03:24 | 03:26 | 03:27 | 03:30 | 03:32 |
| 2,0 | 178,0 | 8,5 | Bréménil | Bréménil | D8 | 332 | 03:31 | 03:34 | 03:36 | 03:39 | 03:42 |
| 3,5 | 174,5 | 12,0 | Badonviller | Badonviller | D8 | 320 | 03:45 | 03:48 | 03:51 | 03:55 | 04:00 |
| 2,0 | 172,5 | 14,0 | Fenneviller | Fenneviller | D8 | 318 | 03:52 | 03:56 | 04:00 | 04:04 | 04:10 |
| 1,0 | 171,5 | 15,0 | Pexonne | Pexonne | D8 | 290 | 03:56 | 04:00 | 04:04 | 04:09 | 04:15 |
| 3,5 | 168,0 | 18,5 | Neufmaisons | Neufmaisons | D8 | 300 | 04:09 | 04:14 | 04:19 | 04:25 | 04:32 |
| 3,5 | 164,5 | 22,0 | VOSGES (88) | | D9 | 394 | 04:22 | 04:28 | 04:34 | 04:41 | 04:50 |
| 4,0 | 160,5 | 26,0 | Raon l'Etape | Raon l'Etape | D259 | 285 | 04:37 | 04:44 | 04:51 | 05:00 | 05:10 |
| 2,0 | 158,5 | 28,0 | Int D259 D37A | Moyenmoutier | D37A | 320 | 04:45 | 04:52 | 05:00 | 05:09 | 05:20 |
| 2,5 | 156,0 | 30,5 | Le Rabodeau | Moyenmoutier | D424 | 300 | 04:54 | 05:02 | 05:10 | 05:20 | 05:32 |
| 2,5 | 153,5 | 33,0 | Etival Clairefontaine | Etival Clairefontaine | D65 | 300 | 05:03 | 05:12 | 05:21 | 05:32 | 05:45 |
| 4,5 | 149,0 | 37,5 | Nompatelize | Nompatelize | D82 | 378 | 05:20 | 05:30 | 05:40 | 05:53 | 06:07 |
| 1,5 | 147,5 | 39,0 | Les Feignes | Saint Michel sur Meurthe | D82 | 370 | 05:26 | 05:36 | 05:47 | 06:00 | 06:15 |
| 3,5 | 144,0 | 42,5 | Herbaville | Saint Michel sur Meurthe | D82 | 340 | 05:39 | 05:50 | 06:02 | 06:16 | 06:32 |
| 5,5 | 138,5 | 48,0 | ○ Saint Dié des Voges | Saint Dié des Voges | D420 | 340 | 06:00 | 06:12 | 06:25 | 06:41 | 07:00 |
| 2,5 | 136,0 | 50,5 | Sainte Marguerite | Sainte Marguerite | D420 | 358 | 06:09 | 06:22 | 06:36 | 06:53 | 07:12 |
| 2,0 | 134,0 | 52,5 | Int Giratoire N59 D58C | Remomeix | D58C | 362 | 06:16 | 06:30 | 06:45 | 07:02 | 07:22 |
| 2,0 | 132,0 | 54,5 | Coinches | Coinches Rue du 11 Novembre | VC | 375 | 06:24 | 06:38 | 06:53 | 07:11 | 07:32 |
| 2,5 | 129,5 | 57,0 | Int VC D459 | Ginfosse | D459 | 400 | 06:33 | 06:48 | 07:04 | 07:23 | 07:45 |
| 0,5 | 129,0 | 57,5 | Int D23 D459 | Bertrimoutier | D459 | 400 | 06:35 | 06:50 | 07:06 | 07:25 | 07:47 |
| 2,0 | 127,0 | 59,5 | Gemaingoutte | Gemaingoutte | D459 | 440 | 06:43 | 06:58 | 07:15 | 07:34 | 07:57 |
| 1,5 | 125,5 | 61,0 | Wisembach | Wisembach | D459 | 479 | 06:48 | 07:04 | 07:21 | 07:41 | 08:05 |
| 4,0 | 121,5 | 65,0 | Col de Sainte Marie | | D459 | 772 | 07:03 | 07:20 | 07:38 | 08:00 | 08:25 |
| 0,0 | 121,5 | 65,0 | HAUT RHIN (68) | | D459 | 772 | 07:03 | 07:20 | 07:38 | 08:00 | 08:25 |
| 5,5 | 116,0 | 70,5 | ○ Ste Marie aux Mines | Ste Marie aux Mines | D48 | 383 | 07:24 | 07:42 | 08:02 | 08:25 | 08:52 |
| 2,5 | 113,5 | 73,0 | Echery | Ste Marie aux Mines | D48 | 421 | 07:33 | 07:52 | 08:12 | 08:36 | 09:05 |
| 9,0 | 104,5 | 82,0 | Col des Bagenelles | Le Bonhomme | D48 | 904 | 08:07 | 08:28 | 08:51 | 09:18 | 09:50 |
| 4,5 | 100,0 | 86,5 | ○ Le Bonhomme | Le Bonhomme | D415 | 695 | 08:24 | 08:46 | 09:10 | 09:39 | 10:12 |
| 5,0 | 95,0 | 91,5 | Lapoutroie | Lapoutroie | D48 | 400 | 08:43 | 09:06 | 09:32 | 10:02 | 10:37 |
| 4,0 | 91,0 | 95,5 | Orbey | Orbey | D11 | 476 | 08:58 | 09:22 | 09:49 | 10:20 | 10:57 |
| 7,0 | 84,0 | 102,5 | Int D11 1 D11 | Labaroche | D11 | 770 | 09:24 | 09:50 | 10:19 | 10:53 | 11:32 |
| 4,0 | 80,0 | 106,5 | Int D11 D11 6 | Labaroche | D11 6 | 753 | 09:39 | 10:06 | 10:36 | 11:11 | 11:52 |
| | 80,0 | 106,5 | | Orbey | | | 09:39 | 10:06 | 10:36 | 11:11 | 11:52 |
| 4,5 | 75,5 | 111,0 | Int 11 6 D 5Bis 1 | Hohrod | D5Bis 1 | 976 | 09:56 | 10:24 | 10:55 | 11:32 | 12:15 |
| 7,5 | 68,0 | 118,5 | Hohrod | Hohrod | D5 Bis 1 | 522 | 10:24 | 10:54 | 11:27 | 12:06 | 12:52 |
| 1,5 | 66,5 | 120,0 | Int D5 Bis 1 D417 | | D417 | 416 | 10:30 | 11:00 | 11:34 | 12:13 | 13:00 |
| | 66,5 | 120,0 | | | | | 10:30 | 11:00 | 11:34 | 12:13 | 13:00 |
| | 66,5 | 120,0 | | | | | 10:30 | 11:00 | 11:34 | 12:13 | 13:00 |
| 1,5 | 65,0 | 121,5 | ○ MUNSTER | Munster | | 346 | 10:35 | 11:06 | 11:40 | 12:20 | 13:07 |
| | | | Départ 2ème demi étape | | | | | | | | |
| 0,0 | 65,0 | 121,5 | MUNSTER | Munster | D10 | | 12:15 | 12:15 | 12:15 | 12:15 | 12:15 |
| 2,0 | 63,0 | 123,5 | Luttenbach près Munster | Luttenbach près Munster | D10 | 400 | 12:22 | 12:23 | 12:23 | 12:24 | 12:25 |
| 1,5 | 61,5 | 125,0 | Breitenbach Haut Rhin | Breitenbach Haut Rhin | D10 | 440 | 12:28 | 12:29 | 12:30 | 12:31 | 12:32 |
| 1,0 | 60,5 | 126,0 | Muhlbach sur Munster | Muhlbach sur Munster | D10 | 460 | 12:31 | 12:33 | 12:34 | 12:35 | 12:37 |
| 2,0 | 58,5 | 128,0 | Metzeral | Metzeral | D10 | 493 | 12:39 | 12:41 | 12:42 | 12:45 | 12:47 |
| 2,0 | 56,5 | 130,0 | Sondernach | Sondernach | D27 | 556 | 12:46 | 12:49 | 12:51 | 12:54 | 12:57 |
| 9,0 | 47,5 | 139,0 | Col du Platzerwasel | Windenbach | D27 | 1182 | 13:20 | 13:25 | 13:30 | 13:35 | 13:42 |
| | 47,5 | 139,0 | | Metzeral | | | 13:20 | 13:25 | 13:30 | 13:35 | 13:42 |
| 3,5 | 44,0 | 142,5 | Int D27 D430 | Oderen | D430 | 1227 | 13:33 | 13:39 | 13:45 | 13:51 | 14:00 |
| 4,0 | 40,0 | 146,5 | Le Markstein | Oderen | D431 | 1200 | 13:48 | 13:55 | 14:02 | 14:10 | 14:20 |
| | 40,0 | 146,5 | | Ranspach | D431 | | 13:48 | 13:55 | 14:02 | 14:10 | 14:20 |
| | 40,0 | 146,5 | | Saint Amarin | D431 | 1199 | 13:48 | 13:55 | 14:02 | 14:10 | 14:20 |
| 4,5 | 35,5 | 151,0 | Ferme Auberge du Haag | Lautenbach Zell | D431 | 1232 | 14:05 | 14:13 | 14:21 | 14:31 | 14:42 |
| | 35,5 | 151,0 | | Soultz Haut Rhin | D431 | 1289 | 14:05 | 14:13 | 14:21 | 14:31 | 14:42 |
| | 35,5 | 151,0 | | Goldbach Altenbach | D431 | 1198 | 14:05 | 14:13 | 14:21 | 14:31 | 14:42 |
| 4,5 | 31,0 | 155,5 | Ferme auberge du grand ballon | Soultz Haut Rhin | D431 | 1100 | 14:22 | 14:31 | 14:40 | 14:51 | 15:05 |
| 3,5 | 27,5 | 159,0 | Col Amic | Goldbach Altenbach | D13B6 | 828 | 14:35 | 14:45 | 14:55 | 15:08 | 15:22 |
| 3,0 | 24,5 | 162,0 | Goldbach | Goldbach Altenbach | D13b6 | 650 | 14:46 | 14:57 | 15:08 | 15:21 | 15:37 |
| 6,0 | 18,5 | 168,0 | Willer sur Thur | Willer sur Thur | VC | 367 | 15:09 | 15:21 | 15:34 | 15:49 | 16:07 |
| 2,5 | 16,0 | 170,5 | Bitschwiller lès Thann | Bitschwiller lès Thann | D14B4 | 360 | 15:18 | 15:31 | 15:45 | 16:01 | 16:20 |
| 7,5 | 8,5 | 178,0 | Col du Hundsruck | Bourbach le Haut | D14B4 | 748 | 15:46 | 16:01 | 16:17 | 16:35 | 16:57 |
| 2,5 | 6,0 | 180,5 | Bourbach le Haut | Bourbach le Haut | D14B4 | 556 | 15:56 | 16:11 | 16:27 | 16:47 | 17:10 |
| 3,5 | 2,5 | 184,0 | Houppach | Masevaux | D14B4 | 452 | 16:09 | 16:25 | 16:42 | 17:03 | 17:27 |
| | 2,5 | 184,0 | | | | | 16:09 | 16:25 | 16:42 | 17:03 | 17:27 |
| | 2,5 | 184,0 | | | | | 16:09 | 16:25 | 16:42 | 17:03 | 17:27 |
| | 2,5 | 184,0 | | | | | 16:09 | 16:25 | 16:42 | 17:03 | 17:27 |
| | 2,5 | 184,0 | | | | | 16:09 | 16:25 | 16:42 | 17:03 | 17:27 |
| 2,5 | 0,0 | 186,5 | ○ MASEVAUX-NIEDERBRUCK | MASEVAUX-NIEDERBRUCK | | 403 | 16:18 | 16:35 | 16:53 | 17:15 | 17:40 |
| | | | AH QUE LA France EST BELLE | | | | | | | | |



LA FRANCE EN COURANT
30ème Tour du 14 juillet au 28 juillet 2018
mardi, 17 juillet 2018



Etape de 188,5 Km

MASEVAUX NIEDERBRUCK (68) – LA CLUSE ET MIJOUX (25)

| km | | Commune - Lieu Dit | | Commune Traversée | | ROUTE | Altitude | s de passages | | | | |
|-----------------------------------|-----------|--------------------|-----------------------------------|------------------------------|-------|--------|--------------|---------------|--------------|--------------|--------------|--------------|
| à parcourir | parcourus | | | | | Suivie | | 16km/h | 15km/h | 14 km/h | 13 km/h | 12 km/h |
| HAUT RHIN (68) | | | | | | | | | | | | |
| 0,0 | 188,5 | 0,0 | MASEVAUX-NIEDERBRUCK | MASEVAUX-NIEDERBRUCK | D110 | 403 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 3,0 | 185,5 | 3,0 | Inter D14B1 – D110 | MASEVAUX-NIEDERBRUCK | D110 | 440 | 03:11 | 03:12 | 03:12 | 03:13 | 03:13 | 03:15 |
| 0,5 | 185,0 | 3,5 | TERRITOIRE DE BELFORT (90) | | | | | | | | | |
| 2,5 | 182,5 | 6,0 | Rougemont le Château | Rougemont le Château | D2 | 440 | 03:13 | 03:14 | 03:15 | 03:16 | 03:17 | 03:17 |
| 5,0 | 177,5 | 11,0 | Etueffont | Etueffont | D12 | 450 | 03:41 | 03:44 | 03:47 | 03:50 | 03:55 | 03:55 |
| 2,0 | 175,5 | 13,0 | Petitmagny | Petitmagny | D12 | 485 | 03:48 | 03:52 | 03:55 | 04:00 | 04:05 | 04:05 |
| 1,0 | 174,5 | 14,0 | Grosagny | Grosagny | D12 | 469 | 03:52 | 03:56 | 04:00 | 04:04 | 04:10 | 04:10 |
| 3,0 | 171,5 | 17,0 | Int D24 D12 | Rougegoutte | D12 | 451 | 04:03 | 04:08 | 04:12 | 04:18 | 04:25 | 04:25 |
| 2,5 | 169,0 | 19,5 | Gromagny | Gromagny | D12 | 480 | 04:13 | 04:18 | 04:23 | 04:30 | 04:37 | 04:37 |
| 3,5 | 165,5 | 23,0 | Auxelles Bas | Auxelles Bas | D12 | 502 | 04:26 | 04:32 | 04:38 | 04:46 | 04:55 | 04:55 |
| 3,0 | 162,5 | 26,0 | HAUTE SAONE (70) | | | | | | | | | |
| 1,5 | 161,0 | 27,5 | Plancher Bas | Plancher Bas | D4 | 452 | 04:37 | 04:44 | 04:51 | 05:00 | 05:10 | 05:10 |
| 1,5 | 159,5 | 29,0 | Int D4 D16 | Plancher Bas | D16 | 409 | 04:48 | 04:56 | 05:04 | 05:13 | 05:25 | 05:25 |
| 2,0 | 157,5 | 31,0 | Inter D219 D16 | Champagny | D16 | 433 | 04:56 | 05:04 | 05:12 | 05:23 | 05:35 | 05:35 |
| 4,0 | 153,5 | 35,0 | Frahier les Barres | Frahier et Chatebier | D16 | 365 | 05:11 | 05:20 | 05:30 | 05:41 | 05:55 | 05:55 |
| 0,5 | 153,0 | 35,5 | Echavanne | Echavanne | D16 | 373 | 05:13 | 05:22 | 05:32 | 05:43 | 05:57 | 05:57 |
| 2,0 | 151,0 | 37,5 | Int D127e D16 | Chenebier | D16 | 360 | 05:20 | 05:30 | 05:40 | 05:53 | 06:07 | 06:07 |
| 4,5 | 146,5 | 42,0 | Chagey | Chagey | D218 | 341 | 05:37 | 05:48 | 06:00 | 06:13 | 06:30 | 06:30 |
| 2,0 | 144,5 | 44,0 | Pas Sup D438 | Luze | D9h | 370 | 05:45 | 05:56 | 06:08 | 06:23 | 06:40 | 06:40 |
| 1,0 | 143,5 | 45,0 | Couthenans | Couthenans | D9h | 338 | 05:48 | 06:00 | 06:12 | 06:27 | 06:45 | 06:45 |
| 1,0 | 142,5 | 46,0 | Int D9h D483 | Héricourt | D483 | 345 | 05:52 | 06:04 | 06:17 | 06:32 | 06:50 | 06:50 |
| 2,0 | 140,5 | 48,0 | Int D483 D683 | Tavey | D683 | 358 | 06:00 | 06:12 | 06:25 | 06:41 | 07:00 | 07:00 |
| 1,0 | 139,5 | 49,0 | Tavey | Tavey | D284 | 371 | 06:03 | 06:16 | 06:30 | 06:46 | 07:05 | 07:05 |
| 0,5 | 139,0 | 49,5 | DOUBS (25) | | | | | | | | | |
| 1,0 | 138,0 | 50,5 | Laire | Laire | D234 | 402 | 06:05 | 06:18 | 06:32 | 06:48 | 07:07 | 07:07 |
| 1,5 | 136,5 | 52,0 | Int D37 D228e | Raynans | D228E | 352 | 06:15 | 06:28 | 06:42 | 07:00 | 07:20 | 07:20 |
| 1,0 | 135,5 | 53,0 | Raynans | Raynans | D228E | 360 | 06:18 | 06:32 | 06:47 | 07:04 | 07:25 | 07:25 |
| 1,5 | 134,0 | 54,5 | Saint Julien lès Montbéliard | Saint Julien lès Montbéliard | D228E | 366 | 06:24 | 06:38 | 06:53 | 07:11 | 07:32 | 07:32 |
| 2,0 | 132,0 | 56,5 | Sainte Marie | Sainte Marie | D317 | 375 | 06:31 | 06:46 | 07:02 | 07:20 | 07:42 | 07:42 |
| 0,5 | 131,5 | 57,0 | Int D317 D460 | Sainte Marie | D460 | 364 | 06:33 | 06:48 | 07:04 | 07:23 | 07:45 | 07:45 |
| 4,0 | 127,5 | 61,0 | Lougres | Lougres | D663 | 310 | 06:48 | 07:04 | 07:21 | 07:41 | 08:05 | 08:05 |
| 2,0 | 125,5 | 63,0 | Int D663 D126 | Lougres | D126 | 305 | 06:56 | 07:12 | 07:30 | 07:50 | 08:15 | 08:15 |
| 1,0 | 124,5 | 64,0 | Colombier Fontaine | Colombier Fontaine | D257 | 303 | 07:00 | 07:16 | 07:34 | 07:55 | 08:20 | 08:20 |
| 4,0 | 120,5 | 68,0 | Saint Maurice Colombier | Saint Maurice Colombier | D297 | 304 | 07:15 | 07:32 | 07:51 | 08:13 | 08:40 | 08:40 |
| 4,5 | 116,0 | 72,5 | Blussans | Blussans | D118 | 297 | 07:31 | 07:50 | 08:10 | 08:34 | 09:02 | 09:02 |
| 3,0 | 113,0 | 75,5 | Le Rochet | Sourans | D359 | 143 | 07:43 | 08:02 | 08:23 | 08:48 | 09:17 | 09:17 |
| 2,0 | 111,0 | 77,5 | Lanthenans | Lanthenans | D359 | 460 | 07:50 | 08:10 | 08:32 | 08:57 | 09:27 | 09:27 |
| 1,0 | 110,0 | 78,5 | Int D73 D119E | Lanthenans | D119E | 514 | 07:54 | 08:14 | 08:36 | 09:02 | 09:32 | 09:32 |
| 6,0 | 104,0 | 84,5 | Col de Ferrière D31 | Anteuil | D31 | 591 | 08:16 | 08:38 | 09:02 | 09:30 | 10:02 | 10:02 |
| 1,5 | 102,5 | 86,0 | Villerot lès Belvoir | Villerot lès Belvoir | D31 | 613 | 08:22 | 08:44 | 09:08 | 09:36 | 10:10 | 10:10 |
| 4,5 | 98,0 | 90,5 | Rahon | Rahon | D31 | 552 | 08:39 | 09:02 | 09:27 | 09:57 | 10:32 | 10:32 |
| 2,0 | 96,0 | 92,5 | Int D31 D464 | Sancey le Long | D464 | 497 | 08:46 | 09:10 | 09:36 | 10:06 | 10:42 | 10:42 |
| 1,0 | 95,0 | 93,5 | Sancey le Grand | Sancey le Grand | D31 | 500 | 08:50 | 09:14 | 09:40 | 10:11 | 10:47 | 10:47 |
| 8,5 | 86,5 | 102,0 | Laviron | Laviron | D31 | 732 | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 | 11:30 |
| 5,5 | 81,0 | 107,5 | PIERREFONTAINE lès Varans | Pierrefontaine lès Varans | | 705 | 09:43 | 10:10 | 10:40 | 11:16 | 11:57 | 11:57 |
| Départ 2ème demi étape | | | | | | | | | | | | |
| 0,0 | 81,0 | 107,5 | PIERREFONTAINE lès Varans | Pierrefontaine lès Varans | D20 | 705 | 11:00 | 11:00 | 11:00 | 11:00 | 11:00 | 11:00 |
| 4,0 | 77,0 | 111,5 | Inter D20 VC | Pierrefontaine lès Varans | VC | 538 | 11:15 | 11:16 | 11:17 | 11:18 | 11:20 | 11:20 |
| 5,5 | 71,5 | 117,0 | Int VC D240 | Plaimbois Vennes | D240 | 760 | 11:35 | 11:38 | 11:40 | 11:43 | 11:47 | 11:47 |
| 0,5 | 71,0 | 117,5 | Plaimbois Vennes | Plaimbois Vennes | D240 | 760 | 11:37 | 11:40 | 11:42 | 11:46 | 11:50 | 11:50 |
| 6,0 | 65,0 | 123,5 | Loray | Loray | D19 | 747 | 12:00 | 12:04 | 12:08 | 12:13 | 12:20 | 12:20 |
| 1,5 | 63,5 | 125,0 | Passage sous la D461 VC | Loray | VC | 754 | 12:05 | 12:10 | 12:15 | 12:20 | 12:27 | 12:27 |
| 2,0 | 61,5 | 127,0 | Flangebouche | Flangebouche | VC | 720 | 12:13 | 12:18 | 12:23 | 12:30 | 12:37 | 12:37 |
| 3,0 | 58,5 | 130,0 | Avoudrey | Avoudrey | D132 | 702 | 12:24 | 12:30 | 12:36 | 12:43 | 12:52 | 12:52 |
| 2,5 | 56,0 | 132,5 | Int D132 D132e | Avoudrey | D132e | 721 | 12:33 | 12:40 | 12:47 | 12:55 | 13:05 | 13:05 |
| 2,0 | 54,0 | 134,5 | Passonfontaine | Passonfontaine | VC | 730 | 12:41 | 12:48 | 12:55 | 13:04 | 13:15 | 13:15 |
| 4,5 | 49,5 | 139,0 | Rantechaux | Rantechaux | 274 | 746 | 12:58 | 13:06 | 13:15 | 13:25 | 13:37 | 13:37 |
| 2,0 | 47,5 | 141,0 | Int D274 D32 | Nods | D32 | 709 | 13:05 | 13:14 | 13:23 | 13:34 | 13:47 | 13:47 |
| 2,0 | 45,5 | 143,0 | Nods | Nods | D32 | 716 | 13:13 | 13:22 | 13:32 | 13:43 | 13:57 | 13:57 |
| 2,0 | 43,5 | 145,0 | Chasnans | Chasnans | D32 | 722 | 13:20 | 13:30 | 13:40 | 13:53 | 14:07 | 14:07 |
| 1,0 | 42,5 | 146,0 | Athose | Athose | D32 | 650 | 13:24 | 13:34 | 13:45 | 13:57 | 14:12 | 14:12 |
| 7,0 | 35,5 | 153,0 | Lods | Lods | D32 | 380 | 13:50 | 14:02 | 14:15 | 14:30 | 14:47 | 14:47 |
| 6,0 | 29,5 | 159,0 | Longeville | Longeville | D27 | 679 | 14:13 | 14:26 | 14:40 | 14:57 | 15:17 | 15:17 |
| 5,0 | 24,5 | 164,0 | Evillers | Evillers | D41 | 734 | 14:31 | 14:46 | 15:02 | 15:20 | 15:42 | 15:42 |
| 2,5 | 22,0 | 166,5 | Int D41 D6 | Evillers | D6 | 714 | 14:41 | 14:56 | 15:12 | 15:32 | 15:55 | 15:55 |
| | 22,0 | 166,5 | Bians les Usiers | Bians les Usiers | D6 | 749 | 14:41 | 14:56 | 15:12 | 15:32 | 15:55 | 15:55 |
| 5,0 | 17,0 | 171,5 | Sombacour | Sombacour | D6 | 749 | 15:00 | 15:16 | 15:34 | 15:55 | 16:20 | 16:20 |
| 7,0 | 10,0 | 178,5 | Houtaud | Houtaud | D72 | 819 | 15:26 | 15:44 | 16:04 | 16:27 | 16:55 | 16:55 |
| 3,0 | 7,0 | 181,5 | Pontarlier | Pontarlier | D74 | 820 | 15:37 | 15:56 | 16:17 | 16:41 | 17:10 | 17:10 |
| 3,0 | 4,0 | 184,5 | Int D74 N57 | Pontarlier | B57 | 838 | 15:48 | 16:08 | 16:30 | 16:55 | 17:25 | 17:25 |
| | 4,0 | 184,5 | | | | | 15:48 | 16:08 | 16:30 | 16:55 | 17:25 | 17:25 |
| 4,0 | 0,0 | 188,5 | LA CLUSE ET MIJOUX | La Cluse et Mijoux | | 869 | 16:03 | 16:24 | 16:47 | 17:13 | 17:45 | 17:45 |
| AH QUE LA France EST BELLE | | | | | | | | | | | | |



LA FRANCE EN COURANT
30^{ème} Tour du 14 juillet au 28 juillet 2018
mercredi, 18 juillet 2018



4^{ème} Etape

Etape de 187,5 Km

LA CLUSE ET MIJOUX (25) – FILLIERE (THORENS GLIERES) (74)

| km | à parcourir | parcourus | Commune - Lieu Dit | Commune Traversée | ROUTE | Altitude | s de passages | | | | |
|------|-------------|-----------|--|----------------------------|--------|----------|---------------|--------------|--------------|--------------|--------------|
| | | | | | Suivie | | 16km/h | 15km/h | 14 km/h | 13 km/h | 12 km/h |
| 0,0 | 187,5 | 0,0 | LA CLUSE ET MIJOUX | La Cluze et Mijoux | N57 | 869 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 3,5 | 184,0 | 3,5 | Inter N57 D437 | La Cluze et Mijoux | D437 | 855 | 03:13 | 03:14 | 03:15 | 03:16 | 03:17 |
| 4,0 | 180,0 | 7,5 | Oye et Pallet | Oye et Pallet | D437 | 870 | 03:28 | 03:30 | 03:32 | 03:34 | 03:37 |
| 2,5 | 177,5 | 10,0 | Chaon | Montperreux | D437 | 885 | 03:37 | 03:40 | 03:42 | 03:46 | 03:50 |
| 6,0 | 171,5 | 16,0 | Malbuisson | Malbuisson | D437 | 884 | 04:00 | 04:04 | 04:08 | 04:13 | 04:20 |
| 2,0 | 169,5 | 18,0 | Int D9 D437 | Labergement Ste Marie | D437 | 859 | 04:07 | 04:12 | 04:17 | 04:23 | 04:30 |
| 1,5 | 168,0 | 19,5 | Labergement Ste Marie | Labergement Ste Marie | D437 | 860 | 04:13 | 04:18 | 04:23 | 04:30 | 04:37 |
| 1,0 | 167,0 | 20,5 | Int D437 D439 | Labergement Ste Marie | D439 | 870 | 04:16 | 04:22 | 04:27 | 04:34 | 04:42 |
| 3,5 | 163,5 | 24,0 | Rochejean | Rochejean | D45 | 904 | 04:30 | 04:36 | 04:42 | 04:50 | 05:00 |
| 5,0 | 158,5 | 29,0 | Gellin | Gellin | D437 | 910 | 04:48 | 04:56 | 05:04 | 05:13 | 05:25 |
| 2,0 | 156,5 | 31,0 | Sarrageois | Sarrageois | D437 | 934 | 04:56 | 05:04 | 05:12 | 05:23 | 05:35 |
| 2,0 | 154,5 | 33,0 | Mouthe | Mouthe | D437 | 938 | 05:03 | 05:12 | 05:21 | 05:32 | 05:45 |
| 3,0 | 151,5 | 36,0 | Petite Chauv | Petite Chauv | D437 | 987 | 05:15 | 05:24 | 05:34 | 05:46 | 06:00 |
| 3,5 | 148,0 | 39,5 | Chauv Neuve | Chauv Neuve | D46 | 995 | 05:28 | 05:38 | 05:49 | 06:02 | 06:17 |
| 11,0 | 137,0 | 50,5 | Chapelle des Bois | Chapelle des Bois | D46 | 1087 | 06:09 | 06:22 | 06:36 | 06:53 | 07:12 |
| 3,0 | 134,0 | 53,5 | JURA (39) | | D18 | 1097 | 06:20 | 06:34 | 06:49 | 07:06 | 07:27 |
| 4,0 | 130,0 | 57,5 | Bellefontaine | Bellefontaine | D18 | 1035 | 06:35 | 06:50 | 07:06 | 07:25 | 07:47 |
| 5,0 | 125,0 | 62,5 | Int D18 N5 | Morbier | N5 | 795 | 06:54 | 07:10 | 07:27 | 07:48 | 08:12 |
| 2,5 | 122,5 | 65,0 | Morez | Morez | D126 | 700 | 07:03 | 07:20 | 07:38 | 08:00 | 08:25 |
| 2,5 | 120,0 | 67,5 | La Cassine | Les Rousses | D25 | 750 | 07:13 | 07:30 | 07:49 | 08:11 | 08:37 |
| 7,5 | 112,5 | 75,0 | Prémanon | Prémanon | D25 | 1125 | 07:41 | 08:00 | 08:21 | 08:46 | 09:15 |
| 2,5 | 110,0 | 77,5 | int D25 D29 | Prémanon | D29 | 1126 | 07:50 | 08:10 | 08:32 | 08:57 | 09:27 |
| 3,0 | 107,0 | 80,5 | La Cure | Les Rousses | D1005 | 1156 | 08:01 | 08:22 | 08:45 | 09:11 | 09:42 |
| 4,5 | 102,5 | 85,0 | Le tabagnoz | Prémanon | D1005 | 1253 | 08:18 | 08:40 | 09:04 | 09:32 | 10:05 |
| 2,0 | 100,5 | 87,0 | AIN (01) | Divonne les Bains | | 1245 | 08:26 | 08:48 | 09:12 | 09:41 | 10:15 |
| 5,0 | 95,5 | 92,0 | Int D936 D1005 | Mijoux | D1005 | 1280 | 08:45 | 09:08 | 09:34 | 10:04 | 10:40 |
| 3,5 | 92,0 | 95,5 | Col de la Faucille | Gex | D1005 | 1320 | 08:58 | 09:22 | 09:49 | 10:20 | 10:57 |
| 9,0 | 83,0 | 104,5 | Gex | Gex | D1005 | 600 | 09:31 | 09:58 | 10:27 | 11:02 | 11:42 |
| | 83,0 | 104,5 | Rue du creux du loup | Gex | VC | | 09:31 | 09:58 | 10:27 | 11:02 | 11:42 |
| | 83,0 | 104,5 | Rue de Usuniers | Gex | VC | | 09:31 | 09:58 | 10:27 | 11:02 | 11:42 |
| | 83,0 | 104,5 | Rue de l'Oudar | Gex | VC | | 09:31 | 09:58 | 10:27 | 11:02 | 11:42 |
| 2,0 | 81,0 | 106,5 | Rue de Pitegny Rue de Mourex | Gex | VC | | 09:39 | 10:06 | 10:36 | 11:11 | 11:52 |
| | 81,0 | 106,5 | | | | | 09:39 | 10:06 | 10:36 | 11:11 | 11:52 |
| | 81,0 | 106,5 | | | | | 09:39 | 10:06 | 10:36 | 11:11 | 11:52 |
| | 81,0 | 106,5 | | | | | 09:39 | 10:06 | 10:36 | 11:11 | 11:52 |
| | 81,0 | 106,5 | | | | | 09:39 | 10:06 | 10:36 | 11:11 | 11:52 |
| | 81,0 | 106,5 | | | | | 09:39 | 10:06 | 10:36 | 11:11 | 11:52 |
| | 81,0 | 106,5 | | | | | 09:39 | 10:06 | 10:36 | 11:11 | 11:52 |
| | 81,0 | 106,5 | | | | | 09:39 | 10:06 | 10:36 | 11:11 | 11:52 |
| 3,5 | 77,5 | 110,0 | CESSY | Cessy | | 561 | 09:52 | 10:20 | 10:51 | 11:27 | 12:10 |
| | | | Départ de la 2^{ème} demi étape | | | | | | | | |
| 0,0 | 77,5 | 110,0 | CESSY | Cessy | D15c | 561 | 11:30 | 11:30 | 11:30 | 11:30 | 11:30 |
| 0,5 | 77,0 | 110,5 | Int D 15c VC 9 | Echenevex | VC9 | 550 | 11:31 | 11:32 | 11:32 | 11:32 | 11:32 |
| 0,5 | 76,5 | 111,0 | Intr VC9 D984c D89 | Echenevex | D89 | 870 | 11:33 | 11:34 | 11:34 | 11:34 | 11:35 |
| 2,0 | 74,5 | 113,0 | Echenevex | Echenevex | D89 | 547 | 11:41 | 11:42 | 11:42 | 11:43 | 11:45 |
| 2,0 | 72,5 | 115,0 | Naz dessous | Chevry | D89 | 548 | 11:48 | 11:50 | 11:51 | 11:53 | 11:55 |
| 2,5 | 70,0 | 117,5 | Crozet | Crozet | D89 | 538 | 11:58 | 12:00 | 12:02 | 12:04 | 12:07 |
| 3,0 | 67,0 | 120,5 | Sergy | Sergy | D89 | 500 | 12:09 | 12:12 | 12:15 | 12:18 | 12:22 |
| 3,0 | 64,0 | 123,5 | Thoiry | Thoiry | D89 | 492 | 12:20 | 12:24 | 12:27 | 12:32 | 12:37 |
| 3,5 | 60,5 | 127,0 | St Jean de Gonville | St Jean de Gonville | D89 | 479 | 12:33 | 12:38 | 12:42 | 12:48 | 12:55 |
| 0,5 | 60,0 | 127,5 | Int D89 D984 | St Jean de Gonville | D984 | 479 | 12:35 | 12:40 | 12:45 | 12:50 | 12:57 |
| 1,5 | 58,5 | 129,0 | Int D984 D89 | Péron | D89 | 500 | 12:41 | 12:46 | 12:51 | 12:57 | 13:05 |
| 3,0 | 55,5 | 132,0 | Challex | Challex | D76B | 580 | 12:52 | 12:58 | 13:04 | 13:11 | 13:20 |
| 5,0 | 50,5 | 137,0 | Pougny Gare | Pougny | D984B | 350 | 13:11 | 13:18 | 13:25 | 13:34 | 13:45 |
| 6,0 | 44,5 | 143,0 | Collonges (Grande Rue) | Collonges | VC8 | 506 | 13:33 | 13:42 | 13:51 | 14:02 | 14:15 |
| 2,0 | 42,5 | 145,0 | Int VC8 D1208 | Collonges | D1206 | 362 | 13:41 | 13:50 | 14:00 | 14:11 | 14:25 |
| 1,0 | 41,5 | 146,0 | HAUTE SAVOIE (74) | Pont Carnot | D1206 | 346 | 13:45 | 13:54 | 14:04 | 14:16 | 14:30 |
| 2,5 | 39,0 | 148,5 | | Chevrier | D1206 | 440 | 13:54 | 14:04 | 14:15 | 14:27 | 14:42 |
| 1,5 | 37,5 | 150,0 | Vulbens | Vulbens | D7 | 476 | 14:00 | 14:10 | 14:21 | 14:34 | 14:50 |
| 1,5 | 36,0 | 151,5 | Raclaz | Dingy en Vuache | D7 | 548 | 14:05 | 14:16 | 14:27 | 14:41 | 14:57 |
| 3,0 | 33,0 | 154,5 | Murcier | Savigny | D7 | 596 | 14:16 | 14:28 | 14:40 | 14:55 | 15:12 |
| 1,0 | 32,0 | 155,5 | Savigny | Savigny | D7 | 569 | 14:20 | 14:32 | 14:45 | 15:00 | 15:17 |
| 3,0 | 29,0 | 158,5 | Pont Fornant (Int D7 D992 D7) | Minzier | D7 | 480 | 14:31 | 14:44 | 14:57 | 15:13 | 15:32 |
| 3,0 | 26,0 | 161,5 | Marlioz | Marlioz | D7 | 542 | 14:43 | 14:56 | 15:10 | 15:27 | 15:47 |
| 1,5 | 24,5 | 163,0 | Int D7 VC route du pont Mostan | Marlioz | VC | 500 | 14:48 | 15:02 | 15:17 | 15:34 | 15:55 |
| 0,5 | 24,0 | 163,5 | Int VC D27 | Marlioz | D27 | 407 | 14:50 | 15:04 | 15:19 | 15:36 | 15:57 |
| 1,0 | 23,0 | 164,5 | Le Pont Drillot VC | Cernex | VC | 420 | 14:54 | 15:08 | 15:23 | 15:41 | 16:02 |
| 2,0 | 21,0 | 166,5 | Int VC D2 | Cercier | D2 | 571 | 15:01 | 15:16 | 15:32 | 15:50 | 16:12 |
| 0,5 | 20,5 | 167,0 | Cercier | Cercier | D2 | 591 | 15:03 | 15:18 | 15:34 | 15:53 | 16:15 |
| 8,0 | 12,5 | 175,0 | Allonzier la Caille (Passage sous autoroute) | Allonzier la Caille | | 650 | 15:33 | 15:50 | 16:08 | 16:30 | 16:55 |
| 1,5 | 11,0 | 176,5 | Villy le Pelloux | Villy le Pelloux | D2 | 705 | 15:39 | 15:56 | 16:15 | 16:36 | 17:02 |
| 3,5 | 7,5 | 180,0 | Groisy (La Gare) | Crosy | D2 | 550 | 15:52 | 16:10 | 16:30 | 16:53 | 17:20 |
| 2,5 | 5,0 | 182,5 | Le Plot | Crosy | D2 | 553 | 16:01 | 16:20 | 16:40 | 17:04 | 17:32 |
| 5,0 | 0,0 | 187,5 | FILLIERE (THORENS GLIERES) | FILLIERE (THORENS GLIERES) | | 630 | 16:20 | 16:40 | 17:02 | 17:27 | 17:57 |
| | | | AH QUE LA France EST BELLE | | | | | | | | |



LA FRANCE EN COURANT
30^{ème} Tour du 14 juillet au 28 juillet 2018
jeudi, 19 juillet 2018



Etape de 188 Km

5^{ème} Etape
THORENS GLIERES (74) – AIGUEBELLE (73)

| km | | | Commune - Lieu Dit | Commune Traversée | ROUTE | Altitude | s de passages | | | | |
|-------------|-----------|-------|--|----------------------------|-------|-------------|---------------|--------------|--------------|--------------|--------------|
| à parcourir | parcourus | | | | | | Suivie | 16km/h | 15km/h | 14 km/h | 13 km/h |
| 0,0 | 188,0 | 0,0 | FILLIERE (THORENS GLIERES) | FILLIERE (THORENS GLIERES) | D2 | 630 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 1,5 | 186,5 | 1,5 | Int D2 D5 | Filliere | D5 | 700 | 03:05 | 03:06 | 03:06 | 03:06 | 03:07 |
| 6,5 | 180,0 | 8,0 | Int D5 D1203 | Filliere (Evire) | D1203 | 748 | 03:30 | 03:32 | 03:34 | 03:36 | 03:40 |
| 2,0 | 178,0 | 10,0 | Col d'EVIERES | Eteaux | D1203 | 801 | 03:37 | 03:40 | 03:42 | 03:46 | 03:50 |
| 0,5 | 177,5 | 10,5 | Int D1203 D27 | Eteaux | D27 | 793 | 03:39 | 03:42 | 03:45 | 03:48 | 03:52 |
| 3,0 | 174,5 | 13,5 | Int D27 D102 | Filliere (Evire) | D102 | 849 | 03:50 | 03:54 | 03:57 | 04:02 | 04:07 |
| 3,0 | 171,5 | 16,5 | La Chapelle Rambaud | La Chapelle Rambaud | D5 | 947 | 04:01 | 04:06 | 04:10 | 04:16 | 04:22 |
| 5,0 | 166,5 | 21,5 | Coudray | Eteaux | D5 | 753 | 04:20 | 04:26 | 04:32 | 04:39 | 04:47 |
| 3,0 | 163,5 | 24,5 | Eteaux | Eteaux | D155 | 628 | 04:31 | 04:38 | 04:45 | 04:53 | 05:02 |
| 0,5 | 163,0 | 25,0 | Int D155 D2 | La Roche sur Foron | D2 | 590 | 04:33 | 04:40 | 04:47 | 04:55 | 05:05 |
| 1,0 | 162,0 | 26,0 | La Roche sur Foron | La Roche sur Foron | D2 | 546 | 04:37 | 04:44 | 04:51 | 05:00 | 05:10 |
| 11,5 | 150,5 | 37,5 | Int D2 VC Route de chez Bruchon | Filliere | VC | 777 | 05:20 | 05:30 | 05:40 | 05:53 | 06:07 |
| 0,5 | 150,0 | 38,0 | Bruchon | Filliere | VC | 758 | 05:22 | 05:32 | 05:42 | 05:55 | 06:10 |
| 0,5 | 149,5 | 38,5 | Int VC VC Route des NOYERS | Filliere | VC | 760 | 05:24 | 05:34 | 05:45 | 05:57 | 06:12 |
| 1,5 | 148,0 | 40,0 | Int VC Route du Mont D55 | Filliere | D55 | 780 | 05:30 | 05:40 | 05:51 | 06:04 | 06:20 |
| 12,5 | 135,5 | 52,5 | Maison du Plateau | Filliere | D55 | 1434 | 06:16 | 06:30 | 06:45 | 07:02 | 07:22 |
| 0,5 | 135,0 | 53,0 | Col des Glières | Filliere | D55 | 1445 | 06:18 | 06:32 | 06:47 | 07:04 | 07:25 |
| 2,0 | 133,0 | 55,0 | Chez la Jode | Petit Bornand les glières | | 1393 | 06:26 | 06:40 | 06:55 | 07:13 | 07:35 |
| 6,5 | 126,5 | 61,5 | L'Essert | Petit Bornand les glières | | 760 | 06:50 | 07:06 | 07:23 | 07:43 | 08:07 |
| 0,5 | 126,0 | 62,0 | Inter D55 D12 | Petit Bornand les glières | D12 | 727 | 06:52 | 07:08 | 07:25 | 07:46 | 08:10 |
| 3,0 | 123,0 | 65,0 | Entremont | Entremont | D12 | 777 | 07:03 | 07:20 | 07:38 | 08:00 | 08:25 |
| 6,0 | 117,0 | 71,0 | St Jean de Sixt | St Jean de Sixt | D909 | 959 | 07:26 | 07:44 | 08:04 | 08:27 | 08:55 |
| 2,5 | 114,5 | 73,5 | La Clusaz | La Clusaz | D909 | 1030 | 07:35 | 07:54 | 08:15 | 08:39 | 09:07 |
| 3,0 | 111,5 | 76,5 | Int D16 D909 | La Clusaz | D909 | 1220 | 07:46 | 08:06 | 08:27 | 08:53 | 09:22 |
| 4,5 | 107,0 | 81,0 | SAVOIE (73) | | | | 08:03 | 08:24 | 08:47 | 09:13 | 09:45 |
| 0,0 | 107,0 | 81,0 | Col des Aravis | La Giettaz | D909 | 1486 | 08:03 | 08:24 | 08:47 | 09:13 | 09:45 |
| 5,5 | 101,5 | 86,5 | La Giettaz | La Giettaz | D909 | 1064 | 08:24 | 08:46 | 09:10 | 09:39 | 10:12 |
| 6,0 | 95,5 | 92,5 | Flumet | Flumet | D218C | 930 | 08:46 | 09:10 | 09:36 | 10:06 | 10:42 |
| 2,0 | 93,5 | 94,5 | Int D218C C218B | Notre Dame de Bellecombe | D218b | 1051 | 08:54 | 09:18 | 09:45 | 10:16 | 10:52 |
| 1,5 | 92,0 | 96,0 | Notre Dame de Bellecombe | Notre Dame de Bellecombe | D218B | 1122 | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| | 92,0 | 96,0 | | | | | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| | 92,0 | 96,0 | | | | | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| | 92,0 | 96,0 | | | | | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| | 92,0 | 96,0 | | | | | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| | 92,0 | 96,0 | | | | | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| | 92,0 | 96,0 | | | | | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| | 92,0 | 96,0 | | | | | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| | 92,0 | 96,0 | | | | | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| | 92,0 | 96,0 | | | | | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| | 92,0 | 96,0 | | | | | 09:00 | 09:24 | 09:51 | 10:23 | 11:00 |
| 12,5 | 79,5 | 108,5 | Les SAISIES | Hauteluce | D218B | 1650 | 09:46 | 10:14 | 10:45 | 11:20 | 12:02 |
| | | | Départ 2^{ème} demi étape | | | | | | | | |
| 0,0 | 79,5 | 108,5 | Les SAISIES | Hauteluce | D218B | 1650 | 11:00 | 11:00 | 11:00 | 11:00 | 11:00 |
| 6,5 | 73,0 | 115,0 | Int D218B D218E | Hauteluce | D218E | 1200 | 11:24 | 11:26 | 11:27 | 11:30 | 11:32 |
| | 73,0 | 115,0 | | Beaufort | D218E | | 11:24 | 11:26 | 11:27 | 11:30 | 11:32 |
| 8,5 | 64,5 | 123,5 | Int D218E D925 | Villard sur Doron | D925 | 701 | 11:56 | 12:00 | 12:04 | 12:09 | 12:15 |
| 1,5 | 63,0 | 125,0 | Villard sur Doron | Villard sur Doron | D925 | 705 | 12:01 | 12:06 | 12:10 | 12:16 | 12:22 |
| 7,0 | 56,0 | 132,0 | Queige | Queige | D67 | 550 | 12:28 | 12:34 | 12:40 | 12:48 | 12:57 |
| 3,5 | 52,5 | 135,5 | Col de la Forclaz | Queige | D67 | 870 | 12:41 | 12:48 | 12:55 | 13:04 | 13:15 |
| 3,0 | 49,5 | 138,5 | Int D71 D67 | Ugine | D68 | 671 | 12:52 | 13:00 | 13:08 | 13:18 | 13:30 |
| 5,0 | 44,5 | 143,5 | Int D67 D129 | Marthod | D129 | 395 | 13:11 | 13:20 | 13:30 | 13:41 | 13:55 |
| 2,5 | 42,0 | 146,0 | Int D63 D129 | Thenesol | D129 | 360 | 13:20 | 13:30 | 13:40 | 13:53 | 14:07 |
| 1,0 | 41,0 | 147,0 | Pont sur l'Arly | Césarches | D118 | 360 | 13:24 | 13:34 | 13:45 | 13:57 | 14:12 |
| 2,5 | 38,5 | 149,5 | Césarches | Césarches | VC | 474 | 13:33 | 13:44 | 13:55 | 14:09 | 14:25 |
| 2,5 | 36,0 | 152,0 | Col de Montessuit | Queige | VC | 650 | 13:43 | 13:54 | 14:06 | 14:20 | 14:37 |
| 2,0 | 34,0 | 154,0 | Int VC D925 | Queige | D925 | 499 | 13:50 | 14:02 | 14:15 | 14:30 | 14:47 |
| 3,0 | 31,0 | 157,0 | Venthon | Venthon | D925 | 501 | 14:01 | 14:14 | 14:27 | 14:43 | 15:02 |
| 2,0 | 29,0 | 159,0 | Albertville Rue Gambetta | Albertville | | | 14:09 | 14:22 | 14:36 | 14:53 | 15:12 |
| 0,5 | 28,5 | 159,5 | Rue Pr Coty | Albertville | | 340 | 14:11 | 14:24 | 14:38 | 14:55 | 15:15 |
| 0,5 | 28,0 | 160,0 | Rue V Hugo | Albertville | D990 | 339 | 14:13 | 14:26 | 14:40 | 14:57 | 15:17 |
| 0,5 | 27,5 | 160,5 | Ave Général de Gaulle | Albertville | D990 | 328 | 14:15 | 14:28 | 14:42 | 15:00 | 15:20 |
| 3,0 | 24,5 | 163,5 | Gilly sur Isère | Gilly sur Isère | D990 | 321 | 14:26 | 14:40 | 14:55 | 15:13 | 15:35 |
| 4,0 | 20,5 | 167,5 | Frontenex | Frontenex | D201 | 325 | 14:41 | 14:56 | 15:12 | 15:32 | 15:55 |
| 2,5 | 18,0 | 170,0 | Saint Vital | Saint Vital | D201 | 324 | 14:50 | 15:06 | 15:23 | 15:43 | 16:07 |
| 1,0 | 17,0 | 171,0 | Montailloset | Montailloset | D201 | 398 | 14:54 | 15:10 | 15:27 | 15:48 | 16:12 |
| 3,0 | 14,0 | 174,0 | Gréy sur Isere | Gréy sur Isere | D222 | 358 | 15:05 | 15:22 | 15:40 | 16:02 | 16:27 |
| 2,5 | 11,5 | 176,5 | Int D222 D925 | Aiton | D925 | 307 | 15:15 | 15:32 | 15:51 | 16:13 | 16:40 |
| 4,5 | 7,0 | 181,0 | Aiton | Aiton | D72 | 407 | 15:31 | 15:50 | 16:10 | 16:34 | 17:02 |
| | 7,0 | 181,0 | | | | | 15:31 | 15:50 | 16:10 | 16:34 | 17:02 |
| | 7,0 | 181,0 | | Bonvillaret et Randens | D72 | | 15:31 | 15:50 | 16:10 | 16:34 | 17:02 |
| 7,0 | 0,0 | 188,0 | AIGUEBELLE | AIGUEBELLE | | 320 | 15:58 | 16:18 | 16:40 | 17:06 | 17:37 |
| | | | AH QUE LA France EST BELLE | | | | | | | | |



LA FRANCE EN COURANT
30^{ème} Tour du 14 juillet au 28 juillet 2018
vendredi, 20 juillet 2018



Etape de 192,5 Km

6ème Etape
AIGUEBELLE (73) – BRIANCON (05)

| km | | Commune - Lieu Dit | Commune Traversée | ROUTE | Altitude | s de passages | | | | | | | | |
|-------------|-----------|--------------------|-----------------------------------|-----------------------------|----------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| à parcourir | parcourus | | | | | Suivie | 16km/h | 15km/h | 14 km/h | 13 km/h | 12 km/h | | | |
| | | SAVOIE (73) | | | | | | | | | | | | |
| | 192,5 | 0,0 | AIGUEBELLE | AIGUEBELLE | | | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| | 192,5 | 0,0 | | | | | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| | 192,5 | 0,0 | (Départ Décalé) | | | | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| | 192,5 | 0,0 | | | | | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| | 192,5 | 0,0 | | | | | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 0,0 | 192,5 | 0,0 | La CHAPELLE | La Chapelle | D75 | 457 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 2,5 | 190,0 | 2,5 | Int D75 VC (Anc Rte Royale) | La Chapelle | VC | 410 | 03:09 | 03:10 | 03:10 | 03:10 | 03:11 | 03:12 | 03:12 | 03:12 |
| 1,0 | 189,0 | 3,5 | Les Chavannes en Maurienne | Les Chavannes en Maurienne | D76A | 411 | 03:13 | 03:14 | 03:15 | 03:16 | 03:17 | 03:17 | 03:17 | 03:17 |
| 5,0 | 184,0 | 8,5 | La Chambre | La Chambre | D927 | 466 | 03:31 | 03:34 | 03:36 | 03:39 | 03:42 | 03:42 | 03:42 | 03:42 |
| 2,0 | 182,0 | 10,5 | Sain Etienne de Cuines | Sain Etienne de Cuines | D927 | 453 | 03:39 | 03:42 | 03:45 | 03:48 | 03:52 | 03:52 | 03:52 | 03:52 |
| | 182,0 | 10,5 | Saint alban des Villards | Saint alban des Villards | D927 | 932 | 03:39 | 03:42 | 03:45 | 03:48 | 03:52 | 03:52 | 03:52 | 03:52 |
| 10,5 | 171,5 | 21,0 | Saint Colomban Des Villards | Saint Colomban Des Villards | D927 | 1102 | 04:18 | 04:24 | 04:30 | 04:36 | 04:42 | 04:42 | 04:42 | 04:42 |
| 10,0 | 161,5 | 31,0 | Col du Glandon | Saint Colomban Des Villards | D926 | 1922 | 04:56 | 05:04 | 05:12 | 05:23 | 05:35 | 05:35 | 05:35 | 05:35 |
| 3,0 | 158,5 | 34,0 | Col de la Croix de Fer | Saint Sorlin d'Arves | D926 | 2065 | 05:07 | 05:16 | 05:25 | 05:36 | 05:50 | 05:50 | 05:50 | 05:50 |
| 6,5 | 152,0 | 40,5 | Saint Sorlin d'Arves | Saint Sorlin d'Arves | D926 | 1500 | 05:31 | 05:42 | 05:53 | 06:06 | 06:22 | 06:22 | 06:22 | 06:22 |
| 3,5 | 148,5 | 44,0 | St Jean d'Arves | St Jean d'Arves | D926 | 1555 | 05:45 | 05:56 | 06:08 | 06:23 | 06:40 | 06:40 | 06:40 | 06:40 |
| 4,0 | 144,5 | 48,0 | Int D926 D80 | Albiez Montrond | D80 | 1228 | 06:00 | 06:12 | 06:25 | 06:41 | 07:00 | 07:00 | 07:00 | 07:00 |
| 8,0 | 136,5 | 56,0 | Albiez Montrond | Albiez Montrond | D80 | 1500 | 06:30 | 06:44 | 07:00 | 07:18 | 07:40 | 07:40 | 07:40 | 07:40 |
| 4,5 | 132,0 | 60,5 | Albiez le Jeune | Albiez le Jeune | D80 | 1360 | 06:46 | 07:02 | 07:19 | 07:39 | 08:02 | 08:02 | 08:02 | 08:02 |
| 12,0 | 120,0 | 72,5 | Villargrondran | Villargrondran | D81 | 560 | 07:31 | 07:50 | 08:10 | 08:34 | 09:02 | 09:02 | 09:02 | 09:02 |
| 3,5 | 116,5 | 76,0 | Montricher Albanne | Montricher Albanne | D81A | 680 | 07:45 | 08:04 | 08:25 | 08:50 | 09:20 | 09:20 | 09:20 | 09:20 |
| 2,0 | 114,5 | 78,0 | Saint Julien Mont Denis | Saint Julien Mont Denis | D1006 | 656 | 07:52 | 08:12 | 08:34 | 09:00 | 09:30 | 09:30 | 09:30 | 09:30 |
| 4,0 | 110,5 | 82,0 | Saint Martin de la Porte | Saint Martin de la Porte | D1006 | 700 | 08:07 | 08:28 | 08:51 | 09:18 | 09:50 | 09:50 | 09:50 | 09:50 |
| 3,0 | 107,5 | 85,0 | Saint Michel de Maurienne | Saint Michel de Maurienne | D902 | 700 | 08:18 | 08:40 | 09:04 | 09:32 | 10:05 | 10:05 | 10:05 | 10:05 |
| 1,0 | 106,5 | 86,0 | Saint martin d'Arc | Saint Martin d'Arc | D902 | 720 | 08:22 | 08:44 | 09:08 | 09:36 | 10:10 | 10:10 | 10:10 | 10:10 |
| 11,5 | 95,0 | 97,5 | Col du Télégraphe | Valloire | D902 | 1566 | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | 11:07 | 11:07 | 11:07 |
| | 95,0 | 97,5 | | | | | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | 11:07 | 11:07 | 11:07 |
| | 95,0 | 97,5 | | | | | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | 11:07 | 11:07 | 11:07 |
| | 95,0 | 97,5 | | | | | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | 11:07 | 11:07 | 11:07 |
| | 95,0 | 97,5 | | | | | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | 11:07 | 11:07 | 11:07 |
| | 95,0 | 97,5 | | | | | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | 11:07 | 11:07 | 11:07 |
| | 95,0 | 97,5 | | | | | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | 11:07 | 11:07 | 11:07 |
| | 95,0 | 97,5 | | | | | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | 11:07 | 11:07 | 11:07 |
| | 95,0 | 97,5 | | | | | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | 11:07 | 11:07 | 11:07 |
| | 95,0 | 97,5 | | | | | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | 11:07 | 11:07 | 11:07 |
| | 95,0 | 97,5 | | | | | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | 11:07 | 11:07 | 11:07 |
| | 95,0 | 97,5 | | | | | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | 11:07 | 11:07 | 11:07 |
| 5,0 | 90,0 | 102,5 | VALLOIRE | Valloire | | | 09:24 | 09:50 | 10:19 | 10:53 | 11:32 | 11:32 | 11:32 | 11:32 |
| | | | Départ 2ème demi étape | | | 1428 | | | | | | | | |
| | | | VALLOIRE | | D902 | | 10:15 | 10:15 | 10:15 | 10:15 | 10:15 | 10:15 | 10:15 | 10:15 |
| 0,0 | 90,0 | 102,5 | VALLOIRE | | D902 | | 10:15 | 10:15 | 10:15 | 10:15 | 10:15 | 10:15 | 10:15 | 10:15 |
| 16,5 | 73,5 | 119,0 | Col du Galibier | Valloire | D902 | 2645 | 11:16 | 11:21 | 11:25 | 11:31 | 11:37 | 11:37 | 11:37 | 11:37 |
| 0,0 | 73,5 | 119,0 | | | D902 | | 11:16 | 11:21 | 11:25 | 11:31 | 11:37 | 11:37 | 11:37 | 11:37 |
| | | | HAUTES ALPES (05) | | | | | | | | | | | |
| 12,0 | 61,5 | 131,0 | Col du Lautaret Int D902 D1091 | Les Monétier les Bains | D1091 | 2057 | 12:01 | 12:09 | 12:17 | 12:26 | 12:37 | 12:37 | 12:37 | 12:37 |
| 13,0 | 48,5 | 144,0 | Les Monétier les Bains | Les Monétier les Bains | D1091 | 1513 | 12:50 | 13:01 | 13:12 | 13:26 | 13:42 | 13:42 | 13:42 | 13:42 |
| 4,0 | 44,5 | 148,0 | La Salle les Alpes | La Salle les Alpes | D1091 | 1400 | 13:05 | 13:17 | 13:30 | 13:45 | 14:02 | 14:02 | 14:02 | 14:02 |
| 6,0 | 38,5 | 154,0 | Saint Chaffrey | Saint Chaffrey | D1091 | 1364 | 13:28 | 13:41 | 13:55 | 14:12 | 14:32 | 14:32 | 14:32 | 14:32 |
| 4,0 | 34,5 | 158,0 | BRIANCON | BRIANCON | D902 | 1212 | 13:43 | 13:57 | 14:12 | 14:31 | 14:52 | 14:52 | 14:52 | 14:52 |
| 8,5 | 26,0 | 166,5 | Cervièrès | Cervièrès | D902 | 1612 | 14:15 | 14:31 | 14:49 | 15:10 | 15:35 | 15:35 | 15:35 | 15:35 |
| 9,0 | 17,0 | 175,5 | Col de l'izoard | Cervièrès | D902 | 2360 | 14:48 | 15:07 | 15:27 | 15:51 | 16:20 | 16:20 | 16:20 | 16:20 |
| 1,0 | 16,0 | 176,5 | Refuge Napoléons | Cervièrès | D902 | 2267 | 14:52 | 15:11 | 15:32 | 15:56 | 16:25 | 16:25 | 16:25 | 16:25 |
| 6,0 | 10,0 | 182,5 | Le Laus | Cervièrès | D902 | 1745 | 15:15 | 15:35 | 15:57 | 16:24 | 16:55 | 16:55 | 16:55 | 16:55 |
| 1,5 | 8,5 | 184,0 | Cervièrès | Cervièrès | D902 | 1612 | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| | 8,5 | 184,0 | | | | | 15:20 | 15:41 | 16:04 | 16:31 | 17:02 | 17:02 | 17:02 | 17:02 |
| 8,5 | 0,0 | 192,5 | BRIANCON | BRIANCON | | 1212 | 15:52 | 16:15 | 16:40 | 17:10 | 17:45 | 17:45 | 17:45 | 17:45 |
| | | | AH QUE LA France EST BELLE | | | | | | | | | | | |



LA FRANCE EN COURANT
30 ème Tour du 14 juillet au 28 juillet 2018
samedi, 21 juillet 2018



Etape de 191 Km

7ème Etape
BRIANCON (05) – VILLARD DE LANS (38)

| km | Commune - Lieu Dit | | Commune Traversée | Altitude | s de passages | | | | | | |
|-----------------------------------|--------------------|-----------|---------------------------------------|-----------------------------|---------------|--------|--------------|--------------|--------------|--------------|--------------|
| | à parcourir | parcourus | | | Suivie | 16km/h | 15km/h | 14 km/h | 13 km/h | 12 km/h | |
| HAUTES ALPES (05) | | | | | | | | | | | |
| 0,0 | 191,0 | 0,0 | BRIANCON | BRIANCON | D1091 | | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 4,5 | 186,5 | 4,5 | Saint Chaffrey | Saint Chaffrey | D1091 | 1364 | 03:16 | 03:18 | 03:19 | 03:20 | 03:22 |
| 6,0 | 180,5 | 10,5 | La Salle les Alpes | La Salle les Alpes | D1091 | 1400 | 03:39 | 03:42 | 03:45 | 03:48 | 03:52 |
| 4,0 | 176,5 | 14,5 | Les Monétier les Bains | Les Monétier les Bains | D1091 | 1513 | 03:54 | 03:58 | 04:02 | 04:06 | 04:12 |
| 13,0 | 163,5 | 27,5 | Col du Lautaret Int D902 D1091 | Les Monétier les Bains | D1091 | 2057 | 04:43 | 04:50 | 04:57 | 05:06 | 05:17 |
| 8,0 | 155,5 | 35,5 | Villar d'Arène | Villar d'Arène | D1091 | 1650 | 05:13 | 05:22 | 05:32 | 05:43 | 05:57 |
| | 155,5 | 35,5 | Tunnel des Ardoisières | | | | 05:13 | 05:22 | 05:32 | 05:43 | 05:57 |
| | 155,5 | 35,5 | Tunnel Pont du Maurian | La Grave | D1091 | 1472 | 05:13 | 05:22 | 05:32 | 05:43 | 05:57 |
| 3,0 | 152,5 | 38,5 | La Grave | La Grave | D1091 | 1270 | 05:24 | 05:34 | 05:45 | 05:57 | 06:12 |
| 8,0 | 144,5 | 46,5 | ISERE (38) | | D1091 | 1134 | 05:54 | 06:06 | 06:19 | 06:34 | 06:52 |
| | 144,5 | 46,5 | Tunnel du Grand Chambon | Mizoen | D1091 | | 05:54 | 06:06 | 06:19 | 06:34 | 06:52 |
| 6,5 | 138,0 | 53,0 | Inter D 213 D1091 (Barrage du Chambon | Mizoen | D1091 | 1043 | 06:18 | 06:32 | 06:47 | 07:04 | 07:25 |
| 2,0 | 136,0 | 55,0 | Le Freney d'Oisans | Le Freney d'Oisans | D211A | 930 | 06:26 | 06:40 | 06:55 | 07:13 | 07:35 |
| 7,5 | 128,5 | 62,5 | Mairie d Auris | Auris | D211A | 1276 | 06:54 | 07:10 | 07:27 | 07:48 | 08:12 |
| 8,0 | 120,5 | 70,5 | La Garde | La Garde | D211 | 980 | 07:24 | 07:42 | 08:02 | 08:25 | 08:52 |
| 4,0 | 116,5 | 74,5 | Le Bourg d'Oisans | Le Bourg d'Oisans | D1091 | 720 | 07:39 | 07:58 | 08:19 | 08:43 | 09:12 |
| 2,0 | 114,5 | 76,5 | Int D1091 D526 | Le Bourg d'Oisans | D526 | 720 | 07:46 | 08:06 | 08:27 | 08:53 | 09:22 |
| | 114,5 | 76,5 | | Oulles | D526 | 807 | 07:46 | 08:06 | 08:27 | 08:53 | 09:22 |
| 10,0 | 104,5 | 86,5 | Station du Col d'ornon | Ornon | D526 | 1328 | 08:24 | 08:46 | 09:10 | 09:39 | 10:12 |
| 1,0 | 103,5 | 87,5 | Col d'Ornon | Chantelouve | D526 | 1360 | 08:28 | 08:50 | 09:15 | 09:43 | 10:17 |
| 3,5 | 100,0 | 91,0 | Chantelouve | Chantelouve | D526 | 1100 | 08:41 | 09:04 | 09:30 | 10:00 | 10:35 |
| 6,5 | 93,5 | 97,5 | Le Périer | Le Périer | D526 | 900 | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 |
| 4,5 | 89,0 | 102,0 | Entraigues | Entraigues | D526 | 800 | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| | 89,0 | 102,0 | | | | | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 |
| 4,5 | 84,5 | 106,5 | VALBONNAIS | Valbonnais | | | 09:39 | 10:06 | 10:36 | 11:11 | 11:52 |
| Départ 2ème demi étape | | | | | | | | | | | |
| 0,0 | 84,5 | 106,5 | VALBONNAIS | Valbonnais | D526 | 785 | 10:30 | 10:30 | 10:30 | 10:30 | 10:30 |
| 3,5 | 81,0 | 110,0 | Pont du Pretre | Valbonnais | D26 | 670 | 10:43 | 10:44 | 10:45 | 10:46 | 10:47 |
| 3,0 | 78,0 | 113,0 | Siévoz | Siévoz | D26 | 745 | 10:54 | 10:56 | 10:57 | 11:00 | 11:02 |
| 3,0 | 75,0 | 116,0 | Le Bas Roizon | Nantes en Ratier | D26 | 780 | 11:05 | 11:08 | 11:10 | 11:13 | 11:17 |
| 5,0 | 70,0 | 121,0 | La Mure | La Mure | D1085 | 870 | 11:24 | 11:28 | 11:32 | 11:36 | 11:42 |
| 2,5 | 67,5 | 123,5 | Le Villaret | Susville | D529 | 891 | 11:33 | 11:38 | 11:42 | 11:48 | 11:55 |
| 6,0 | 61,5 | 129,5 | La Motte d'Aveillans | La Motte d'Aveillans | D529 | 900 | 11:56 | 12:02 | 12:08 | 12:16 | 12:25 |
| 3,0 | 58,5 | 132,5 | Le Mollard | La Motte d'Aveillans | D529 | 845 | 12:07 | 12:14 | 12:21 | 12:30 | 12:40 |
| 2,5 | 56,0 | 135,0 | Monteynard | Monteynard | D529 | 805 | 12:16 | 12:24 | 12:32 | 12:41 | 12:52 |
| 4,5 | 51,5 | 139,5 | Notre dame de Commiers | Notre dame de Commiers | D529 | 528 | 12:33 | 12:42 | 12:51 | 13:02 | 13:15 |
| 3,5 | 48,0 | 143,0 | Saint georges de Commiers | Saint georges de Commiers | D63 | 344 | 12:46 | 12:56 | 13:06 | 13:18 | 13:32 |
| 4,5 | 43,5 | 147,5 | Vif | Vif | D1075 | 311 | 13:03 | 13:14 | 13:25 | 13:39 | 13:55 |
| 4,0 | 39,5 | 151,5 | Varces Allières et Risset | Varces Allières et Risset | D107 | 274 | 13:18 | 13:30 | 13:42 | 13:57 | 14:15 |
| 4,5 | 35,0 | 156,0 | Claix | Claix | D106D | 292 | 13:35 | 13:48 | 14:02 | 14:18 | 14:37 |
| 5,0 | 30,0 | 161,0 | Seyssins | Seyssins | D106 | 344 | 13:54 | 14:08 | 14:23 | 14:41 | 15:02 |
| | 30,0 | 161,0 | | Seyssinet Pariset | D106 | 613 | 13:54 | 14:08 | 14:23 | 14:41 | 15:02 |
| 12,0 | 18,0 | 173,0 | Saint Nizier du moucherotte | Saint Nizier du moucherotte | D106 | 1159 | 14:39 | 14:56 | 15:15 | 15:36 | 16:02 |
| 8,5 | 9,5 | 181,5 | Lans en Vercors Route de l'Aigle | Lans en Vercors | VC | 1030 | 15:11 | 15:30 | 15:51 | 16:16 | 16:45 |
| | 9,5 | 181,5 | | | | | 15:11 | 15:30 | 15:51 | 16:16 | 16:45 |
| | 9,5 | 181,5 | | | | | 15:11 | 15:30 | 15:51 | 16:16 | 16:45 |
| | 9,5 | 181,5 | | | | | 15:11 | 15:30 | 15:51 | 16:16 | 16:45 |
| | 9,5 | 181,5 | | | | | 15:11 | 15:30 | 15:51 | 16:16 | 16:45 |
| | 9,5 | 181,5 | | | | | 15:11 | 15:30 | 15:51 | 16:16 | 16:45 |
| | 9,5 | 181,5 | | | | | 15:11 | 15:30 | 15:51 | 16:16 | 16:45 |
| | 9,5 | 181,5 | | | | | 15:11 | 15:30 | 15:51 | 16:16 | 16:45 |
| | 9,5 | 181,5 | | | | | 15:11 | 15:30 | 15:51 | 16:16 | 16:45 |
| | 9,5 | 181,5 | | | | | 15:11 | 15:30 | 15:51 | 16:16 | 16:45 |
| | 9,5 | 181,5 | | | | | 15:11 | 15:30 | 15:51 | 16:16 | 16:45 |
| | 9,5 | 181,5 | | | | | 15:11 | 15:30 | 15:51 | 16:16 | 16:45 |
| 9,5 | 0,0 | 191,0 | VILLARD DE LANS | VILLARD DE LANS | | 1020 | 15:46 | 16:08 | 16:32 | 17:00 | 17:32 |
| AH QUE LA France EST BELLE | | | | | | | | | | | |



LA FRANCE EN COURANT
30 ème Tour du 14 juillet au 28 juillet 2018
dimanche, 22 juillet 2018



Etape de 191 Km

8ème Etape
VILLARD DE LANS (38) – SAINT GALMIER(42)

| km | à parcourir | parcourus | Commune - Lieu Dit | Commune Traversée | ROUTE | Altitude | s de passages | | | | | | |
|-------------------------------|-------------|-----------|-------------------------------------|---------------------------|--------|----------|---------------|--------------|--------------|--------------|--------------|--|--|
| | | | | | Suivie | | 16km/h | 15km/h | 14 km/h | 13 km/h | 12 km/h | | |
| ISERE (38) | | | | | | | | | | | | | |
| 0,0 | 191,0 | 0,0 | VILLARD DE LANS | Villard de Lans | D531 | 1020 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | | |
| 4,0 | 187,0 | 4,0 | Les Jarrands | Villard de Lans | D531 | 934 | 03:15 | 03:16 | 03:17 | 03:18 | 03:20 | | |
| 3,5 | 183,5 | 7,5 | ○ Pont de la Valchevière | Rencurel | D531 | 780 | 03:28 | 03:30 | 03:32 | 03:34 | 03:37 | | |
| 1,5 | 182,0 | 9,0 | Int D103 D531 | Rencurel | D531 | 720 | 03:33 | 03:36 | 03:38 | 03:41 | 03:45 | | |
| 3,0 | 179,0 | 12,0 | La Balme de Rencurel | Rencurel | D531 | 659 | 03:45 | 03:48 | 03:51 | 03:55 | 04:00 | | |
| 7,5 | 171,5 | 19,5 | Choranche | Choranche | D531 | 278 | 04:13 | 04:18 | 04:23 | 04:30 | 04:37 | | |
| 5,5 | 166,0 | 25,0 | ○ Pont en Royans | Pont en Royans | D518 | 204 | 04:33 | 04:40 | 04:47 | 04:55 | 05:05 | | |
| | 166,0 | 25,0 | | Auberives en Royans | D518 | | 04:33 | 04:40 | 04:47 | 04:55 | 05:05 | | |
| | 166,0 | 25,0 | | Saint André en Royans | D518 | | 04:33 | 04:40 | 04:47 | 04:55 | 05:05 | | |
| | 166,0 | 25,0 | | Saint Just de Claix | D518 | | 04:33 | 04:40 | 04:47 | 04:55 | 05:05 | | |
| 5,0 | 161,0 | 30,0 | Int D518 D71 | Saint Romans | D71 | 233 | 04:52 | 05:00 | 05:08 | 05:18 | 05:30 | | |
| 0,5 | 160,5 | 30,5 | Int D1535 D71 | Saint Romans | D71 | 217 | 04:54 | 05:02 | 05:10 | 05:20 | 05:32 | | |
| 4,0 | 156,5 | 34,5 | La Sône Int D71 D1092 D20 | La Sône | D20 | 260 | 05:09 | 05:18 | 05:27 | 05:39 | 05:52 | | |
| 4,0 | 152,5 | 38,5 | ○ Chatte | Chatte | D27 | 284 | 05:24 | 05:34 | 05:45 | 05:57 | 06:12 | | |
| 7,5 | 145,0 | 46,0 | St Antoine l'Abbaye | St Antoine l'Abbaye | D27 | 352 | 05:52 | 06:04 | 06:17 | 06:32 | 06:50 | | |
| 3,5 | 141,5 | 49,5 | Col de la Madeleine | St Antoine l'Abbaye | D27 | 494 | 06:05 | 06:18 | 06:32 | 06:48 | 07:07 | | |
| | 141,5 | 49,5 | | Dionay | D27 | 452 | 06:05 | 06:18 | 06:32 | 06:48 | 07:07 | | |
| 2,5 | 139,0 | 52,0 | DROME (26) | | | | | | | | | | |
| | | | | St Bonnet de Valclérieux | D67A | 419 | 06:15 | 06:28 | 06:42 | 07:00 | 07:20 | | |
| 2,0 | 137,0 | 54,0 | St Bonnet de Valclérieux | St Bonnet de Valclérieux | D67A | 403 | 06:22 | 06:36 | 06:51 | 07:09 | 07:30 | | |
| 2,5 | 134,5 | 56,5 | Inter D67A D67 D513 | Miribel | D513 | 359 | 06:31 | 06:46 | 07:02 | 07:20 | 07:42 | | |
| 1,0 | 133,5 | 57,5 | Miribel | Miribel | D513 | 422 | 06:35 | 06:50 | 07:06 | 07:25 | 07:47 | | |
| 5,0 | 128,5 | 62,5 | Int D513 D66 D187 | St Christophe et le Laris | D187 | 338 | 06:54 | 07:10 | 07:27 | 07:48 | 08:12 | | |
| 9,0 | 119,5 | 71,5 | ○ Hauterives | Hauterives | D51 | 299 | 07:28 | 07:46 | 08:06 | 08:30 | 08:57 | | |
| 6,0 | 113,5 | 77,5 | Châteauneuf de Galaure | Châteauneuf de Galaure | D53 | 250 | 07:50 | 08:10 | 08:32 | 08:57 | 09:27 | | |
| 4,0 | 109,5 | 81,5 | Int D53 D132 | Châteauneuf de Galaure | D132 | 305 | 08:05 | 08:26 | 08:49 | 09:16 | 09:47 | | |
| 0,5 | 109,0 | 82,0 | Int D832 D132 | Châteauneuf de Galaure | D132 | 274 | 08:07 | 08:28 | 08:51 | 09:18 | 09:50 | | |
| 2,0 | 107,0 | 84,0 | Mantaille | Anneyron | D132 | 253 | 08:15 | 08:36 | 09:00 | 09:27 | 10:00 | | |
| 4,0 | 103,0 | 88,0 | St Martin des Rosiers | Albon | D132 | 199 | 08:30 | 08:52 | 09:17 | 09:46 | 10:20 | | |
| 6,0 | 97,0 | 94,0 | Andancette | Andancette | D1 | 145 | 08:52 | 09:16 | 09:42 | 10:13 | 10:50 | | |
| 0,5 | 96,5 | 94,5 | ARDECHE (07) | | | | | | | | | | |
| | | | | Andance | D82 | 146 | 08:56 | 09:20 | 09:47 | 10:18 | 10:55 | | |
| 0,5 | 96,0 | 95,0 | ○ Andance | Andance | D82 | 146 | 08:56 | 09:20 | 09:47 | 10:18 | 10:55 | | |
| | 96,0 | 95,0 | Inr D82 D370 | Andance | D370 | | 08:56 | 09:20 | 09:47 | 10:18 | 10:55 | | |
| | 96,0 | 95,0 | Int D370 VC Les Rioux | Andance | VC | 150 | 08:56 | 09:20 | 09:47 | 10:18 | 10:55 | | |
| 2,5 | 93,5 | 97,5 | Int VC VC rue des Ecoles | Saint Etienne de Valoux | VC | 160 | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | | |
| | | | Int VC CD 82 | Saint Etienne de Valoux | D82 | | 09:05 | 09:30 | 09:57 | 10:30 | 11:07 | | |
| 1,0 | 92,5 | 98,5 | Saint etienne de Valoux | Saint Etienne de Valoux | D291 | 185 | 09:09 | 09:34 | 10:02 | 10:34 | 11:12 | | |
| 1,5 | 91,0 | 100,0 | St Désirat | St Désirat | D406 | 175 | 09:15 | 09:40 | 10:08 | 10:41 | 11:20 | | |
| 6,0 | 85,0 | 106,0 | Colombier le Cardinal | Colombier le Cardinal | D406 | 367 | 09:37 | 10:04 | 10:34 | 11:09 | 11:50 | | |
| 3,0 | 82,0 | 109,0 | Passage sous D820 | Peaugres | D406 | 405 | 09:48 | 10:16 | 10:47 | 11:23 | 12:05 | | |
| 1,5 | 80,5 | 110,5 | ○ Peaugres | Peaugres | D242A | 372 | 09:54 | 10:22 | 10:53 | 11:30 | 12:12 | | |
| 2,5 | 78,0 | 113,0 | Int D242A D242 | Félines | D242 | 360 | 10:03 | 10:32 | 11:04 | 11:41 | 12:25 | | |
| 1,5 | 76,5 | 114,5 | Félines | Félines | D242 | 400 | 10:09 | 10:38 | 11:10 | 11:48 | 12:32 | | |
| 4,5 | 72,0 | 119,0 | Inter D271 D242 | Vinzieux | D242 | 402 | 10:26 | 10:56 | 11:30 | 12:09 | 12:55 | | |
| 2,0 | 70,0 | 121,0 | Chaurreille | saint Jacques d'Atticieux | D242 | 388 | 10:33 | 11:04 | 11:38 | 12:18 | 13:05 | | |
| 0,5 | 69,5 | 121,5 | LOIRE (42) | | | | | | | | | | |
| 2,5 | 67,0 | 124,0 | MACLAS | Maclas | D19 | 360 | 10:35 | 11:06 | 11:40 | 12:20 | 13:07 | | |
| | | | | Maclas | D19 | 402 | 10:45 | 11:16 | 11:51 | 12:32 | 13:20 | | |
| Départ 2ème demi étape | | | | | | | | | | | | | |
| 0,0 | 67,0 | 124,0 | MACLAS | Maclas | D19 | 402 | 12:15 | 12:15 | 12:15 | 12:15 | 12:15 | | |
| | 67,0 | 124,0 | | Bessy | D19 | | 12:15 | 12:15 | 12:15 | 12:15 | 12:15 | | |
| 4,5 | 62,5 | 128,5 | La Garde | Roisey | D19 | 438 | 12:31 | 12:33 | 12:34 | 12:35 | 12:37 | | |
| 4,5 | 58,0 | 133,0 | ○ Pélussin | Pélussin | D19 | 501 | 12:48 | 12:51 | 12:53 | 12:56 | 13:00 | | |
| 1,5 | 56,5 | 134,5 | Int D7 D62 D7 Puis d62 | Pélussin | D62 | 543 | 12:54 | 12:57 | 13:00 | 13:03 | 13:07 | | |
| 6,5 | 50,0 | 141,0 | Charbonniere | La Terrasse sur Dorlay | D62 | 500 | 13:18 | 13:23 | 13:27 | 13:33 | 13:40 | | |
| 3,0 | 47,0 | 144,0 | They | Saint Paul en Jarez | D7 | 750 | 13:30 | 13:35 | 13:40 | 13:47 | 13:55 | | |
| 4,0 | 43,0 | 148,0 | La Terrasse sur Dorlay | La Terrasse sur Dorlay | D7 | 460 | 13:45 | 13:51 | 13:57 | 14:05 | 14:15 | | |
| 4,5 | 38,5 | 152,5 | Saint Paul en Jarez | Saint Paul en Jarez | D36 | 400 | 14:01 | 14:09 | 14:17 | 14:26 | 14:37 | | |
| 7,0 | 31,5 | 159,5 | ○ Saint Chamond | Saint Chamond | D1498 | 400 | 14:28 | 14:37 | 14:47 | 14:58 | 15:12 | | |
| 6,0 | 25,5 | 165,5 | Sorbiers | Sorbiers | D1498 | 505 | 14:50 | 15:01 | 15:12 | 15:26 | 15:42 | | |
| 1,0 | 24,5 | 166,5 | La Talaudière Rue Brayetière | La Talaudière | D3 | 504 | 14:54 | 15:05 | 15:17 | 15:31 | 15:47 | | |
| 1,0 | 23,5 | 167,5 | Sorbiers | Sorbiers | D3 | 520 | 14:58 | 15:09 | 15:21 | 15:35 | 15:52 | | |
| 1,0 | 22,5 | 168,5 | Int D3 D23 | Sorbiers | D3 | 636 | 15:01 | 15:13 | 15:25 | 15:40 | 15:57 | | |
| 6,5 | 16,0 | 175,0 | Int D23 D11 | Saint Héand | D11 | 604 | 15:26 | 15:39 | 15:53 | 16:10 | 16:30 | | |
| 2,5 | 13,5 | 177,5 | Saint Héand | Saint Héand | D54 | 650 | 15:35 | 15:49 | 16:04 | 16:21 | 16:42 | | |
| 6,0 | 7,5 | 183,5 | Saint Bonnet les Oules | Saint Bonnet les Oules | D54 | 500 | 15:58 | 16:13 | 16:30 | 16:49 | 17:12 | | |
| 3,0 | 4,5 | 186,5 | Int D54 D10 | Veauche | D10 | 401 | 16:09 | 16:25 | 16:42 | 17:03 | 17:27 | | |
| 2,0 | 2,5 | 188,5 | ○ Chamboeuf | Chamboeuf | D10 | 402 | 16:16 | 16:33 | 16:51 | 17:12 | 17:37 | | |
| | 2,5 | 188,5 | | | | | 16:16 | 16:33 | 16:51 | 17:12 | 17:37 | | |
| | 2,5 | 188,5 | | | | | 16:16 | 16:33 | 16:51 | 17:12 | 17:37 | | |
| | 2,5 | 188,5 | | | | | 16:16 | 16:33 | 16:51 | 17:12 | 17:37 | | |
| | 2,5 | 188,5 | | | | | 16:16 | 16:33 | 16:51 | 17:12 | 17:37 | | |
| 2,5 | 0,0 | 191,0 | ○ SAINT GALMIER | Saint Galmier | | 401 | 16:26 | 16:43 | 17:02 | 17:24 | 17:50 | | |
| | | | ○ AH QUE LA France EST BELLE | | | | | | | | | | |



LA FRANCE EN COURANT
30^{ème} Tour du 14 juillet au 28 juillet 2018
lundi, 23 juillet 2018



Etape de 189,5 Km

9^{ème} Etape
SAINT GALMIER(42) – IMPHY (58)

| km | | | Commune - Lieu Dit | Commune Traversée | ROUTE | Altitude | s de passages | | | | | | | |
|-------------|----------|-------|--|-------------------------|-------|----------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| à parcourir | parcours | | | | | | Suivie | 16km/h | 15km/h | 14 km/h | 13 km/h | 12 km/h | | |
| | | | LOIRE (42) | | | | | | | | | | | |
| 0,0 | 189,5 | 0,0 | SAINT GALMIER | Saint Galmier | D10 | 401 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 0,0 | 189,5 | 0,0 | Départ Décalé | | | | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 0,0 | 189,5 | 0,0 | FEURS (Parking Stade) | Feurs | D107 | 343 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 4,5 | 185,0 | 4,5 | Civens | Civens | D10 | 388 | 03:16 | 03:18 | 03:19 | 03:20 | 03:22 | | | |
| 3,0 | 182,0 | 7,5 | ○ Pouilly lès Feurs | Pouilly lès Feurs | D10 | 363 | 03:28 | 03:30 | 03:32 | 03:34 | 03:37 | | | |
| 4,5 | 177,5 | 12,0 | Balbigny Rue de l'industrie | Balbigny | D56 | 330 | 03:45 | 03:48 | 03:51 | 03:55 | 04:00 | | | |
| | 177,5 | 12,0 | | Saint Marcel de Félines | D56 | 330 | 03:45 | 03:48 | 03:51 | 03:55 | 04:00 | | | |
| 10,5 | 167,0 | 22,5 | Pinay | Pinay | D56 | 412 | 04:24 | 04:30 | 04:36 | 04:43 | 04:52 | | | |
| 1,5 | 165,5 | 24,0 | St Jodard | St Jodard | D56 | 417 | 04:30 | 04:36 | 04:42 | 04:50 | 05:00 | | | |
| 3,5 | 162,0 | 27,5 | Inter D42 D56 | Saint Priest la Roche | D56 | 340 | 04:43 | 04:50 | 04:57 | 05:06 | 05:17 | | | |
| 7,5 | 154,5 | 35,0 | Inter D45 D56 | Cordelle | D56 | 413 | 05:11 | 05:20 | 05:30 | 05:41 | 05:55 | | | |
| 9,0 | 145,5 | 44,0 | Inter D56 D18 | Commelle Vernay | D18 | 379 | 05:45 | 05:56 | 06:08 | 06:23 | 06:40 | | | |
| 1,0 | 144,5 | 45,0 | Barrage de Villerest | | D18 | 320 | 05:48 | 06:00 | 06:12 | 06:27 | 06:45 | | | |
| 1,0 | 143,5 | 46,0 | ○ Villerest | Villerest | D18 | 354 | 05:52 | 06:04 | 06:17 | 06:32 | 06:50 | | | |
| 4,0 | 139,5 | 50,0 | Int D53 D18 | Lentigny | D18 | 367 | 06:07 | 06:20 | 06:34 | 06:50 | 07:10 | | | |
| 0,5 | 139,0 | 50,5 | Lentigny Rue de Primevers | Lentigny | VC | 371 | 06:09 | 06:22 | 06:36 | 06:53 | 07:12 | | | |
| | 139,0 | 50,5 | | Ouches | VC | 369 | 06:09 | 06:22 | 06:36 | 06:53 | 07:12 | | | |
| 2,5 | 136,5 | 53,0 | Int D31 VC (Les Echos) | Saint André d'Apchon | VC | 375 | 06:18 | 06:32 | 06:47 | 07:04 | 07:25 | | | |
| 3,0 | 133,5 | 56,0 | ○ Saint André d'Apchon | Saint André d'Apchon | D8 | 382 | 06:30 | 06:44 | 07:00 | 07:18 | 07:40 | | | |
| 1,0 | 132,5 | 57,0 | Int D8 D47 | Renaion | D47 | 390 | 06:33 | 06:48 | 07:04 | 07:23 | 07:45 | | | |
| 1,5 | 131,0 | 58,5 | Renaion | Renaion | D8 | 386 | 06:39 | 06:54 | 07:10 | 07:30 | 07:52 | | | |
| | 131,0 | 58,5 | | Saint Haon le Chatel | D8 | 399 | 06:39 | 06:54 | 07:10 | 07:30 | 07:52 | | | |
| 3,0 | 128,0 | 61,5 | Int D81 D8 | Saint Hamon le Vieux | D8 | 379 | 06:50 | 07:06 | 07:23 | 07:43 | 08:07 | | | |
| 2,0 | 126,0 | 63,5 | Int D4 D8 | Ambierle | D8 | 374 | 06:58 | 07:14 | 07:32 | 07:53 | 08:17 | | | |
| 6,5 | 119,5 | 70,0 | Changy | Changy | D307 | 350 | 07:22 | 07:40 | 08:00 | 08:23 | 08:50 | | | |
| 4,0 | 115,5 | 74,0 | ○ La Pacaudière | La Pacaudière | D307 | 340 | 07:37 | 07:56 | 08:17 | 08:41 | 09:10 | | | |
| 2,0 | 113,5 | 76,0 | Int D307 D46 | La Pacaudière | D46 | 360 | 07:45 | 08:04 | 08:25 | 08:50 | 09:20 | | | |
| | 113,5 | 76,0 | | Saint Martin d'Estréaux | D46 | 360 | 07:45 | 08:04 | 08:25 | 08:50 | 09:20 | | | |
| 5,5 | 108,0 | 81,5 | Sail les Bains | Sail les Bains | D46 | 300 | 08:05 | 08:26 | 08:49 | 09:16 | 09:47 | | | |
| 3,0 | 105,0 | 84,5 | ALLIER (03) | | D468 | 333 | 08:16 | 08:38 | 09:02 | 09:30 | 10:02 | | | |
| 0,5 | 104,5 | 85,0 | Inter D468 D990 | Montaiguët en Forez | D990 | 305 | 08:18 | 08:40 | 09:04 | 09:32 | 10:05 | | | |
| 3,0 | 101,5 | 88,0 | ○ Montaiguët en Forez | Montaiguët en Forez | D15 | 394 | 08:30 | 08:52 | 09:17 | 09:46 | 10:20 | | | |
| 4,0 | 97,5 | 92,0 | Lenax | Lenax | D15 | 354 | 08:45 | 09:08 | 09:34 | 10:04 | 10:40 | | | |
| 7,0 | 90,5 | 99,0 | ○ le Donjon | le Donjon | | 355 | 09:11 | 09:36 | 10:04 | 10:36 | 11:15 | | | |
| 3,0 | 87,5 | 102,0 | Inter D989 D15 | le Donjon | D15 | 330 | 09:22 | 09:48 | 10:17 | 10:50 | 11:30 | | | |
| 2,5 | 85,0 | 104,5 | Inter D211 D15 | Liernolles | D15 | 312 | 09:31 | 09:58 | 10:27 | 11:02 | 11:42 | | | |
| 1,0 | 84,0 | 105,5 | Inter D21 D15 | Liernolles | D15 | 304 | 09:35 | 10:02 | 10:32 | 11:06 | 11:47 | | | |
| 9,0 | 75,0 | 114,5 | Saligny sur Roudon | Saligny sur Roudon | D55 | 250 | 10:09 | 10:38 | 11:10 | 11:48 | 12:32 | | | |
| | 75,0 | 114,5 | | | | | 10:09 | 10:38 | 11:10 | 11:48 | 12:32 | | | |
| | 75,0 | 114,5 | | | | | 10:09 | 10:38 | 11:10 | 11:48 | 12:32 | | | |
| 9,0 | 66,0 | 123,5 | ○ DOMPIERRE sur Besbre | Dompierre sur Besbre | | 232 | 10:43 | 11:14 | 11:49 | 12:30 | 13:17 | | | |
| | | | Départ 2^{ème} demi étape | | | | | | | | | | | |
| 0,0 | 66,0 | 123,5 | DOMPIERRE sur Besbre | Dompierre sur Besbre | D779 | 300 | 12:00 | 12:00 | 12:00 | 12:00 | 12:00 | 12:00 | 12:00 | 12:00 |
| 2,0 | 64,0 | 125,5 | Int D779 D12 | Dompierre sur Besbre | D779 | 235 | 12:07 | 12:08 | 12:08 | 12:09 | 12:10 | | | |
| 4,5 | 59,5 | 130,0 | Int D164 D779 | Beaulon | D779 | 240 | 12:24 | 12:26 | 12:27 | 12:30 | 12:32 | | | |
| 8,5 | 51,0 | 138,5 | Chevagnes | Chevagnes | D31 | 230 | 12:56 | 13:00 | 13:04 | 13:09 | 13:15 | | | |
| 7,0 | 44,0 | 145,5 | Int D30 D31 | La Chapelle aux Chasses | D31 | 230 | 13:22 | 13:28 | 13:34 | 13:41 | 13:50 | | | |
| 1,5 | 42,5 | 147,0 | NIEVRE (58) | | D29 | 225 | 13:28 | 13:34 | 13:40 | 13:48 | 13:57 | | | |
| 3,5 | 39,0 | 150,5 | ○ Lucenay lès Aix | Lucenay lès Aix | D137 | 210 | 13:41 | 13:48 | 13:55 | 14:04 | 14:15 | | | |
| 5,5 | 33,5 | 156,0 | Cossaye | Cossaye | D137 | 222 | 14:01 | 14:10 | 14:19 | 14:30 | 14:42 | | | |
| 10,5 | 23,0 | 166,5 | ○ Decize | Decize | D981 | 190 | 14:41 | 14:52 | 15:04 | 15:18 | 15:35 | | | |
| 2,5 | 20,5 | 169,0 | Saint-Léger-des-Vignes | Saint-Léger-des-Vignes | D981 | 192 | 14:50 | 15:02 | 15:15 | 15:30 | 15:47 | | | |
| 5,5 | 15,0 | 174,5 | Int D262 D981 | Sougy-sur-Loire | D981 | 223 | 15:11 | 15:24 | 15:38 | 15:55 | 16:15 | | | |
| 5,5 | 9,5 | 180,0 | | Druy-Parigny | D981 | 218 | 15:31 | 15:46 | 16:02 | 16:20 | 16:42 | | | |
| 3,0 | 6,5 | 183,0 | Béard | Béard | D981 | 209 | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| | 6,5 | 183,0 | | Saint-Ouen-sur-Loire | D981 | 220 | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| | 6,5 | 183,0 | | | | | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| | 6,5 | 183,0 | | | | | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| | 6,5 | 183,0 | | | | | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| | 6,5 | 183,0 | | | | | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| | 6,5 | 183,0 | | | | | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| | 6,5 | 183,0 | | | | | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| | 6,5 | 183,0 | | | | | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| | 6,5 | 183,0 | | | | | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| | 6,5 | 183,0 | | | | | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| | 6,5 | 183,0 | | | | | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| | 6,5 | 183,0 | | | | | 15:43 | 15:58 | 16:15 | 16:34 | 16:57 | | | |
| 6,5 | 0,0 | 189,5 | ○ IMPHY | Imphy | | 210 | 16:07 | 16:24 | 16:42 | 17:04 | 17:30 | | | |
| | | | ○ AH QUE LA France EST BELLE | | | | | | | | | | | |



LA FRANCE EN COURANT
30 ème Tour du 14 juillet au 28 juillet 2018
mardi, 24 juillet 2018



Etape de 192,0 Km

10ème Etape
IMPHY(58) – VILLENEUVE SUR YONNE (89)

| km | | | Commune - Lieu Dit | Commune Traversée | ROUTE | Altitude | s de passages | | | | | | | |
|-------------|----------|-------|-------------------------------------|-----------------------------|-------|----------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| à parcourir | parcours | | | | | | Suivie | 16km/h | 15km/h | 14 km/h | 13 km/h | 12 km/h | | |
| | | | NIEVRE (58) | | | | | | | | | | | |
| 0,0 | 192,0 | 0,0 | IMPHY | Imphy | D172 | 198 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 6,0 | 186,0 | 6,0 | int D 18 D172 | La Fermeté | D172 | 195 | 03:22 | 03:24 | 03:25 | 03:27 | 03:30 | | | |
| 3,5 | 182,5 | 9,5 | ○ La Fermeté | La Fermeté | D172 | 233 | 03:35 | 03:38 | 03:40 | 03:43 | 03:47 | | | |
| 3,5 | 179,0 | 13,0 | La Métairie | Limon | D172 | 218 | 03:48 | 03:52 | 03:55 | 04:00 | 04:05 | | | |
| 4,0 | 175,0 | 17,0 | Saint Benin d'Azy | Saint Benin d'Azy | D172 | 258 | 04:03 | 04:08 | 04:12 | 04:18 | 04:25 | | | |
| 1,0 | 174,0 | 18,0 | Int D978 D9 la maison Blanche | Saint Benin d'Azy | D9 | 262 | 04:07 | 04:12 | 04:17 | 04:23 | 04:30 | | | |
| 3,5 | 170,5 | 21,5 | Int D258 D9 Les Sept Voies | Saint Firmin | D9 | 260 | 04:20 | 04:26 | 04:32 | 04:39 | 04:47 | | | |
| 3,0 | 167,5 | 24,5 | ○ Bona | Bona | D958 | 286 | 04:31 | 04:38 | 04:45 | 04:53 | 05:02 | | | |
| | 167,5 | 24,5 | | Jailly | D958 | | 04:31 | 04:38 | 04:45 | 04:53 | 05:02 | | | |
| | 167,5 | 24,5 | | Saxy Bourdon | D958 | | 04:31 | 04:38 | 04:45 | 04:53 | 05:02 | | | |
| 8,5 | 159,0 | 33,0 | Int D34 D958 | Saint Saulge | D958 | 290 | 05:03 | 05:12 | 05:21 | 05:32 | 05:45 | | | |
| 1,5 | 157,5 | 34,5 | Saint Saulge | Saint Saulge | D34 | 284 | 05:09 | 05:18 | 05:27 | 05:39 | 05:52 | | | |
| 7,0 | 150,5 | 41,5 | ○ Crux la Ville | Crux la Ville | D181 | 296 | 05:35 | 05:46 | 05:57 | 06:11 | 06:27 | | | |
| 5,5 | 145,0 | 47,0 | Int D181 D277 | Vitry Laché | D277 | 291 | 05:56 | 06:08 | 06:21 | 06:36 | 06:55 | | | |
| 1,5 | 143,5 | 48,5 | Vitry Laché | Vitry Laché | VC | 306 | 06:01 | 06:14 | 06:27 | 06:43 | 07:02 | | | |
| 1,5 | 142,0 | 50,0 | Beaumont | Guipy | VC | 272 | 06:07 | 06:20 | 06:34 | 06:50 | 07:10 | | | |
| 2,0 | 140,0 | 52,0 | Guipy | Guipy | D135 | 240 | 06:15 | 06:28 | 06:42 | 07:00 | 07:20 | | | |
| 3,0 | 137,0 | 55,0 | Int D5 D135 | Héry | D135 | 265 | 06:26 | 06:40 | 06:55 | 07:13 | 07:35 | | | |
| 1,0 | 136,0 | 56,0 | Héry | Héry | D135 | 243 | 06:30 | 06:44 | 07:00 | 07:18 | 07:40 | | | |
| 3,0 | 133,0 | 59,0 | Int D135 D130 | Germeay | D130 | 228 | 06:41 | 06:56 | 07:12 | 07:32 | 07:55 | | | |
| 4,0 | 129,0 | 63,0 | ○ Asnan | Asnan | D34 | 300 | 06:56 | 07:12 | 07:30 | 07:50 | 08:15 | | | |
| 2,5 | 126,5 | 65,5 | Int D213 D34 | Talon | D34 | 307 | 07:05 | 07:22 | 07:40 | 08:02 | 08:27 | | | |
| 5,0 | 121,5 | 70,5 | Int D6 D119 D34 | Gemaingoutte | D34 | 240 | 07:24 | 07:42 | 08:02 | 08:25 | 08:52 | | | |
| 1,0 | 120,5 | 71,5 | Amazy | Tannay | D34 | 235 | 07:28 | 07:46 | 08:06 | 08:30 | 08:57 | | | |
| 2,5 | 118,0 | 74,0 | Int D185 D34 | Amazy | D34 | 224 | 07:37 | 07:56 | 08:17 | 08:41 | 09:10 | | | |
| 1,5 | 116,5 | 75,5 | Villiers sur Yonne | Villiers sur Yonne | D34 | 176 | 07:43 | 08:02 | 08:23 | 08:48 | 09:17 | | | |
| 7,5 | 109,0 | 83,0 | ○ Clamecy | Clamecy | D144 | 178 | 08:11 | 08:32 | 08:55 | 09:23 | 09:55 | | | |
| 5,5 | 103,5 | 88,5 | Surgy | Surgy | D101 | 148 | 08:31 | 08:54 | 09:19 | 09:48 | 10:22 | | | |
| 2,5 | 101,0 | 91,0 | | YONNE (89) | | D75 | 161 | 08:41 | 09:04 | 09:30 | 10:00 | 10:35 | | |
| 0,5 | 100,5 | 91,5 | Andryes | Andryes | D73 | 164 | 08:43 | 09:06 | 09:32 | 10:02 | 10:37 | | | |
| 7,0 | 93,5 | 98,5 | ○ Druyes les Belles Fontaines | Druyes les Belles Fontaines | D104 | 175 | 09:09 | 09:34 | 10:02 | 10:34 | 11:12 | | | |
| 9,5 | 84,0 | 108,0 | Courson-les-Carières | Courson-les-Carières | D9 | 223 | 09:45 | 10:12 | 10:42 | 11:18 | 12:00 | | | |
| 2,5 | 81,5 | 110,5 | Molesmes | Molesmes | D9 | 324 | 09:54 | 10:22 | 10:53 | 11:30 | 12:12 | | | |
| 4,0 | 77,5 | 114,5 | Int D148 D9 | Les Haut de Forterre | D9 | 337 | 10:09 | 10:38 | 11:10 | 11:48 | 12:32 | | | |
| | 77,5 | 114,5 | | | | | 10:09 | 10:38 | 11:10 | 11:48 | 12:32 | | | |
| | 77,5 | 114,5 | | | | | 10:09 | 10:38 | 11:10 | 11:48 | 12:32 | | | |
| | 77,5 | 114,5 | | | | | 10:09 | 10:38 | 11:10 | 11:48 | 12:32 | | | |
| | 77,5 | 114,5 | | | | | 10:09 | 10:38 | 11:10 | 11:48 | 12:32 | | | |
| | 77,5 | 114,5 | | | | | 10:09 | 10:38 | 11:10 | 11:48 | 12:32 | | | |
| | 77,5 | 114,5 | | | | | 10:09 | 10:38 | 11:10 | 11:48 | 12:32 | | | |
| 2,5 | 75,0 | 117,0 | TAINGY | Les Hauts de Forterre | | 348 | 10:18 | 10:48 | 11:21 | 12:00 | 12:45 | | | |
| | | | Départ 2ème demi étape | | | | | | | | | | | |
| 0,0 | 75,0 | 117,0 | TAINGY | Les Haut de Forterre | D125 | 348 | 11:30 | 11:30 | 11:30 | 11:30 | 11:30 | 11:30 | 11:30 | 11:30 |
| 3,0 | 72,0 | 120,0 | Int D85 D125 | Ouanne | D125 | 341 | 11:41 | 11:42 | 11:42 | 11:43 | 11:45 | | | |
| 5,5 | 66,5 | 125,5 | Leugny | Leugny | D4 | 222 | 12:01 | 12:04 | 12:06 | 12:09 | 12:12 | | | |
| 6,0 | 60,5 | 131,5 | ○ Diges | Diges | D4 | 218 | 12:24 | 12:28 | 12:32 | 12:36 | 12:42 | | | |
| 3,0 | 57,5 | 134,5 | Pourrain | Pourrain | D4 | 250 | 12:35 | 12:40 | 12:45 | 12:50 | 12:57 | | | |
| 4,0 | 53,5 | 138,5 | Int D278 D4 | Beauvoir | D4 | 143 | 12:50 | 12:56 | 13:02 | 13:09 | 13:17 | | | |
| 4,0 | 49,5 | 142,5 | Egleny | Egleny | D4 | 158 | 13:05 | 13:12 | 13:19 | 13:27 | 13:37 | | | |
| 3,0 | 46,5 | 145,5 | Int D155 D4 | Saint Maurice le Vieil | D4 | 150 | 13:16 | 13:24 | 13:32 | 13:41 | 13:52 | | | |
| 0,5 | 46,0 | 146,0 | Saint Maurice Thizouaille | Saint Maurice Thizouaille | D219 | 125 | 13:18 | 13:26 | 13:34 | 13:43 | 13:55 | | | |
| 2,5 | 43,5 | 148,5 | Bleury | Poilly sur Tholon | D219 | 133 | 13:28 | 13:36 | 13:45 | 13:55 | 14:07 | | | |
| 3,0 | 40,5 | 151,5 | Poilly sur Tholon | Poilly sur Tholon | D176 | 125 | 13:39 | 13:48 | 13:57 | 14:09 | 14:22 | | | |
| 4,5 | 36,0 | 156,0 | Aillant sur Tholon | Aillant sur Tholon | D145 | 113 | 13:56 | 14:06 | 14:17 | 14:30 | 14:45 | | | |
| 2,5 | 33,5 | 158,5 | Villiers sur Tholon | Villiers sur Tholon | D178 | 127 | 14:05 | 14:16 | 14:27 | 14:41 | 14:57 | | | |
| 2,0 | 31,5 | 160,5 | Int D153 D178 | Senan | D178 | 129 | 14:13 | 14:24 | 14:36 | 14:50 | 15:07 | | | |
| 2,0 | 29,5 | 162,5 | Volgré | Volgré | D67 | 145 | 14:20 | 14:32 | 14:45 | 15:00 | 15:17 | | | |
| 2,0 | 27,5 | 164,5 | Champvallon | Champvallon | D67 | 124 | 14:28 | 14:40 | 14:53 | 15:09 | 15:27 | | | |
| 3,0 | 24,5 | 167,5 | Chamvres | Chamvres | D182 | 91 | 14:39 | 14:52 | 15:06 | 15:23 | 15:42 | | | |
| 2,0 | 22,5 | 169,5 | Int D182 D943 | Chamvres | D943 | 80 | 14:46 | 15:00 | 15:15 | 15:32 | 15:52 | | | |
| 1,0 | 21,5 | 170,5 | Int D943 D434 | Béon | D434 | 104 | 14:50 | 15:04 | 15:19 | 15:36 | 15:57 | | | |
| 2,0 | 19,5 | 172,5 | Int D434 D182 | Cézy | D182 | 84 | 14:58 | 15:12 | 15:27 | 15:46 | 16:07 | | | |
| 4,0 | 15,5 | 176,5 | Int D182 D3 | Cézy | D34 | 93 | 15:13 | 15:28 | 15:45 | 16:04 | 16:27 | | | |
| 3,0 | 12,5 | 179,5 | ○ Saint Julien du Sault | Saint Julien du Sault | D149 | 84 | 15:24 | 15:40 | 15:57 | 16:18 | 16:42 | | | |
| 6,0 | 6,5 | 185,5 | Bussy le Repos | Bussy le Repos | D15 | 180 | 15:46 | 16:04 | 16:23 | 16:46 | 17:12 | | | |
| | 6,5 | 185,5 | | | | | 15:46 | 16:04 | 16:23 | 16:46 | 17:12 | | | |
| | 6,5 | 185,5 | | | | | 15:46 | 16:04 | 16:23 | 16:46 | 17:12 | | | |
| | 6,5 | 185,5 | | | | | 15:46 | 16:04 | 16:23 | 16:46 | 17:12 | | | |
| | 6,5 | 185,5 | | | | | 15:46 | 16:04 | 16:23 | 16:46 | 17:12 | | | |
| 6,5 | 0,0 | 192,0 | ○ VILLENEUVE sur YONNE | Villeneuve sur Yonne | | 80 | 16:11 | 16:30 | 16:51 | 17:16 | 17:45 | | | |
| | | | ○ AH QUE LA France EST BELLE | | | | | | | | | | | |



LA FRANCE EN COURANT
30 ème Tour du 14 juillet au 28 juillet 2018
mercredi, 25 juillet 2018



Etape de 189,5 Km

VILLENEUVE sur YONNE (89) – LA FERTE MILON (02)

11ème Etape

| km | | | Commune - Lieu Dit | Commune Traversée | ROUTE | Altitude | s de passages | | | | | | | | |
|-------------|-----------|-------|--------------------|-----------------------------------|----------------------------|----------|---------------|--------|---------|---------|---------|-------|-------|-------|-------|
| à parcourir | parcourus | | | | Suivie | | 16km/h | 15km/h | 14 km/h | 13 km/h | 12 km/h | | | | |
| 0,0 | 189,5 | 0,0 | | YONNE (89) | | | | | | | | | | | |
| | | | | VILLENEUVE sur YONNE | Villeneuve sur Yonne | D15 | 80 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 7,5 | 182,0 | 7,5 | ○ | Les Bordes | Les Bordes | D27 | 120 | 03:28 | 03:30 | 03:32 | 03:34 | 03:34 | 03:37 | 03:37 | |
| | 182,0 | 7,5 | | | Noe | D27 | 207 | 03:28 | 03:30 | 03:32 | 03:34 | 03:34 | 03:37 | 03:37 | |
| 10,0 | 172,0 | 17,5 | ○ | Theil sur Vanne | Theil sur Vanne | D905 | 93 | 04:05 | 04:10 | 04:15 | 04:20 | 04:20 | 04:27 | | |
| 1,0 | 171,0 | 18,5 | | Int D660 D40 | Villiers Louis | D40 | 92 | 04:09 | 04:14 | 04:19 | 04:25 | 04:25 | 04:32 | | |
| 2,0 | 169,0 | 20,5 | | Villiers Louis | Villiers Louis | D40 | 137 | 04:16 | 04:22 | 04:27 | 04:34 | 04:34 | 04:42 | | |
| 4,0 | 165,0 | 24,5 | ○ | Fontaine La Gaillarde | Fontaine La Gaillarde | D40 | 135 | 04:31 | 04:38 | 04:45 | 04:53 | 04:53 | 05:02 | | |
| 4,5 | 160,5 | 29,0 | | Voisines | Voisines | D40 | 142 | 04:48 | 04:56 | 05:04 | 05:13 | 05:13 | 05:25 | | |
| 6,0 | 154,5 | 35,0 | ○ | Thorigny sur Oreuse | Thorigny sur Oreuse | D28 | 110 | 05:11 | 05:20 | 05:30 | 05:41 | 05:41 | 05:55 | | |
| 5,0 | 149,5 | 40,0 | | Barrault | Thorigny sur Oreuse | D28 | 178 | 05:30 | 05:40 | 05:51 | 06:04 | 06:04 | 06:20 | | |
| 4,5 | 145,0 | 44,5 | | Pailly | Pailly | D147 | 119 | 05:46 | 05:58 | 06:10 | 06:25 | 06:25 | 06:42 | | |
| 3,5 | 141,5 | 48,0 | | Plessis du Mée | Perceneige | D147 | 154 | 06:00 | 06:12 | 06:25 | 06:41 | 06:41 | 07:00 | | |
| 2,5 | 139,0 | 50,5 | | Courceaux | Perceneige | D147 | 122 | 06:09 | 06:22 | 06:36 | 06:53 | 06:53 | 07:12 | | |
| 1,5 | 137,5 | 52,0 | | | SEINE ET MARNE (77) | D49j | 80 | 06:15 | 06:28 | 06:42 | 07:00 | 07:00 | 07:20 | | |
| 3,0 | 134,5 | 55,0 | | Fontaine Fourches | Fontaine Fourches | D49 | 80 | 06:26 | 06:40 | 06:55 | 07:13 | 07:13 | 07:35 | | |
| 4,5 | 130,0 | 59,5 | | Noyen sur seine | Noyen sur seine | D49 | 59 | 06:43 | 06:58 | 07:15 | 07:34 | 07:34 | 07:57 | | |
| 1,5 | 128,5 | 61,0 | | Le Port Montain | Noyen sur seine | D78 | 64 | 06:48 | 07:04 | 07:21 | 07:41 | 07:41 | 08:05 | | |
| 2,5 | 126,0 | 63,5 | | Hermé | Hermé | D78 | 60 | 06:58 | 07:14 | 07:32 | 07:53 | 07:53 | 08:17 | | |
| 6,5 | 119,5 | 70,0 | ○ | Sourdun | Sourdun | D78 | 159 | 07:22 | 07:40 | 08:00 | 08:23 | 08:23 | 08:50 | | |
| 2,5 | 117,0 | 72,5 | | Int D74 D78 | Sourdun | D78 | 116 | 07:31 | 07:50 | 08:10 | 08:34 | 08:34 | 09:02 | | |
| 1,5 | 115,5 | 74,0 | | Richebourg | Léchelle | D78 | 130 | 07:37 | 07:56 | 08:17 | 08:41 | 08:41 | 09:10 | | |
| 1,0 | 114,5 | 75,0 | | Int D78 D236 | Léchelle | D236 | 155 | 07:41 | 08:00 | 08:21 | 08:46 | 08:46 | 09:15 | | |
| 1,0 | 113,5 | 76,0 | | Léchelle | Léchelle | D100 | 136 | 07:45 | 08:04 | 08:25 | 08:50 | 08:50 | 09:20 | | |
| 3,0 | 110,5 | 79,0 | | Int D72 D100 | Beauchery Saint martin | D100 | 145 | 07:56 | 08:16 | 08:38 | 09:04 | 09:04 | 09:35 | | |
| 4,0 | 106,5 | 83,0 | | Villegruis | Louan Villegruis Fontaine | D131 | 157 | 08:11 | 08:32 | 08:55 | 09:23 | 09:23 | 09:55 | | |
| 2,5 | 104,0 | 85,5 | | Louan | Louan Villegruis Fontaine | D131 | 171 | 08:20 | 08:42 | 09:06 | 09:34 | 09:34 | 10:07 | | |
| 2,0 | 102,0 | 87,5 | | Int D131 D100 | Louan Villegruis Fontaine | D100 | 186 | 08:28 | 08:50 | 09:15 | 09:43 | 09:43 | 10:17 | | |
| 1,5 | 100,5 | 89,0 | | | MARNE (51) | | 155 | 08:33 | 08:56 | 09:21 | 09:50 | 09:50 | 10:25 | | |
| 0,5 | 100,0 | 89,5 | | Bouchy le Repos | Bouchy saint Genest | D49 | 159 | 08:35 | 08:58 | 09:23 | 09:53 | 09:53 | 10:27 | | |
| 4,0 | 96,0 | 93,5 | | Les Essarts le Vicomte | Les Essarts le Vicomte | D48 | 190 | 08:50 | 09:14 | 09:40 | 10:11 | 10:11 | 10:47 | | |
| | 96,0 | 93,5 | | | Escardes | | 189 | 08:50 | 09:14 | 09:40 | 10:11 | 10:11 | 10:47 | | |
| 9,0 | 87,0 | 102,5 | ○ | Esternay | Esternay | D48 | 165 | 09:24 | 09:50 | 10:19 | 10:53 | 10:53 | 11:32 | | |
| 4,0 | 83,0 | 106,5 | | Champguyon | Champguyon | D48 | 174 | 09:39 | 10:06 | 10:36 | 11:11 | 11:11 | 11:52 | | |
| 3,0 | 80,0 | 109,5 | | Int D48 D375 | Morsains | D375 | 193 | 09:50 | 10:18 | 10:49 | 11:25 | 11:25 | 12:07 | | |
| 1,0 | 79,0 | 110,5 | | Morsains | Morsains | D375 | 191 | 09:54 | 10:22 | 10:53 | 11:30 | 11:30 | 12:12 | | |
| | 79,0 | 110,5 | | | Méringes | D375 | 213 | 09:54 | 10:22 | 10:53 | 11:30 | 11:30 | 12:12 | | |
| 6,0 | 73,0 | 116,5 | | Maclaunay | Montmirail | D373 | 187 | 10:16 | 10:46 | 11:19 | 11:57 | 11:57 | 12:42 | | |
| 2,0 | 71,0 | 118,5 | | int D373 D43 | Montmirail | D43 | 132 | 10:24 | 10:54 | 11:27 | 12:06 | 12:06 | 12:52 | | |
| | 71,0 | 118,5 | | | | | | 10:24 | 10:54 | 11:27 | 12:06 | 12:06 | 12:52 | | |
| | 71,0 | 118,5 | | | | | | 10:24 | 10:54 | 11:27 | 12:06 | 12:06 | 12:52 | | |
| 4,0 | 67,0 | 122,5 | ○ | MONTMIRAIL | Montmirail | | 150 | 10:39 | 11:10 | 11:45 | 12:25 | 12:25 | 13:12 | | |
| | | | | Départ 2ème demi étape | | | | | | | | | | | |
| 0,0 | 67,0 | 122,5 | | MONTMIRAIL | Montmirail | D41 | 150 | 12:15 | 12:15 | 12:15 | 12:15 | 12:15 | 12:15 | | |
| 5,5 | 61,5 | 128,0 | | | AISNE (02) | D201 | 185 | 12:35 | 12:37 | 12:38 | 12:40 | 12:40 | 12:42 | | |
| 2,0 | 59,5 | 130,0 | | Artonges | Artonges | D20 | 169 | 12:43 | 12:45 | 12:47 | 12:49 | 12:49 | 12:52 | | |
| 3,0 | 56,5 | 133,0 | | Pargny la Dhuys | Pargny la Dhuys | D20 | 123 | 12:54 | 12:57 | 13:00 | 13:03 | 13:03 | 13:07 | | |
| 3,5 | 53,0 | 136,5 | | Int D87 D20 | Montlevon | D20 | 105 | 13:07 | 13:11 | 13:15 | 13:19 | 13:19 | 13:25 | | |
| 2,0 | 51,0 | 138,5 | | Int D86 D20 | Courboin | D20 | 111 | 13:15 | 13:19 | 13:23 | 13:28 | 13:28 | 13:35 | | |
| 0,5 | 50,5 | 139,0 | | Int D20 D4 | Condé en Brie | D4 | 80 | 13:16 | 13:21 | 13:25 | 13:31 | 13:31 | 13:37 | | |
| 3,0 | 47,5 | 142,0 | | Saint Eugène | Saint Eugène | D4 | 81 | 13:28 | 13:33 | 13:38 | 13:45 | 13:45 | 13:52 | | |
| | 47,5 | 142,0 | | | Connigis | D4 | | 13:28 | 13:33 | 13:38 | 13:45 | 13:45 | 13:52 | | |
| 3,5 | 44,0 | 145,5 | ○ | Crézancy | Crézancy | D4 | 80 | 13:41 | 13:47 | 13:53 | 14:01 | 14:01 | 14:10 | | |
| 2,5 | 41,5 | 148,0 | | Mézy Moulins | Mézy Moulins | D4 | 66 | 13:50 | 13:57 | 14:04 | 14:12 | 14:12 | 14:22 | | |
| 1,5 | 40,0 | 149,5 | | Mont Saint Père | Mont Saint Père | D4 | 65 | 13:56 | 14:03 | 14:10 | 14:19 | 14:19 | 14:30 | | |
| 6,0 | 34,0 | 155,5 | ○ | Epieds | Epieds | D803 | 180 | 14:18 | 14:27 | 14:36 | 14:47 | 14:47 | 15:00 | | |
| 6,0 | 28,0 | 161,5 | | Brécý | Brécý | D803 | 120 | 14:41 | 14:51 | 15:02 | 15:15 | 15:15 | 15:30 | | |
| 1,0 | 27,0 | 162,5 | | Coincy | Coincy | D310 | 110 | 14:45 | 14:55 | 15:06 | 15:19 | 15:19 | 15:35 | | |
| 2,5 | 24,5 | 165,0 | | Rocourt Saint Martin | Rocourt Saint Martin | D310 | 120 | 14:54 | 15:05 | 15:17 | 15:31 | 15:31 | 15:47 | | |
| 3,0 | 21,5 | 168,0 | ○ | Grisolles | Grisolles | D973 | 165 | 15:05 | 15:17 | 15:30 | 15:45 | 15:45 | 16:02 | | |
| | 21,5 | 168,0 | | | La Croix sur Ourcq | D973 | 156 | 15:05 | 15:17 | 15:30 | 15:45 | 15:45 | 16:02 | | |
| 3,5 | 18,0 | 171,5 | | Latilly | Latilly | D973 | 140 | 15:18 | 15:31 | 15:45 | 16:01 | 16:01 | 16:20 | | |
| 4,5 | 13,5 | 176,0 | ○ | Neully Saint Front | Neully Saint Front | D79 | 115 | 15:35 | 15:49 | 16:04 | 16:21 | 16:21 | 16:42 | | |
| 2,5 | 11,0 | 178,5 | | Int D82 D79 | Neully Saint Front | D79 | 81 | 15:45 | 15:59 | 16:15 | 16:33 | 16:33 | 16:55 | | |
| 4,0 | 7,0 | 182,5 | | Marizy Sainte Geneviève | Marizy Sainte Geneviève | VC | 120 | 16:00 | 16:15 | 16:32 | 16:51 | 16:51 | 17:15 | | |
| 3,5 | 3,5 | 186,0 | | Int VC D838 | La Ferté Milon | D838 | 105 | 16:13 | 16:29 | 16:47 | 17:08 | 17:08 | 17:32 | | |
| | 3,5 | 186,0 | | | | | | 16:13 | 16:29 | 16:47 | 17:08 | 17:08 | 17:32 | | |
| | 3,5 | 186,0 | | | | | | 16:13 | 16:29 | 16:47 | 17:08 | 17:08 | 17:32 | | |
| | 3,5 | 186,0 | | | | | | 16:13 | 16:29 | 16:47 | 17:08 | 17:08 | 17:32 | | |
| | 3,5 | 186,0 | | | | | | 16:13 | 16:29 | 16:47 | 17:08 | 17:08 | 17:32 | | |
| 3,5 | 0,0 | 189,5 | ○ | LA FERTE MILON | La Ferté Milon | | 70 | 16:26 | 16:43 | 17:02 | 17:24 | 17:24 | 17:50 | | |
| | | | ○ | AH QUE LA France EST BELLE | | | | | | | | | | | |



LA FRANCE EN COURANT
30^{ème} Tour du 14 juillet au 28 juillet 2018
jeudi, 26 juillet 2018



12^{ème} Etape
LA FERTE MILON (02) – GISORS (27)

| Etape de 189 Km | | | LA FERTE MILON (02) – GISORS (27) | | | | | | | | | |
|--|--------------------|-----------|---|---|----------|---------------|--------|--------|---------|---------|-------|---------|
| km | Commune - Lieu Dit | | Commune Traversée | ROUTE | Altitude | s de passages | | | | | | |
| | à parcourir | parcourus | | | | Suivie | 16km/h | 15km/h | 14 km/h | 13 km/h | | 12 km/h |
| AISNE (02) | | | | | | | | | | | | |
| 0,0 | 189,0 | 0,0 | LA FERTE MILON | La Ferté Milon | D17 | 70 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 | |
| 3,5 | 185,5 | 3,5 | Silly-la-Poterie | Silly-la-Poterie | D17 | 70 | 03:13 | 03:14 | 03:15 | 03:16 | 03:17 | |
| 4,5 | 181,0 | 8,0 | Faverolles | Faverolles | D17 | 138 | 03:30 | 03:32 | 03:34 | 03:36 | 03:40 | |
| 1,0 | 180,0 | 9,0 | Int D973 D17 Vouty | Faverolles | D17 | 178 | 03:33 | 03:36 | 03:38 | 03:41 | 03:45 | |
| 4,0 | 176,0 | 13,0 | Corcy | Corcy | D17 | 82 | 03:48 | 03:52 | 03:55 | 04:00 | 04:05 | |
| 2,5 | 173,5 | 15,5 | Longpont | Longpont | D2 | 80 | 03:58 | 04:02 | 04:06 | 04:11 | 04:17 | |
| 5,0 | 168,5 | 20,5 | Int N2 D2 | Montgobert | D2 | 150 | 04:16 | 04:22 | 04:27 | 04:34 | 04:42 | |
| 6,0 | 162,5 | 26,5 | Coeuvres-et-Valsery | Coeuvres-et-Valsery | D17 | 62 | 04:39 | 04:46 | 04:53 | 05:02 | 05:12 | |
| 2,0 | 160,5 | 28,5 | Laversine | Laversine | D17 | 55 | 04:46 | 04:54 | 05:02 | 05:11 | 05:22 | |
| 2,0 | 158,5 | 30,5 | Courtanson | Saint-Bandry | D17 | 60 | 04:54 | 05:02 | 05:10 | 05:20 | 05:32 | |
| 1,0 | 157,5 | 31,5 | Ambleny | Ambleny | D17 | 50 | 04:58 | 05:06 | 05:15 | 05:25 | 05:37 | |
| 2,5 | 155,0 | 34,0 | Int N31 D17 | Ressons-le-Long | D17 | 52 | 05:07 | 05:16 | 05:25 | 05:36 | 05:50 | |
| 2,5 | 152,5 | 36,5 | Fontenoy | Fontenoy | D91 | 60 | 05:16 | 05:26 | 05:36 | 05:48 | 06:02 | |
| 2,0 | 150,5 | 38,5 | Berny-Rivière | Berny-Rivière | D91 | 48 | 05:24 | 05:34 | 05:45 | 05:57 | 06:12 | |
| 2,0 | 148,5 | 40,5 | Vic-sur-Aisne | Vic-sur-Aisne | D2 | 40 | 05:31 | 05:42 | 05:53 | 06:06 | 06:22 | |
| 1,0 | 147,5 | 41,5 | Int D2 D230 | Vic-sur-Aisne | D230 | 53 | 05:35 | 05:46 | 05:57 | 06:11 | 06:27 | |
| OISE (60) | | | | | | | | | | | | |
| 1,0 | 146,5 | 42,5 | Bitry | Bitry | D81 | 51 | 05:39 | 05:50 | 06:02 | 06:16 | 06:32 | |
| 1,0 | 145,5 | 43,5 | Attichy | Attichy | D81 | 51 | 05:43 | 05:54 | 06:06 | 06:20 | 06:37 | |
| 3,5 | 142,0 | 47,0 | Attichy | Attichy | D81 | 40 | 05:56 | 06:08 | 06:21 | 06:36 | 06:55 | |
| 2,5 | 139,5 | 49,5 | Berneuil-sur-Aisne | Berneuil-sur-Aisne | D81 | 41 | 06:05 | 06:18 | 06:32 | 06:48 | 07:07 | |
| 6,0 | 133,5 | 55,5 | Rethondes | Rethondes | D81 | 37 | 06:28 | 06:42 | 06:57 | 07:16 | 07:37 | |
| 2,0 | 131,5 | 57,5 | Carrefour du Pont du Francport | Choisy-au-Bac | D546 | 38 | 06:35 | 06:50 | 07:06 | 07:25 | 07:47 | |
| 1,0 | 130,5 | 58,5 | Rethondes (Clairière de l'Armistice) | Gemaingoutte | D546 | 35 | 06:39 | 06:54 | 07:10 | 07:30 | 07:52 | |
| 1,0 | 129,5 | 59,5 | Carrefour du Terrier à Renard | Compiègne | N31 | 38 | 06:43 | 06:58 | 07:15 | 07:34 | 07:57 | |
| 2,0 | 127,5 | 61,5 | Int N31 D547 | Compiègne | D547 | 40 | 06:50 | 07:06 | 07:23 | 07:43 | 08:07 | |
| 3,0 | 124,5 | 64,5 | Vieux-Moulin | Vieux-Moulin | D547 | 49 | 07:01 | 07:18 | 07:36 | 07:57 | 08:22 | |
| 6,5 | 118,0 | 71,0 | Pierrefonds | Pierrefonds | D335 | 78 | 07:26 | 07:44 | 08:04 | 08:27 | 08:55 | |
| 3,5 | 114,5 | 74,5 | Palesne | Pierrefonds | D335 | 98 | 07:39 | 07:58 | 08:19 | 08:43 | 09:12 | |
| 5,0 | 109,5 | 79,5 | Morienvil | Morienvil | D335 | 95 | 07:58 | 08:18 | 08:40 | 09:06 | 09:37 | |
| 1,0 | 108,5 | 80,5 | Elincourt | Morienvil | D32 | 58 | 08:01 | 08:22 | 08:45 | 09:11 | 09:42 | |
| 3,0 | 105,5 | 83,5 | Gilocourt | Gilocourt | D123 | 54 | 08:13 | 08:34 | 08:57 | 09:25 | 09:57 | |
| 2,5 | 103,0 | 86,0 | Int D116 D123 | Orouay | D123 | 49 | 08:22 | 08:44 | 09:08 | 09:36 | 10:10 | |
| 2,0 | 101,0 | 88,0 | Béthisy-Saint-Martin | Béthisy-Saint-Martin | D123 | 50 | 08:30 | 08:52 | 09:17 | 09:46 | 10:20 | |
| 1,5 | 99,5 | 89,5 | Béthisy-Saint-Pierre | Béthisy-Saint-Pierre | D123 | 65 | 08:35 | 08:58 | 09:23 | 09:53 | 10:27 | |
| 3,5 | 96,0 | 93,0 | Saintines | Saintines | D123 | 45 | 08:48 | 09:12 | 09:38 | 10:09 | 10:45 | |
| | 96,0 | 93,0 | | Saint-Vaast-de-Longmont | D123 | 39 | 08:48 | 09:12 | 09:38 | 10:09 | 10:45 | |
| 2,5 | 93,5 | 95,5 | Verberie | Verberie | D123 | 39 | 08:58 | 09:22 | 09:49 | 10:20 | 10:57 | |
| | 93,5 | 95,5 | | Rhuis | D123 | 32 | 08:58 | 09:22 | 09:49 | 10:20 | 10:57 | |
| 3,5 | 90,0 | 99,0 | R Cerisiers Roussel R Chevalleret | Pontpoint | VC | 33 | 09:11 | 09:36 | 10:04 | 10:36 | 11:15 | |
| 7,5 | 82,5 | 106,5 | Pont-Sainte-Maxence | Pont-Sainte-Maxence | D29 | 36 | 09:39 | 10:06 | 10:36 | 11:11 | 11:52 | |
| 4,0 | 78,5 | 110,5 | Int D200 D29 | Brenouille | D29 | 32 | 09:54 | 10:22 | 10:53 | 11:30 | 12:12 | |
| 3,0 | 75,5 | 113,5 | CINQUEUX | Cinqueux | D29 | 61 | 10:05 | 10:34 | 11:06 | 11:43 | 12:27 | |
| Départ 2^{ème} demi étape | | | | | | | | | | | | |
| 0,0 | 75,5 | 113,5 | CINQUEUX | Cinqueux | D137 | 61 | 11:30 | 11:30 | 11:30 | 11:30 | 11:30 | |
| 2,5 | 73,0 | 116,0 | Le Pont | Angicourt | D137 | 49 | 11:39 | 11:40 | 11:40 | 11:41 | 11:42 | |
| | 73,0 | 116,0 | | Verderonne | D137 | 105 | 11:39 | 11:40 | 11:40 | 11:41 | 11:42 | |
| 3,5 | 69,5 | 119,5 | Liancourt | Liancourt | D137 | 46 | 11:52 | 11:54 | 11:55 | 11:57 | 12:00 | |
| 2,5 | 67,0 | 122,0 | Cauffry | Cauffry | D137 | 54 | 12:01 | 12:04 | 12:06 | 12:09 | 12:12 | |
| 3,5 | 63,5 | 125,5 | Int D110 D137 | Cambronne-lès-Clermont | D137 | 114 | 12:15 | 12:18 | 12:21 | 12:25 | 12:30 | |
| 5,0 | 58,5 | 130,5 | Bury | Bury | D137 | 53 | 12:33 | 12:38 | 12:42 | 12:48 | 12:55 | |
| 2,0 | 56,5 | 132,5 | Mouy | Mouy | D137 | 40 | 12:41 | 12:46 | 12:51 | 12:57 | 13:05 | |
| 3,0 | 53,5 | 135,5 | Int D137 D55 | Mouy | D55 | 114 | 12:52 | 12:58 | 13:04 | 13:11 | 13:20 | |
| 3,0 | 50,5 | 138,5 | Cauvigny | Cauvigny | D55 | 79 | 13:03 | 13:10 | 13:17 | 13:25 | 13:35 | |
| 4,0 | 46,5 | 142,5 | Int D55 D46 | Sainte-Geneviève | D46 | 200 | 13:18 | 13:26 | 13:34 | 13:43 | 13:55 | |
| 1,5 | 45,0 | 144,0 | Sainte-Geneviève | Sainte-Geneviève | D46 | 193 | 13:24 | 13:32 | 13:40 | 13:50 | 14:02 | |
| 1,5 | 43,5 | 145,5 | Int D125 D46 Le petit Fercourt | Sainte-Geneviève | D46 | 180 | 13:30 | 13:38 | 13:47 | 13:57 | 14:10 | |
| 2,0 | 41,5 | 147,5 | Laboissière-en-Thelle | Laboissière-en-Thelle | D46 | 210 | 13:37 | 13:46 | 13:55 | 14:06 | 14:20 | |
| 2,5 | 39,0 | 150,0 | Parfondeval | Laboissière-en-Thelle | D121 | 147 | 13:46 | 13:56 | 14:06 | 14:18 | 14:32 | |
| 2,5 | 36,5 | 152,5 | Le Coudray-sur-Thelle | Le Coudray-sur-Thelle | D115 | 217 | 13:56 | 14:06 | 14:17 | 14:30 | 14:45 | |
| 2,0 | 34,5 | 154,5 | La Neuville-d'Aumont | La Neuville-d'Aumont | D115 | 215 | 14:03 | 14:14 | 14:25 | 14:39 | 14:55 | |
| 1,0 | 33,5 | 155,5 | Int D927 D115 | Ressons-l'Abbaye | D115 | 211 | 14:07 | 14:18 | 14:30 | 14:43 | 15:00 | |
| 2,5 | 31,0 | 158,0 | Valdampierre | Valdampierre | D562 | 150 | 14:16 | 14:28 | 14:40 | 14:55 | 15:12 | |
| 4,0 | 27,0 | 162,0 | Pouilly | Pouilly | D562 | 120 | 14:31 | 14:44 | 14:57 | 15:13 | 15:32 | |
| 2,5 | 24,5 | 164,5 | Bléquencourt (Rue de la Graverie) | Senots | VC | 95 | 14:41 | 14:54 | 15:08 | 15:25 | 15:45 | |
| 2,0 | 22,5 | 166,5 | Senots | Senots | D35 | 107 | 14:48 | 15:02 | 15:17 | 15:34 | 15:55 | |
| 2,0 | 20,5 | 168,5 | Fresneaux-Montchevreuil (R du Calvaire) | Fresneaux-Montchevreuil | VC | 107 | 14:56 | 15:10 | 15:25 | 15:43 | 16:05 | |
| 3,5 | 17,0 | 172,0 | Bachivillers | Bachivillers | D115 | 135 | 15:09 | 15:24 | 15:40 | 16:00 | 16:22 | |
| | 17,0 | 172,0 | | Boissy-le-Bois | D115 | 120 | 15:09 | 15:24 | 15:40 | 16:00 | 16:22 | |
| 7,0 | 10,0 | 179,0 | Chaumont-en-Vexin | Chaumont-en-Vexin | D923 | 30 | 15:35 | 15:52 | 16:10 | 16:32 | 16:57 | |
| 1,5 | 8,5 | 180,5 | Int D923 D981 | Trié-la-Ville Neutralisé Hors Chronométrage | D981 | 60 | 15:41 | 15:58 | 16:17 | 16:39 | 17:05 | |
| 4,5 | 4,0 | 185,0 | Trié-Château | Trié-Château Neutralisé Hors Chronométrage | D981 | 60 | 15:58 | 16:16 | 16:36 | 17:00 | 17:27 | |
| 1,5 | 2,5 | 186,5 | EURE (27) | | D181 | 51 | 16:03 | 16:22 | 16:42 | 17:06 | 17:35 | |
| 2,5 | 0,0 | 189,0 | GISORS | GISORS | | 50 | 16:13 | 16:32 | 16:53 | 17:18 | 17:47 | |
| AH QUE LA France EST BELLE | | | | | | | | | | | | |



LA FRANCE EN COURANT
30ème Tour du 14 juillet au 28 juillet 2018
vendredi, 27 juillet 2018



Etape de 189 Km

13ème Etape
GISORS (27) – OUISTREHAM (14)

| km | | | Commune - Lieu Dit | Commune Traversée | ROUTE | Altitude | Heures de passages | | | | |
|-------------------------------------|----------|-------|---|----------------------------|-------|----------|--------------------|--------|--------|---------|---------|
| à parcourir | parcours | | | | | | Suivie | 16km/h | 15km/h | 14 km/h | 13 km/h |
| EURE (27) | | | | | | | | | | | |
| 0,0 | 189,0 | 0,0 | GISORS | GISORS | D10 | 50 | 03:00 | 03:00 | 03:00 | 03:00 | 03:00 |
| 5,0 | 184,0 | 5,0 | Neaufles-Saint-Martin | Neaufles-Saint-Martin | D17 | 47 | 03:18 | 03:20 | 03:21 | 03:23 | 03:25 |
| 1,0 | 183,0 | 6,0 | Int D17 D116 | Neaufles-Saint-Martin | D116 | 48 | 03:22 | 03:24 | 03:25 | 03:27 | 03:30 |
| 1,5 | 181,5 | 7,5 | Int D13 D116 | Bernouville | D116 | 83 | 03:28 | 03:30 | 03:32 | 03:34 | 03:37 |
| 3,5 | 178,0 | 11,0 | Chauvincourt-Provemont | Chauvincourt-Provemont | D116 | 100 | 03:41 | 03:44 | 03:47 | 03:50 | 03:55 |
| 2,5 | 175,5 | 13,5 | Gamaches-en-Vexin | Gamaches-en-Vexin | D116 | 84 | 03:50 | 03:54 | 03:57 | 04:02 | 04:07 |
| 3,5 | 172,0 | 17,0 | Villers-en-Vexin (Int D6014 D125) | Villers-en-Vexin | D125 | 134 | 04:03 | 04:08 | 04:12 | 04:18 | 04:25 |
| 2,0 | 170,0 | 19,0 | ○ Mouflaines (Int VC D125) | Mouflaines | D125 | 130 | 04:11 | 04:16 | 04:21 | 04:27 | 04:35 |
| 3,5 | 166,5 | 22,5 | Harquency | Harquency | D125 | 49 | 04:24 | 04:30 | 04:36 | 04:43 | 04:52 |
| 7,0 | 159,5 | 29,5 | ○ Les Andelys | Les Andelys | D135 | 20 | 04:50 | 04:58 | 05:06 | 05:16 | 05:27 |
| 3,0 | 156,5 | 32,5 | Int D513 D135 | Tosny | D135 | 29 | 05:01 | 05:10 | 05:19 | 05:30 | 05:42 |
| 9,0 | 147,5 | 41,5 | Venables | Venables | D135 | 88 | 05:35 | 05:46 | 05:57 | 06:11 | 06:27 |
| 4,0 | 143,5 | 45,5 | Heudebouville | Heudebouville | D6055 | 142 | 05:50 | 06:02 | 06:15 | 06:30 | 06:47 |
| 7,0 | 136,5 | 52,5 | ○ Louviers (Bd Jules FERRY) | Louviers | | 20 | 06:16 | 06:30 | 06:45 | 07:02 | 07:22 |
| 0,5 | 136,0 | 53,0 | Louviers (Ave des Amoureux > D81) | Louviers | D81 | 50 | 06:18 | 06:32 | 06:47 | 07:04 | 07:25 |
| 6,0 | 130,0 | 59,0 | Ecrosville | Montaure | D81 | 136 | 06:41 | 06:56 | 07:12 | 07:32 | 07:55 |
| 2,0 | 128,0 | 61,0 | La Haye-Malherbe | La Haye-Malherbe | D81 | 144 | 06:48 | 07:04 | 07:21 | 07:41 | 08:05 |
| 1,5 | 126,5 | 62,5 | Vraiville | Vraiville | D81 | 147 | 06:54 | 07:10 | 07:27 | 07:48 | 08:12 |
| 1,5 | 125,0 | 64,0 | Int D60 D81 | Mandeville | D81 | 160 | 07:00 | 07:16 | 07:34 | 07:55 | 08:20 |
| 2,5 | 122,5 | 66,5 | Linbeuf | Criquebeuf-la-Campagne | D81 | 156 | 07:09 | 07:26 | 07:45 | 08:06 | 08:32 |
| 1,5 | 121,0 | 68,0 | Int D84 D81 | Crestot | D81 | 150 | 07:15 | 07:32 | 07:51 | 08:13 | 08:40 |
| 2,5 | 118,5 | 70,5 | Fouqueville | Fouqueville | D81 | 158 | 07:24 | 07:42 | 08:02 | 08:25 | 08:52 |
| 1,0 | 117,5 | 71,5 | Amfreville-la-Campagne | Amfreville-la-Campagne | D81 | 162 | 07:28 | 07:46 | 08:06 | 08:30 | 08:57 |
| 1,0 | 116,5 | 72,5 | Int D85 D81 | Amfreville-la-Campagne | D81 | 162 | 07:31 | 07:50 | 08:10 | 08:34 | 09:02 |
| 2,0 | 114,5 | 74,5 | Tourville-la-Campagne | Tourville-la-Campagne | D81 | 165 | 07:39 | 07:58 | 08:19 | 08:43 | 09:12 |
| 2,0 | 112,5 | 76,5 | La Haye-du-Theil | La Haye-du-Theil | D26 | 162 | 07:46 | 08:06 | 08:27 | 08:53 | 09:22 |
| 3,0 | 109,5 | 79,5 | Le Gros-Theil | Le Gros-Theil | D26 | 142 | 07:58 | 08:18 | 08:40 | 09:06 | 09:37 |
| 1,0 | 108,5 | 80,5 | Int D26 VC | Saint-Paul-de-Fourques | VC | 150 | 08:01 | 08:22 | 08:45 | 09:11 | 09:42 |
| 2,5 | 106,0 | 83,0 | ○ Saint-Éloi-de-Fourques | Saint-Éloi-de-Fourques | VC | 145 | 08:11 | 08:32 | 08:55 | 09:23 | 09:55 |
| 1,5 | 104,5 | 84,5 | Passage sur A28 | Bosrobert | VC | 151 | 08:16 | 08:38 | 09:02 | 09:30 | 10:02 |
| 1,5 | 103,0 | 86,0 | Int VC D438 D581 | Malleville-sur-le-Bec | D581 | 136 | 08:22 | 08:44 | 09:08 | 09:36 | 10:10 |
| 1,5 | 101,5 | 87,5 | ○ Malleville-sur-le-Bec | Malleville-sur-le-Bec | D581 | 142 | 08:28 | 08:50 | 09:15 | 09:43 | 10:17 |
| 2,0 | 99,5 | 89,5 | Int D581 D39 | Douville-en-Auge | D39 | 84 | 08:35 | 08:58 | 09:23 | 09:53 | 10:27 |
| 0,5 | 99,0 | 90,0 | ○ Le Bec-Hellouin | Le Bec-Hellouin | D39 | 63 | 08:37 | 09:00 | 09:25 | 09:55 | 10:30 |
| 2,0 | 97,0 | 92,0 | Pont-Authou | Pont-Authou | D137 | 47 | 08:47 | 09:08 | 09:34 | 10:04 | 10:40 |
| 0,5 | 96,5 | 92,5 | Int D39 D137 | Freuse-sur-Risle | D137 | 49 | 08:46 | 09:10 | 09:36 | 10:06 | 10:42 |
| 2,5 | 94,0 | 95,0 | Saint-Grégoire-du-Vièvre | Saint-Grégoire-du-Vièvre | D137 | 155 | 08:56 | 09:20 | 09:47 | 10:18 | 10:55 |
| 6,5 | 87,5 | 101,5 | Saint-Georges-du-Vièvre | Saint-Georges-du-Vièvre | D137 | 150 | 09:20 | 09:46 | 10:15 | 10:48 | 11:27 |
| | 87,5 | 101,5 | La Poterie-Mathieu | La Poterie-Mathieu | D137 | 171 | 09:20 | 09:46 | 10:15 | 10:48 | 11:27 |
| 3,5 | 84,0 | 105,0 | Int D137 VC Vers Le Ramier | Lieurey | VC | 141 | 09:33 | 10:00 | 10:30 | 11:04 | 11:45 |
| 2,5 | 81,5 | 107,5 | Int D810 VC (Les belles Epines) | La Poterie-Mathieu | VC | 163 | 09:43 | 10:10 | 10:40 | 11:16 | 11:57 |
| 7,0 | 74,5 | 114,5 | ○ EPAIGNES | Épaignes | D27 | 153 | 10:09 | 10:38 | 11:10 | 11:48 | 12:32 |
| Départ 2ème demi étape | | | | | | | | | | | |
| 0,0 | 74,5 | 114,5 | EPAIGNES | Épaignes | D139 | 153 | 11:30 | 11:30 | 11:30 | 11:30 | 11:30 |
| 3,5 | 71,0 | 118,0 | La Chapelle-Bayvel | La Chapelle-Bayvel | D139 | 160 | 11:43 | 11:44 | 11:45 | 11:46 | 11:47 |
| 3,0 | 68,0 | 121,0 | Cormeilles | Cormeilles | D834 | 70 | 11:54 | 11:56 | 11:57 | 12:00 | 12:02 |
| | 68,0 | 121,0 | | Saint-Pierre-de-Cormeilles | D834 | 64 | 11:54 | 11:56 | 11:57 | 12:00 | 12:02 |
| 1,0 | 67,0 | 122,0 | | | D534 | 63 | 11:58 | 12:00 | 12:02 | 12:04 | 12:07 |
| CAVALDOS (14) | | | | | | | | | | | |
| 2,5 | 64,5 | 124,5 | Bonneville-la-Louvet | Bonneville-la-Louvet | D534 | 50 | 12:07 | 12:10 | 12:12 | 12:16 | 12:20 |
| 1,0 | 63,5 | 125,5 | Int D534 D284 | Bonneville-la-Louvet | D98 | 45 | 12:11 | 12:14 | 12:17 | 12:20 | 12:25 |
| 6,0 | 57,5 | 131,5 | Blangy-le-Château | Blangy-le-Château | D51 | 59 | 12:33 | 12:38 | 12:42 | 12:48 | 12:55 |
| 4,0 | 53,5 | 135,5 | Int D579 D280a | Fierville-les-Parcs | D280a | 27 | 12:48 | 12:54 | 13:00 | 13:06 | 13:15 |
| 1,5 | 52,0 | 137,0 | Int D48 D280a >Pierrefitte-en-Auge | Pierrefitte-en-Auge | D280a | 26 | 12:54 | 13:00 | 13:06 | 13:13 | 13:22 |
| 3,0 | 49,0 | 140,0 | ○ Saint-Hymer | Saint-Hymer | D280a | 64 | 13:05 | 13:12 | 13:19 | 13:27 | 13:37 |
| 3,0 | 46,0 | 143,0 | Int D675 D280 | Reux | D280 | 123 | 13:16 | 13:24 | 13:32 | 13:41 | 13:52 |
| 2,0 | 44,0 | 145,0 | Int D280 D118 >Beaumont en Auge | Beaumont-en-Auge | D118 | 89 | 13:24 | 13:32 | 13:40 | 13:50 | 14:02 |
| | 44,0 | 145,0 | | Saint-Étienne-la-Thillaye | D118 | 74 | 13:24 | 13:32 | 13:40 | 13:50 | 14:02 |
| 4,5 | 39,5 | 149,5 | Int D275 D118 | Glanville | D118 | 50 | 13:41 | 13:50 | 14:00 | 14:11 | 14:25 |
| | 39,5 | 149,5 | | Vauville | D118 | 70 | 13:41 | 13:50 | 14:00 | 14:11 | 14:25 |
| 3,5 | 36,0 | 153,0 | Int D118 D27 | Saint-Pierre-Azif | D27 | 55 | 13:54 | 14:04 | 14:15 | 14:27 | 14:42 |
| | 36,0 | 153,0 | | Villers-sur-Mer | D27 | 127 | 13:54 | 14:04 | 14:15 | 14:27 | 14:42 |
| | 36,0 | 153,0 | | Saint-Vaast-en-Auge | D27 | 135 | 13:54 | 14:04 | 14:15 | 14:27 | 14:42 |
| 7,0 | 29,0 | 160,0 | Int D45 D27 | Douville-en-Auge | D27 | 140 | 14:20 | 14:32 | 14:45 | 15:00 | 15:17 |
| | 29,0 | 160,0 | | Grangues | D27 | 135 | 14:20 | 14:32 | 14:45 | 15:00 | 15:17 |
| 6,0 | 23,0 | 166,0 | Int D400 D27 | Périers-en-Auge | D27 | 4 | 14:43 | 14:56 | 15:10 | 15:27 | 15:47 |
| 4,0 | 19,0 | 170,0 | ○ Varaville Rue Marine >Obson >D95 | Varaville | D95 | 5 | 14:58 | 15:12 | 15:27 | 15:46 | 16:07 |
| 2,0 | 17,0 | 172,0 | Petiville | Petiville | D95 | 9 | 15:05 | 15:20 | 15:36 | 15:55 | 16:17 |
| 2,5 | 14,5 | 174,5 | Bavent | Bavent | D224 | 37 | 15:15 | 15:30 | 15:47 | 16:06 | 16:30 |
| 2,0 | 12,5 | 176,5 | Int D224 D513 | Bavent | | 50 | 15:22 | 15:38 | 15:55 | 16:16 | 16:40 |
| | 12,5 | 176,5 | D513 Neutralisé Hors Chronométrage | | | | 15:22 | 15:38 | 15:55 | 16:16 | 16:40 |
| 1,0 | 11,5 | 177,5 | Int D513 D37 Le Mesnil | Bréville-les-Monts | D37 | 30 | 15:26 | 15:42 | 16:00 | 16:20 | 16:45 |
| 2,5 | 9,0 | 180,0 | Ranville | Ranville | D37 | 10 | 15:35 | 15:52 | 16:10 | 16:32 | 16:57 |
| | 9,0 | 180,0 | Int D37 D514 Neutralisé H Chronométrage | Ranville | | | 15:35 | 15:52 | 16:10 | 16:32 | 16:57 |
| 2,0 | 7,0 | 182,0 | ○ Bénouville | Bénouville | D35 | 26 | 15:43 | 16:00 | 16:19 | 16:41 | 17:07 |
| 3,0 | 4,0 | 185,0 | Int D35 VC | St Aubin d'Arquenay | VC | 39 | 15:54 | 16:12 | 16:32 | 16:55 | 17:22 |
| 4,0 | 0,0 | 189,0 | ○ OUISTREHAM | Ouistreham | | 5 | 16:09 | 16:28 | 16:49 | 17:13 | 17:42 |
| ○ AH QUE LA France EST BELLE | | | | | | | | | | | |



LA FRANCE EN COURANT
30ème Tour du 14 juillet au 28 juillet 2018
samedi, 28 juillet 2018
14ème Etape



Etape de 171,5 Km OUISTREHAM (14) – BERNAY (27)

| km | | | Commune - Lieu Dit | Commune Traversée | ROUTE | Altitude | Heures de passages | | | | |
|-------------------------------|----------|--------|--|-----------------------------|-------|----------|--------------------|--------------|--------------|--------------|--------------|
| à parcourir | parcours | Suivie | | | | | 16km/h | 15km/h | 14 km/h | 13 km/h | 12 km/h |
| CALVADOS (14) | | | | | | | | | | | |
| 0,0 | 171,5 | 0,0 | OUISTREHAM | Ouistreham | D514 | 5 | 03:30 | 03:30 | 03:30 | 03:30 | 03:30 |
| 2,0 | 169,5 | 2,0 | Colleville-Montgomery | Colleville-Montgomery | D514 | 6 | 03:37 | 03:38 | 03:38 | 03:39 | 03:40 |
| 1,0 | 168,5 | 3,0 | Hermanville-sur-Mer | Hermanville-sur-Mer | D514 | 5 | 03:41 | 03:42 | 03:42 | 03:43 | 03:45 |
| 3,0 | 165,5 | 6,0 | Lion-sur-Mer | Lion-sur-Mer | D514 | 12 | 03:52 | 03:54 | 03:55 | 03:57 | 04:00 |
| 4,0 | 161,5 | 10,0 | Luc-sur-Mer | Luc-sur-Mer | D514 | 10 | 04:07 | 04:10 | 04:12 | 04:16 | 04:20 |
| 1,0 | 160,5 | 11,0 | Langrune-sur-Mer | Langrune-sur-Mer | D514 | 10 | 04:11 | 04:14 | 04:17 | 04:20 | 04:25 |
| 2,0 | 158,5 | 13,0 | Saint-Aubin-sur-Mer | Saint-Aubin-sur-Mer | D514 | 8 | 04:18 | 04:22 | 04:25 | 04:30 | 04:35 |
| 2,0 | 156,5 | 15,0 | Bernières-sur-Mer | Bernières-sur-Mer | D514 | 4 | 04:26 | 04:30 | 04:34 | 04:39 | 04:45 |
| 2,5 | 154,0 | 17,5 | Courseulles-sur-Mer | Courseulles-sur-Mer | D514 | 8 | 04:35 | 04:40 | 04:45 | 04:50 | 04:57 |
| 2,0 | 152,0 | 19,5 | Graye-sur-Mer | Graye-sur-Mer | D514 | 4 | 04:43 | 04:48 | 04:53 | 05:00 | 05:07 |
| 3,0 | 149,0 | 22,5 | Ver-sur-Mer | Ver-sur-Mer | D514 | 5 | 04:54 | 05:00 | 05:06 | 05:13 | 05:22 |
| | 149,0 | 22,5 | Meuvaines | Meuvaines | D514 | 12 | 04:54 | 05:00 | 05:06 | 05:13 | 05:22 |
| 5,0 | 144,0 | 27,5 | Asnelles | Asnelles | D514 | 6 | 05:13 | 05:20 | 05:27 | 05:36 | 05:47 |
| 2,0 | 142,0 | 29,5 | Saint-Côme-de-Fresné | Saint-Côme-de-Fresné | D514 | 18 | 05:20 | 05:28 | 05:36 | 05:46 | 05:57 |
| 1,0 | 141,0 | 30,5 | Arromanches-les-Bains | Arromanches-les-Bains | D65 | 50 | 05:24 | 05:32 | 05:40 | 05:50 | 06:02 |
| 1,5 | 139,5 | 32,0 | Le Carrefour | Saint-Côme-de-Fresné | D65 | 25 | 05:30 | 05:38 | 05:47 | 05:57 | 06:10 |
| | 139,5 | 32,0 | | Asnelles | D65 | 14 | 05:30 | 05:38 | 05:47 | 05:57 | 06:10 |
| 3,0 | 136,5 | 35,0 | Meuvaines | Meuvaines | D65 | 13 | 05:41 | 05:50 | 06:00 | 06:11 | 06:25 |
| 1,5 | 135,0 | 36,5 | Crépon | Crépon | D66 | 45 | 05:46 | 05:56 | 06:06 | 06:18 | 06:32 |
| 4,0 | 131,0 | 40,5 | Creully | Creully | D22 | 30 | 06:01 | 06:12 | 06:23 | 06:36 | 06:52 |
| | 131,0 | 40,5 | | Ambliè | D22 | 46 | 06:01 | 06:12 | 06:23 | 06:36 | 06:52 |
| 3,0 | 128,0 | 43,5 | Pierrepont | Lantheuil | D141 | 17 | 06:13 | 06:24 | 06:36 | 06:50 | 07:07 |
| 3,5 | 124,5 | 47,0 | Fontaine-Henry | Fontaine-Henry | D141 | 57 | 06:26 | 06:38 | 06:51 | 07:06 | 07:25 |
| 4,0 | 120,5 | 51,0 | Colomby-sur-Thaon | Colomby-sur-Thaon | D141 | 55 | 06:41 | 06:54 | 07:08 | 07:25 | 07:45 |
| 0,5 | 120,0 | 51,5 | Anguerny | Anguerny | D141 | 54 | 06:43 | 06:56 | 07:10 | 07:27 | 07:47 |
| 3,5 | 116,5 | 55,0 | Mathieu | Mathieu | D141 | 48 | 06:56 | 07:10 | 07:25 | 07:43 | 08:05 |
| 4,5 | 112,0 | 59,5 | Biéville-Beuville | Biéville-Beuville | D141 | 24 | 07:13 | 07:28 | 07:45 | 08:04 | 08:27 |
| 2,5 | 109,5 | 62,0 | Blainville-sur-Orne | Blainville-sur-Orne | D141b | 16 | 07:22 | 07:38 | 07:55 | 08:16 | 08:40 |
| 2,0 | 107,5 | 64,0 | Beauregard (Rt d'Ouistreham) | Hérouville-Saint-Clair | Rue | 10 | 07:30 | 07:46 | 08:04 | 08:25 | 08:50 |
| 1,5 | 106,0 | 65,5 | Pont sur le Canal | Hérouville-Saint-Clair | D223b | 7 | 07:35 | 07:52 | 08:10 | 08:32 | 08:57 |
| 2,0 | 104,0 | 67,5 | Colombelles | Colombelles | D226 | 35 | 07:43 | 08:00 | 08:19 | 08:41 | 09:07 |
| 3,0 | 101,0 | 70,5 | Cuverville | Cuverville | D226 | 25 | 07:54 | 08:12 | 08:32 | 08:55 | 09:22 |
| 2,0 | 99,0 | 72,5 | Sannerville (Rue du Muguet) | Sannerville | VC | 14 | 08:01 | 08:20 | 08:40 | 09:04 | 09:32 |
| 2,5 | 96,5 | 75,0 | Int VC D37 | Sannerville | D37 | 50 | 08:11 | 08:30 | 08:51 | 09:16 | 09:45 |
| 1,5 | 95,0 | 76,5 | Troarn (Car. neutralisé avec la RD 675) | Troarn | D78 | 36 | 08:16 | 08:36 | 08:57 | 09:23 | 09:52 |
| 4,0 | 91,0 | 80,5 | Janville (Eglise) | Janville | D78 | 10 | 08:31 | 08:52 | 09:15 | 09:41 | 10:12 |
| 2,0 | 89,0 | 82,5 | Saint-Pierre-du-Jonquet | Saint-Pierre-du-Jonquet | D78 | 10 | 08:39 | 09:00 | 09:23 | 09:50 | 10:22 |
| | 89,0 | 82,5 | | Saint-Ouen-du-Mesnil-Oger | D78 | 6 | 08:39 | 09:00 | 09:23 | 09:50 | 10:22 |
| 2,0 | 87,0 | 84,5 | Le Ham | Hotot-en-Auge | D78 | 6 | 08:46 | 09:08 | 09:32 | 10:00 | 10:32 |
| 1,0 | 86,0 | 85,5 | Int D78 D49 La Gare | Hotot-en-Auge | D49 | 22 | 08:50 | 09:12 | 09:36 | 10:04 | 10:37 |
| 6,5 | 79,5 | 92,0 | Victot-Pontfol | Victot-Pontfol | D49 | 9 | 09:15 | 09:38 | 10:04 | 10:34 | 11:10 |
| 2,0 | 77,5 | 94,0 | Int D49 D16 VC Chemin des Autieux | Victot-Pontfol | VC | 18 | 09:22 | 09:46 | 10:12 | 10:43 | 11:20 |
| 2,0 | 75,5 | 96,0 | Int VC D50 | Notre-Dame-d'Estrées-Corbon | D50 | 20 | 09:30 | 09:54 | 10:21 | 10:53 | 11:30 |
| 0,5 | 75,0 | 96,5 | Int D50 VC Che de l'Eglise a la Pature | Notre-Dame-d'Estrées-Corbon | VC | 38 | 09:31 | 09:56 | 10:23 | 10:55 | 11:32 |
| 1,0 | 74,0 | 97,5 | VC Ch de l'Eg a la Pat VC Ch St Victore | Notre-Dame-d'Estrées-Corbon | VC | 13 | 09:35 | 10:00 | 10:27 | 11:00 | 11:37 |
| 1,0 | 73,0 | 98,5 | VC Ch de la Vignerie D101 | Crèvecoeur-en-Auge | D101 | 26 | 09:39 | 10:04 | 10:32 | 11:04 | 11:42 |
| 0,5 | 72,5 | 99,0 | Int D101 D613 D16 | Crèvecoeur-en-Auge | D16 | 19 | 09:41 | 10:06 | 10:34 | 11:06 | 11:45 |
| 1,0 | 71,5 | 100,0 | Int D16 D101a | Saint-Loup-de-Fribois | D101a | 22 | 09:45 | 10:10 | 10:38 | 11:11 | 11:50 |
| 1,0 | 70,5 | 101,0 | Int D180a D101a | Monteille | D101a | 29 | 09:48 | 10:14 | 10:42 | 11:16 | 11:55 |
| 5,5 | 65,0 | 106,5 | Lécaude | Lécaude | D180 | 77 | 10:09 | 10:36 | 11:06 | 11:41 | 12:22 |
| 4,0 | 61,0 | 110,5 | Les Monceaux | Les Monceaux | D180 | 162 | 10:24 | 10:52 | 11:23 | 12:00 | 12:42 |
| 1,5 | 59,5 | 112,0 | Int D180 D103 | Les Monceaux | D103 | 173 | 10:30 | 10:58 | 11:30 | 12:06 | 12:50 |
| 1,0 | 58,5 | 113,0 | Int D511 D103 | Les Monceaux | D103 | 174 | 10:33 | 11:02 | 11:34 | 12:11 | 12:55 |
| 4,0 | 54,5 | 117,0 | Int D103 D136 | Le Mesnil-Eudes | D136 | 169 | 10:48 | 11:18 | 11:51 | 12:30 | 13:15 |
| 2,5 | 52,0 | 119,5 | Le Mesnil-Eudes | Le Mesnil-Eudes | D136 | 100 | 10:58 | 11:28 | 12:02 | 12:41 | 13:27 |
| 4,5 | 47,5 | 124,0 | Saint-MARTIN-de-la-Lieue | Saint-Martin-de-la-Lieue | | 48 | 11:15 | 11:46 | 12:21 | 13:02 | 13:50 |
| Départ 2ème demi étape | | | | | | | | | | | |
| 0,0 | 47,5 | 124,0 | St-MARTIN-de-la-Lieue (Rue d. Sables) | Saint-Martin-de-la-Lieue | VC | 48 | 12:45 | 12:45 | 12:45 | 12:45 | 12:45 |
| 2,0 | 45,5 | 126,0 | Int Vc D164a | Saint-Martin-de-la-Lieue | D164a | 140 | 12:52 | 12:53 | 12:53 | 12:54 | 12:55 |
| 2,0 | 43,5 | 128,0 | Saint-Jean-de-Livet (VC Chemin de Clos) | Saint-Jean-de-Livet | VC | 170 | 13:00 | 13:01 | 13:02 | 13:03 | 13:05 |
| 1,5 | 42,0 | 129,5 | Int VC D164 Chemin des bossettes VC | Glos | VC | 152 | 13:05 | 13:07 | 13:08 | 13:10 | 13:12 |
| 2,5 | 39,5 | 132,0 | Glos | Glos | D75 | 68 | 13:15 | 13:17 | 13:19 | 13:21 | 13:25 |
| 3,5 | 36,0 | 135,5 | Courtonne-la-Meurdrac | Courtonne-la-Meurdrac | D75 | 83 | 13:28 | 13:31 | 13:34 | 13:38 | 13:42 |
| 2,5 | 33,5 | 138,0 | Int D75 D75c | Courtonne-la-Meurdrac | D75c | 89 | 13:37 | 13:41 | 13:45 | 13:49 | 13:55 |
| 2,5 | 31,0 | 140,5 | Cordebugle | Cordebugle | D135 | 170 | 13:46 | 13:51 | 13:55 | 14:01 | 14:07 |
| 2,5 | 28,5 | 143,0 | La chenevière (Rte Chapelle Hareng) | Marolles | VC | 179 | 13:56 | 14:01 | 14:06 | 14:12 | 14:20 |
| 1,0 | 27,5 | 144,0 | | | | 182 | 14:00 | 14:05 | 14:10 | 14:17 | 14:25 |
| EURE (27) | | | | | | | | | | | |
| 1,0 | 26,5 | 145,0 | La Chapelle-Hareng | La Chapelle-Hareng | D702 | 187 | 14:03 | 14:09 | 14:15 | 14:21 | 14:30 |
| 2,0 | 24,5 | 147,0 | Int D702 D145 | La Chapelle-Hareng | D145 | 185 | 14:11 | 14:17 | 14:23 | 14:31 | 14:40 |
| 3,0 | 21,5 | 150,0 | Thiberville | Thiberville | D28 | 171 | 14:22 | 14:29 | 14:36 | 14:45 | 14:55 |
| 1,5 | 20,0 | 151,5 | La Harèque | Fontaine-la-Louvet | D28 | 161 | 14:28 | 14:35 | 14:42 | 14:51 | 15:02 |
| 1,0 | 19,0 | 152,5 | Int D28 VC (R du Petit Bois) | Barville | VC | 165 | 14:31 | 14:39 | 14:47 | 14:56 | 15:07 |
| 3,5 | 15,5 | 156,0 | Rue du Capet Moulin | Folleville | VC | 176 | 14:45 | 14:53 | 15:02 | 15:12 | 15:25 |
| 2,5 | 13,0 | 158,5 | Le Theil-Nolent | Le Theil-Nolent | D719 | 177 | 14:54 | 15:03 | 15:12 | 15:24 | 15:37 |
| 0,5 | 12,5 | 159,0 | Int D719 D613 Vc 16 | Le Theil-Nolent | VC 16 | 177 | 14:56 | 15:05 | 15:15 | 15:26 | 15:40 |
| 0,5 | 12,0 | 159,5 | Int VC D40 | Courbépine | D40 | 170 | 14:58 | 15:07 | 15:17 | 15:28 | 15:42 |
| 4,0 | 8,0 | 163,5 | Le Malharquier | Bernay | VC | 167 | 15:13 | 15:23 | 15:34 | 15:47 | 16:02 |
| 2,5 | 5,5 | 166,0 | Int D138 VC | Bernay | VC | 165 | 15:22 | 15:33 | 15:45 | 15:58 | 16:15 |
| 0,5 | 5,0 | 166,5 | Pilette rue de Pilette | Bernay | VC | 165 | 15:24 | 15:35 | 15:47 | 16:01 | 16:17 |
| 1,5 | 3,5 | 168,0 | Int VC D138 | Bernay | D138 | 161 | 15:30 | 15:41 | 15:53 | 16:08 | 16:25 |
| 2,0 | 1,5 | 170,0 | Rue du Gal de Gaulle | Bernay | VC | 116 | 15:37 | 15:49 | 16:02 | 16:17 | 16:35 |
| 0,5 | 1,0 | 170,5 | Rue du Stade | Bernay | VC | 140 | 15:39 | 15:51 | 16:04 | 16:19 | 16:37 |
| 1,0 | 0,0 | 171,5 | BERNAY | | | 160 | 15:43 | 15:55 | 16:08 | 16:24 | 16:42 |

LA FRANCE EN COURANT

LA FRANCE EN COURANT

30ème Tour

14 au 28 juillet 2018

| | | Départ | 1/2 ETAPE | | N° | ETAPE | | |
|----------------------|-----|----------------------------|-----------|---------------------------|----|-------|----------------------------|-----------|
| | | | CP | | | CP | Commune | |
| samedi, 14 07 2018 | Pro | CHARNY Sur Meuse | | | | 55100 | CHARNY Sur Meuse | 7,5 km |
| dimanche, 15 07 2018 | 1e | CHARNY Sur Meuse | 54610 | NOMENY | 1 | 54480 | CIREY SUR VEZOUZE | 199,0 km |
| lundi, 16 07 2018 | 2e | CIREY SUR VEZOUZE | 68140 | MUNSTER | 2 | 68290 | MASEVAUX-NIEDERBRUCK | 186,5 km |
| mardi, 17 07 2018 | 3e | MASEVAUX-NIEDERBRUCK | 25510 | PIERREFONTAINE lès Varans | 3 | 25300 | LA CLUSE ET MIJOUX | 188,5 km |
| mercredi, 18 07 2018 | 4e | LA CLUSE ET MIJOUX | 01170 | CESSY | 4 | 74570 | FILLIERE (THORENS GLIERES) | 187,5 km |
| jeudi, 19 07 2018 | 5e | FILLIERE (THORENS GLIERES) | 73620 | Les SAISIES | 5 | 73220 | AIGUEBELLE | 188,0 km |
| vendredi, 20 07 2018 | 6e | AIGUEBELLE | 73450 | VALLOIRE | 6 | 05105 | BRIANCON | 192,5 km |
| samedi, 21 07 2018 | 7e | BRIANCON | 38350 | VALBONNAIS | 7 | 38250 | VILLARD DE LANS | 191,0 km |
| dimanche, 22 07 2018 | 8e | VILLARD DE LANS | 42520 | MACLAS | 8 | 42330 | SAINT GALMIER | 191,0 km |
| lundi, 23 07 2018 | 9e | SAINT GALMIER | 03290 | DOMPIERRE sur Besbre | 9 | 58160 | IMPHY | 189,5 km |
| mardi, 24 07 2018 | 10e | IMPHY | 89560 | TAINGY | 10 | 89500 | VILLENEUVE sur YONNE | 192,0 km |
| mercredi, 25 07 2018 | 11e | VILLENEUVE sur YONNE | 51210 | MONTMIRAIL | 11 | 02460 | LA FERTE MILON | 189,5 km |
| jeudi, 26 07 2018 | 12e | LA FERTE MILON | 60140 | CINQUEUX | 12 | 27140 | GISORS | 189,0 km |
| vendredi, 27 07 2018 | 13e | GISORS | 27260 | EPAIGNES | 13 | 14150 | OUISTREHAM | 189,0 km |
| samedi, 28 07 2018 | 14e | OUISTREHAM | 14100 | Saint-MARTIN-de-la-Lieue | 14 | 27300 | BERNAY | 171,5 km |
| | | | | | | | | 2652,0 km |